



सत्यमेव जयते

Ministry of Ayush
Government of India



Unani Day 2025 & International Conference on

*"Innovations in Unani Medicine for Integrative
Health Solutions - A way forward"*

February 11 - 12, 2025 | Vigyan Bhawan, New Delhi

Organized by

Central Council for Research in Unani Medicine
Ministry of Ayush, Govt. of India

Hybrid Conference

Souvenir



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Government of India



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राष्ट्रपति
भारत गणतंत्र
PRESIDENT
REPUBLIC OF INDIA



MESSAGE

I am delighted to know that the Central Council for Research in Unani Medicine, Ministry of Ayush is organizing an International Conference on the theme "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward" on 11th and 12th February, 2025 to mark the Unani Day and also bringing out a souvenir to commemorate this occasion.

Since its inception, the Council has made significant progress in clinical research, drug standardization, survey and cultivation of medicinal plants, and literary research. The Council is making continuous efforts to solve the emerging health challenges. I am confident that this conference will help enhance the potential of Unani Medicine as a holistic and integrative system of healthcare, thereby promoting its acceptance and recognition worldwide.

On this occasion, I extend my warm greetings and felicitations to the organisers and participants. I also wish the Conference every success.

(Droupadi Murmu)

New Delhi
January 17, 2025



जगत प्रकाश नड्डा
JAGAT PRAKASH NADDA



मंत्री
स्वास्थ्य एवं परिवार कल्याण
व रसायन एवं उर्वरक
भारत सरकार

Minister
Health & Family Welfare
and Chemicals & Fertilizers
Government of India



MESSAGE

It is a matter of great pleasure that Central Council for Research in Unani Medicine is celebrating Unani Day 2025 by organizing an International Conference on Unani Medicine on the theme "Innovations in Unani Medicine for Integrative Health Solutions - A Way Forward" on 11-12 February, 2025.

The theme selected is very appropriate to the current scenario. Today, we are witnessing a remarkable convergence of traditional wisdom and modern scientific advancements, and this theme reflects the growing potential of Unani Medicine in addressing contemporary health challenges. By integrating Unani practices with modern medical technologies, we can create a more sustainable, inclusive, and effective healthcare ecosystem that benefits people of all ages and backgrounds.

This celebration of Unani Day provides a platform for thought leaders, researchers, and practitioners to share their knowledge and innovative ideas. As we move forward, let us embrace the power of innovation while preserving the rich traditions of Unani Medicine, ensuring its continued relevance in the evolving global health landscape.

I am sure that the deliberation during the conference will prove to be beneficial for the participants and development of new integrative health solutions, fostering the growth and global recognition of Unani Medicine as a key component of holistic healthcare.

I wish the conference a grand success.

(Jagat Prakash Nadda)

डॉ. जितेन्द्र सिंह

राज्य मंत्री (स्वतंत्र प्रभार),
विज्ञान और प्रौद्योगिकी मंत्रालय,
पृथ्वी विज्ञान मंत्रालय,
राज्य मंत्री प्रधान मंत्री कार्यालय,
कार्मिक, लोक शिकायत तथा पेंशन मंत्रालय,
परमाणु ऊर्जा विभाग तथा अंतरिक्ष विभाग,
भारत सरकार



DR. JITENDRA SINGH

Minister of State (Independent Charge),
Ministry of Science & Technology,
Ministry of Earth Sciences,
Minister of State, Prime Minister's Office,
Ministry of Personnel, Public Grievances and Pensions,
Department of Atomic Energy & Department of Space,
Government of India



MESSAGE

I congratulate the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush for celebrating Unani Day 2025 and organization of an International Conference on the theme "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward."

The chosen theme is highly pertinent to today's healthcare setting, where the blending of traditional wisdom with cutting-edge scientific advancements holds immense potential. Unani Medicine, built upon its enduring and proven principles, offers innovative solutions to contemporary health challenges. Integrating Unani practices with advanced medical technologies enables the creation of a healthcare model that is more inclusive, efficient, and sustainable, catering to diverse communities.

This celebration of Unani Day serves as a unique opportunity for experts, researchers, and practitioners to converge, exchange knowledge, and explore transformative ideas. As we embrace innovation, it is equally important to uphold the essence of Unani Medicine, ensuring its relevance and contribution to global healthcare in the years ahead.

I am confident that the discussions and insights gained during the conference will not only benefit the participants but also contribute significantly to the development of new integrative health solutions. Such efforts will strengthen the global recognition of Unani Medicine as a cornerstone of holistic and comprehensive healthcare.

I extend my heartfelt best wishes for the success of the conference and look forward to it becoming a catalyst for collaboration, research, and progress in the field of Unani Medicine.

(Dr. Jitendra Singh)

MBBS (Stanley, Chennai)
MD Medicine, Fellowship (AIIMS, New Delhi)
MNAMS Diabetes & Endocrinology
FICP (Fellow, Indian College of Physicians)

राज्य मंत्री (स्वतंत्र प्रभार)
आयुष मंत्रालय और
राज्य मंत्री
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
भारत सरकार



प्रतापराव जाधव
PRATAPRAO JADHAV

Minister of State
(Independent Charge) of
Ministry of Ayush and
Minister of State in
Ministry of Health and Family Welfare
Government of India



संदेश

मुझे यह जानकारी हार्दिक प्रसन्नता है कि आयुष मंत्रालय के अंतर्गत आने वाला केंद्रीय यूनानी चिकित्सा अनुसंधान परिषद (सीसीआरयूएम) आगामी 11 और 12 फरवरी, 2025 को एक अंतर्राष्ट्रीय सम्मेलन के साथ यूनानी दिवस-2025 मना रहा है जिसका विषय है **"एकीकृत स्वास्थ्य समाधानों के लिए यूनानी चिकित्सा में नवाचार-आगे की राह"** यह पहल यूनानी चिकित्सा में अनुसंधान और विकास को आगे बढ़ाने के लिए सीसीआरयूएम की उल्लेखनीय प्रतिबद्धता को दर्शाती है।

हमारे माननीय प्रधानमंत्री श्री नरेंद्र मोदी जी की दूरदर्शी दिशानुरूप पारंपरिक चिकित्सा प्रणालियों में बुनियादी ढांचे, मानव संसाधन और अनुसंधान के विकास का लगातार समर्थन किया है, यह सम्मेलन यूनानी चिकित्सा को पुनर्जीवित और आधुनिक बनाने की दिशा में एक महत्वपूर्ण कदम है। निःसंदेह, आधुनिक युग में नवाचार की आवश्यकता है और विषय पारंपरिक यूनानी ज्ञान को आधुनिक वैज्ञानिक दृष्टिकोणों के साथ एकीकृत करने की महत्वपूर्ण आवश्यकता को दर्शाता है जिससे टिकाऊ और प्रभावी स्वास्थ्य सेवा मॉडल तैयार किए जा सकें। निवारक देखभाल और हर्बल उपचारों पर जोर देने के साथ यूनानी चिकित्सा समकालीन स्वास्थ्य चुनौतियों, विशेष रूप से पुरानी बीमारियों, मानसिक स्वास्थ्य और हमारे देश की विशाल आबादी के सामान्य स्वास्थ्य कल्याण के क्षेत्रों को संबोधित करने की अपार क्षमता रखती है।

ऐसे मंच विभिन्न क्षेत्रों के शोधकर्ताओं, विद्वानों और हितधारकों को एक साथ लाने में सहायक होते हैं, ताकि नए विचारों को प्रज्वलित किया जा सके, सहयोग को बढ़ावा दिया जा सके और यूनानी चिकित्सा के क्षेत्र में भविष्य की सोच के साथ समाधानों को आगे बढ़ाया जा सके। मुझे पूरा विश्वास है कि यह सम्मेलन अगली पीढ़ी के विचारकों को परंपरा के साथ नवाचार को जोड़ने और स्वास्थ्य सेवा में हर संभव सीमाओं को आगे बढ़ाने के लिए प्रेरित करेगा।

मैं यह भी उम्मीद करता हूँ कि भविष्य की ओर देखते हुए सीसीआरयूएम एक गतिशील अनुसंधान संस्कृति को बढ़ावा देना जारी रखेगा, विद्वानों को नवीन तकनीकों के साथ प्रयोग करने, नए विचारों की खोज करने और यूनानी चिकित्सा की वैज्ञानिक आधारशिला को सुदृढ़ बनाने के लिए प्रेरित करेगा, जिससे यह आधुनिक स्वास्थ्य देखभाल प्रणालियों का और भी अधिक अभिन्न अंग बन सकेगा।

मैं सभी प्रतिभागियों और आयोजकों को अपनी शुभकामनाएं देता हूँ। मैं कामना करता हूँ कि यह सम्मेलन शानदार सफलता प्राप्त करे और यूनानी चिकित्सा के निरंतर विकास के लिए उत्प्रेरक बने।

नई दिल्ली,
28 जनवरी, 2025

(प्रतापराव जाधव)

राज्य मंत्री (स्वतंत्र प्रभार)
आयुष मंत्रालय और
राज्य मंत्री
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
भारत सरकार



सत्यमेव जयते

प्रतापराव जाधव
PRATAPRAO JADHAV

Minister of State
(Independent Charge) of
Ministry of Ayush and
Minister of State in
Ministry of Health and Family Welfare
Government of India



MESSAGE

I am indeed delighted to learn that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush is celebrating the Unani Day 2025 with an International Conference on 11th and 12th February 2025, under the theme ***"Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward."*** This initiative reflects CCRUM's remarkable commitment to advancing research and development in Unani Medicine.

Aligned with the visionary direction of our Hon'ble Prime Minister Shri. Narendra Modi Ji, who has consistently supported the growth of infrastructure, human resources, and research in traditional medical systems, this conference serves as a crucial step toward revitalizing and modernizing Unani Medicine. Innovation in need of the modern age and the theme reflects the critical need for integrating traditional Unani wisdom with modern scientific approaches to create sustainable and effective healthcare models. Unani Medicine, with its emphasis on preventive care and herbal remedies, holds immense potential to address contemporary health challenges, particularly in the areas of chronic diseases, mental health, and general wellness of vast population of our nation.

Such platforms are instrumental in bringing together researchers, scholars, and stakeholders from diverse fields to ignite new ideas, foster collaborations, and drive forward-thinking solutions in the realm of Unani Medicine. I am confident that this conference will inspire the next generation of thinkers to blend innovation with tradition and push the boundaries of what's possible in healthcare.

Looking ahead, I expect, CCRUM will continue to foster a dynamic research culture, inspiring scholars to experiment with innovative techniques, explore novel ideas, and enhance the scientific rigor of Unani Medicine, making it an even more integral part of modern healthcare systems.

I extend my best wishes to all the participants and organizers. May this conference be a resounding success and a catalyst for the continued evolution of Unani Medicine.

(Prataprao Jadhav)

28 January, 2025
New Delhi

श्रीपाद नाईक

राज्य मंत्री

नवीन और नवीकरणीय ऊर्जा एवं विद्युत
भारत सरकार



सत्यमेव जयते

SHRIPAD NAIK

Minister of State for
New and Renewable Energy & Power
Government of India



MESSAGE

Date: 16.01.2025

It is a matter of great pleasure that Central Council for Research in Unani Medicine, Ministry of Ayush is celebrating Unani Day 2025 by organizing an International Conference on Unani Medicine on the theme “Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward.”

The theme of the conference is insightful and highlights the potential for collaboration between Unani practitioners, researchers, and the global healthcare community to bridge the gap between ancient wisdom and contemporary medical practices. Such integration can help address the growing demand for alternative and complementary health solutions in an increasingly diverse and interconnected world. As we move forward, the focus on innovation in Unani Medicine will ensure its sustainability and enhance its ability to meet the complex health challenges of the future, benefiting people of all ages, backgrounds, and geographies.

I congratulate the Council for organising an international conference on this important theme. I am confident that the experts, scholars, and researchers participating will engage in meaningful discussions, share valuable insights, and contribute to the development of strategies that leverage our rich heritage to promote widespread health and well-being.


(Shripad Naik)

नित्यानन्द राय
NITYANAND RAI



गृह राज्य मंत्री
भारत सरकार
नार्थ ब्लॉक, नई दिल्ली - 110001
MINISTER OF STATE FOR
HOME AFFAIRS
GOVERNMENT OF INDIA
NORTH BLOCK, NEW DELHI - 110001



संदेश

मुझे यह जानकर हार्दिक प्रसन्नता हो रही है कि केंद्रीय यूनानी चिकित्सा अनुसंधान परिषद, आयुष मंत्रालय, भारत सरकार द्वारा 11 और 12 फरवरी, 2025 को यूनानी दिवस के अवसर पर विज्ञान भवन, नई दिल्ली में "एकीकृत स्वास्थ्य समाधान के लिए यूनानी चिकित्सा में नवाचार - एक नई दिशा" विषय पर अंतर्राष्ट्रीय सम्मेलन का आयोजन किया जा रहा है।

अंतर्राष्ट्रीय यूनानी सम्मेलन चिकित्सा पद्धति के क्षेत्र में सहयोग के अवसर पर बल देता है और वैश्विक स्वास्थ्य समुदाय को आधुनिक चिकित्सा प्रगति के साथ प्राचीन ज्ञान को जोड़ने के लिए प्रोत्साहित करता है। यूनानी चिकित्सा ने सदियों से लोगों का विश्वास जीता है। इसके प्रभाव और दृष्टिकोण को आगे बढ़ाने तथा शोधकर्ताओं को यूनानी चिकित्सा को एक प्रमुख वैश्विक चिकित्सा पद्धति के रूप में बढ़ावा देने के लिए प्रेरित करने हेतु, इस प्रकार के अंतर्राष्ट्रीय सम्मेलन महत्वपूर्ण भूमिका निभाते हैं। वर्तमान सम्मेलन इस दिशा में एक और महत्वपूर्ण कदम है।

मैं इस आयोजन के लिए केंद्रीय यूनानी चिकित्सा अनुसंधान परिषद और इसके समस्त अधिकारीगण को हार्दिक बधाई देता हूँ और कार्यक्रम की सफलता हेतु शुभकामनाएं प्रेषित करता हूँ।

(नित्यानन्द राय)

नई दिल्ली।
12 जनवरी, 2025

एडवोकेट जॉर्ज कुरियन
Adv. George Kurian



सत्यमेव जयते
75
आज़ादी का
अमृत महोत्सव

राज्य मंत्री
अल्पसंख्यक कार्य मंत्रालय और
मत्स्यपालन, पशुपालन और डेयरी
भारत सरकार
MINISTER OF STATE FOR
MINORITY AFFAIRS AND
FISHERIES, ANIMAL HUSBANDRY & DAIRYING
GOVERNMENT OF INDIA



MESSAGE

I am delighted to learn that the Central Council for Research in Unani Medicine, Ministry of Ayush, Government of India, is organizing a two-day International Conference on "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward" as part of the Unani Day 2025 celebrations in New Delhi. This initiative reflects a strong commitment to preserving and advancing the rich heritage of Unani medicine while fostering global collaboration. I commend the efforts of the Council in bringing together experts, practitioners, and scholars to explore innovative solutions for better healthcare.

2. Unani medicine, with its holistic approach, has long been recognized for its ability to promote wellness and offer innovative healthcare models that are inclusive, accessible, and effective. This conference is an excellent platform for fostering dialogue, exchanging knowledge, and advancing research to achieve these goals.

3. Under the vision of Hon'ble Prime Minister Shri Narendra Modi, the goal of Viksit Bharat by 2047 emphasizes strengthening our traditional knowledge systems as an essential part of nation-building. Events like this are a step forward in promoting India's unique strengths in healthcare and showcasing them to the world. I wish the conference great success and hope the discussions and deliberations lead to meaningful outcomes for the future of healthcare.

With warm regards

(George Kurian)

January 28, 2025
New Delhi



विनय कुमार सक्सेना
उपराज्यपाल
Vinai Kumar Saxena
Lt. Governor

राज निवास
दिल्ली-११००५४
RAJ NIWAS
DELHI-110054



D.O. No.: RN/2025/25
Dated: ०१.01.2025

MESSAGE

I am happy to know that the Ministry of Ayush, Government of India is organizing an International Conference on Unani Medicine on the occasion of Unani Day 2025, on 11-12 February, 2025 and is also bringing out a souvenir to mark the occasion.

The theme of the Conference 'Innovations in Unani Medicine for Integrative Health Solutions - A Way Forward' aims to explore how modern advancement and research in Unani Medicine can be integrated with conventional healthcare practices to offer holistic, effective and personalized health solutions by combining traditional wisdom with contemporary scientific knowledge. I appreciate the decision of the Central Council for Research in Unani Medicine (CCRUM) for organizing this international conference.

The participation of eminent experts, academia and students on this occasion would have a meaningful impact on all the participants and would also be an important contribution to the realm of alternate medicine in public health.

I am sure that this international conference will be a huge success and will serve as a platform for sharing valuable works in Unani Medicine Systems. I wish all the best to the organisers, participants and pray for the success of the Unani Day and this International Conference.

(Vinai Kumar Saxena)

वैद्य राजेश कोटेचा
सचिव
Vaidya Rajesh Kotecha
Secretary



भारत सरकार
आयुष मंत्रालय
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MESSAGE

It is a matter of immense pleasure that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush, Government of India is observing Unani Day 2025 by organizing an International Conference on Unani Medicine on 11th & 12th February 2025.

The key objective of the event is to pay tribute to the great Unani scholar Hakim Ajmal Khan on his birth anniversary. The conference theme "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward" is very relevant as the Ministry of Ayush is committed to revitalizing traditional systems of medicine including Unani system of Medicine by encouraging innovations that can address contemporary health challenges and contributing to overall national health and well-being.

I am sure that this international conference will attain great success and deliberations by eminent scientists and researchers from all over the world during the conference will pave new ways.

I extend my heartfelt wishes to the participants and wish for the grand success of the international conference.

(Rajesh Kotecha)

27th January, 2025



डॉ. राजीव बहल, एमडी, पीएचडी
DR. RAJIV BAHL MD, PhD



icmr
INDIAN COUNCIL OF
MEDICAL RESEARCH

सचिव, भारत सरकार
स्वास्थ्य अनुसंधान विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय एवं
महानिदेशक
भारतीय आयुर्विज्ञान अनुसंधान परिषद
Secretary, Government of India
Department of Health Research
Ministry of Health & Family Welfare
Director-General
Indian Council of Medical Research



MESSAGE

It gives me great pleasure to know that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush is organizing a two-day International Conference on "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward" on February 11–12, 2025 in New Delhi as part of the celebrations of Unani Day 2025.

This conference will be a breakthrough event in the country that seeks to bring together leading national and international experts in the field to discuss public health issues and challenges and develop sustainable solutions through Unani System of Medicine. I am sure that the academics and research exchanges during this event will inspire the Ayush fraternity to keep research and developmental activities up-to-date with the changing needs of society.

I extend my greetings to the organizers and participants of this important event and wish the conference a great success.

Rajiv Bahl

(Rajiv Bahl)



सत्यमेव जयते

डॉ. (श्रीमती) एन. कलैसेल्वी

सचिव

वैज्ञानिक और औद्योगिक अनुसंधान विभाग, तथा
महानिदेशक

Dr. (Mrs.) N. Kalaiselvi

Secretary

Department of Scientific & Industrial Research, and
Director General



भारत सरकार

विज्ञान और प्रौद्योगिकी मंत्रालय

वैज्ञानिक तथा औद्योगिक अनुसंधान परिषद्

वैज्ञानिक और औद्योगिक अनुसंधान विभाग

Government of India

Ministry of Science and Technology

Council of Scientific & Industrial Research

Department of Scientific & Industrial Research



MESSAGE

I am pleased to note that the Central Council for Research in Unani Medicine (CCRUM), under the Ministry of Ayush is celebrating Unani Day on February 11, 2025, and organizing an International conference on the theme “*Innovations in Unani Medicine for Integrative Health Solutions- A way forward*” on February 11-12, 2025.

The Ayush systems have a strong presence across the country, and their immunity-enhancing measures have gained universal acceptance for preserving health and improving patients’ quality of life. The Unani system of medicine emphasizes guidelines for a balanced lifestyle, with diet being a vital component of these principles.

I congratulate team Ayush for organizing this conference on such a relevant theme to mark the occasion of Unani Day.

I extend my best wishes for the Success of the Conference.

January 22, 2025
New Delhi


(N. Kalaiselvi)



वैद्य जयंत देवपुजारी
सभापति
VAIDYA JAYANT DEOPUJARI
Chairman



भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग
भारत सरकार
NATIONAL COMMISSION FOR INDIAN SYSTEM of MEDICINE
Government of India



MESSAGE

I am delighted to note that the **Central Council for Research in Unani Medicine**, Ministry of Ayush is organizing an International Conference on Unani Medicine on 11th -12th February, 2025 on the occasion of Unani Day.

In our country, traditional systems of medicine continue to play an important role in providing quality health care to the masses. The Government of India has been extending increasing patronage to the promotion and development of traditional systems of medicine. Unani Medicine, one of the recognized Indian systems of medicine, holds promising potential in the comprehensive and holistic management of health and diseases.

I am happy to state that the Central Council for Research in Unani Medicine has played a commendable role in the area of research and development in Unani Medicine and I congratulate them for their endeavours in organizing the conference. I am sure that the deliberations made during the conference will widen the prospects for Unani Medicine.

I wish the conference a great success!


Vaidya Jayant Deopujari

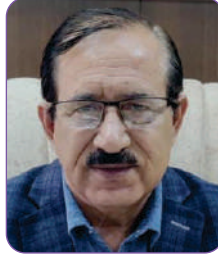
New Delhi
17.12.2024



डॉ. अनिल खुराना, अध्यक्ष
Dr. Anil Khurana, Chairperson

राष्ट्रीय होम्योपैथी आयोग
National Commission for Homoeopathy

जवाहर लाल नेहरू भारतीय चिकित्सा होम्योपैथी अनुसंधान भवन
नं. 61-65 संस्थागत क्षेत्र, जनकपुरी, नई दिल्ली-110058
Jawahar Lal Nehru Bhartiya Chikitsa Avum Homoeopathy Anusandhan Bhawan
No. 61-65 Institutional Area, Janakpuri, New Delhi-110058
E-mail: chair.nch@gmail.com; Phone: 011-26526873
Website: www.nch.org.in



MESSAGE

I extend my heartfelt congratulations to the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush for organizing an international conference on *"Innovations in Unani Medicine for Integrative Health Solutions- a way forward"* on February 11-12, 2025, to mark the occasion of Unani Day, 2025.

The theme of the conference is highly apt & engaging and will promote the integration of traditional medicine with the mainstream healthcare. Recent advancements in Unani practices involve the incorporation of scientific research, modern diagnostic tools, and standardized formulations to enhance efficacy. By integrating Unani treatment such as herbal therapies, detoxification, and personalized diet regimens with contemporary medicine, it provides a more comprehensive and balanced approach to managing chronic conditions, mental health, and preventive care. The way forward lies in fostering collaborations between Unani practitioners, researchers, and healthcare professionals and Institute of Excellence in Allied Sciences to further validate its benefits through basic and fundamental research studies, rigorous clinical trials, create evidence-based therapies and promote wider adoption for quality health care.

I am confident that during the deliberations, the experts will interact and come up with suggestions and ideas which will bring Unani Systems to greater heights.

I congratulate the organizers and wish the conference a great success.


(Dr. Anil Khurana)

Date: 26.12.2024



मोनालिसा दाश
MONALISA DASH
संयुक्त सचिव
JOINT SECRETARY



सत्यमेव जयते
75
आजादी का
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय
Government of India
Ministry of Ayush



MESSAGE

It gives me immense pleasure to learn that the Central Council for Research in Unani Medicine, Ministry of Ayush, is organising a two-day international conference on February 11–12, 2025, in New Delhi as a part of the Unani Day 2025 celebration.

There is a growing global interest in Traditional, Complementary and Integrative Medicine, with India being a prominent leader in traditional medicine. Unani Medicine with its philosophical strengths, treatment approaches, and the use of natural drugs offer innovative solutions to addressing contemporary health challenges and providing cost effective treatment for a wide range of diseases, especially the chronic ones.

The theme "Innovations in Unani Medicine for Integrative Health Solutions—A Way Forward" resonates perfectly with the current healthcare landscape, where the fusion of traditional wisdom and modern scientific advancements offers immense possibilities. By seamlessly harmonising Unani practices with cutting-edge medical technologies, we can build a healthcare model that is inclusive, efficient, and sustainable, meeting the diverse needs of communities across the globe.

I extend my best wishes for the success of the conference and hope it inspires new opportunities for collaboration, research, and progress in the field of Unani Medicine.

(Ms. Monalisa Dash)

New Delhi
Dated: the 29th January, 2025.



डा. एम.ए. कासमी
DR. M.A. QASMI
सलाहकार (यूनानी)
ADVISOR (UNANI)
Tel.: 011-24651906
E-mail: mukhtar.qasmi@gov.in

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए., नई दिल्ली-110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023



Dated January 22, 2025

MESSAGE

The Central Council for Research in Unani Medicine, Ministry of Ayush is organizing an International Conference on February 11th and 12th, 2025, in New Delhi as a part of Unani Day-2025.

The theme of International Conference "*Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward.*" Unani Medicine is built on the principles of temperament (Mizāj), natural remedies, and preventive care. These ideals resonate deeply with the modern emphasis on personalized medicine and holistic well-being. As lifestyle-related diseases and mental health challenges rise globally, Unani Medicine offers solutions that are not only natural but also sustainable and patient-centric.

This conference offers a unique opportunity to bridge the wisdom of the past with the advancements of the present. Together, we can ensure that Unani Medicine not only survives but thrives as a vital part of global healthcare.

By combining the strengths of Unani Medicine - such as its preventive approach and use of natural remedies - with advancements in allopathic medicine, we can create comprehensive healthcare solutions. This integration not only enhances treatment outcomes but also fosters a culture of holistic well-being.

I extend my best wishes and support to the organisers of the Unani Day 2025 and International conference.


(Dr. M. A. Qasmi)

प्रो. म. जगदीश कुमार
अध्यक्ष
Prof. M. Jagadesh Kumar
Chairman



विश्वविद्यालय अनुदान आयोग
शिक्षा मंत्रालय, भारत सरकार
University Grants Commission
Ministry of Education, Govt. of India



MESSAGE

I am pleased to know that Central Council for Research in Unani Medicine (CCRUM) is organizing a two-day International Conference on “**Innovation in Unani Medicine for Integrative Health Solutions – A Way Forward**” on February 11-12, 2025 in New Delhi.

Unani Medicine places great emphasis on preservation of health and prevention of diseases and advocates a healthy lifestyle based on six essential factors of life. The approach of Unani system of medicine need to be promoted at large scale to reduce the burden of lifestyle disease and to overcome the side effects of chemical-based drugs. I am sure that this conference will highlight the potential of Unani Medicine in overall well-being through Integrative Health Solutions.

I extend my best wishes to the organizing team and Director General of Central Council for Research in Unani Medicine (CCRUM). I wish Unani Day 2025 and the International Conference a great success.

(Prof. M. Jagadesh Kumar)
Chairman, University Grants Commission

17th December, 2024



कश्मीर केन्द्रीय विश्वविद्यालय
Central University of Kashmir
(Established by an Act of the Parliament in 2009)

75
Azadi Ka
Amrit
Mahotsav

Prof. A. Ravinder Nath
Vice-Chancellor



F.No: CUKMT/P.No-25/2015/611
Dt: 24.01.2025

MESSAGE

I express my warmest congratulations to the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush, for commemorating Unani Day 2025 and hosting an International Conference on Unani Medicine on February 11-12, 2025 and appreciate the organization on the selection of the theme of the conference *"Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward,"* which underscores the immense potential of the Unani system in promoting wellbeing of people, eradicating diseases, and advancing healthcare solutions in the community. Embracing innovation in Unani medicine while respecting its traditional ethos offers a promising path toward achieving global health equity and wellness in a modern society.

I am delighted to learn that distinguished experts, academicians, researchers, scholars and students will contribute to this significant event. I am confident that this platform is not only for knowledge exchange but also initiates collaboration for new innovations. I am also sure that the event also foster cutting edge progress and advancements in the Unani system of medicine.

My best wishes to the organizers, participants, and all stakeholders for the resounding success of Unani Day and the International Conference.

Prof. A. Ravinder Nath
Vice Chancellor
Central University of Kashmir



AMITY UNIVERSITY

UTTAR PRADESH



MESSAGE

Heartfelt congratulations to the Central Council for Research in Unani Medicine (CCRUM), Ministry of AYUSH, for organizing the International Conference on Unani Medicine on February 11-12, 2025, as part of Unani Day celebration 2025. The theme, "Innovations in Unani Medicine for Integrative Health Solutions—A Way Forward," is a visionary step towards integrating traditional wisdom with modern science.

This conference will undoubtedly foster new perspectives, collaborations, and advancements in Unani research and therapeutic applications. By merging Unani principles with modern scientific methodologies, we can expand its scope, effectiveness, and relevance in public healthcare.

This conference aligns with the Government of India's Viksit Bharat@2047 vision, which aims to establish India as a hub for traditional medicines and promote AYUSH globally. I'm confident that this gathering of experts will foster meaningful discussions and actionable strategies, leveraging our rich Unani heritage to promote health and well-being worldwide.

Wishing the conference great success in bringing together bright minds to shape the future of Unani medicine!

Congratulations once again and best wishes to the organizers and participants for a successful and impactful conference.



Prof. (Dr.) Balvinder Shukla
Vice Chancellor
Amity University Uttar Pradesh

Dr. B. Karunakar Reddy, MS, FAMS
Vice Chancellor,
Kaloji Narayana Rao University of Health Sciences,
Telangana State, Warangal.



MESSAGE


Warm greetings and heartfelt felicitations to the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush and its leadership for organizing the International Conference on Unani Medicine on February 11 and 12 of 2025 as a part of Unani Day.

It is commendable that CCRUM is also publishing a souvenir on this occasion to preserve the conference's ideas for prosperity. The theme of this conference, ***"Innovations in Unani Medicine for Integrative Health Solutions- A way forward"*** is highly relevant to the current times, as our traditional systems of medicine have a significant role to play in providing quality health care through a pluralistic and integrative approach. I am confident that the conference will focus on crucial topics such as lifestyle disorders and their management, regimen therapy, mother and child health care, geriatric care, the integrations and mainstreaming of Unani medicine in public health, and its globalization.

This conference will undoubtedly be beneficial in promoting the preferred systems of medicine and their relevance to modern healthcare.

I am delighted to acknowledge that CCRUM has played a pivotal role in advancing research and development in Unani Medicine. I am confident that the deliberations during the conference will expand the horizons of Unani medicine in particular and the field of medicine in general.

Date: 22-01-2025


Dr. B. Karunakar Reddy,
Vice Chancellor

Prof. C. Muthamizhchelvan, Ph.D
Vice Chancellor



MESSAGE

I am extremely happy to know that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush is organizing an International Conference on Unani Medicine with the theme *“Innovations in Unani Medicine for Integrative Health Solutions- A Way Forward”* on February 11th and 12th, 2025 as a part of Unani Day 2025 celebration.

Unani Medicine, one of the oldest forms of medical science, plays a vital role in public health with its holistic approach, aiming to address the root cause of illnesses. Innovations in Unani medicine are enhancing integrative health solutions by combining traditional healing practices with modern scientific research. These innovations aim to address a wide range of health issues, from chronic diseases to mental health concerns, by integrating natural remedies with contemporary medical approaches. The intention is to create a holistic approach to wellness, promoting both physical and mental health while offering a more tailored and effective path to healing for patients. I am confident that the knowledge shared in this Conference about the ongoing innovations and research in this field will undoubtedly benefit society at large and also serve as a scientific platform for participants to engage with one another, exchange ideas, and share perspectives.

I wish the Conference a grand success.


Prof. C. Muthamizhchelvan

Prof. C. MUTHAMIZHCHELVAN
Vice Chancellor
SRM Institute of Science and Technology
SRM Nagar, Kattankulathur - 603 203,
Chennai - 60, Tamil Nadu, India



BABA GHULAM SHAH BADSHAH UNIVERSITY

Established by Government of Jammu & Kashmir
Recognized by UGC under Section 2(f) and 12 (B)



MESSAGE

I am glad to know that the Central Council for Research in Unani Medicine, Ministry of AYUSH is celebrating Unani Day 2025 and organizing an International Conference on Unani Medicine on 11th & 12th February 2025 on the theme "***Innovations in Unani Medicine for Integrative Health Solutions- A Way Forward***".

Unani medicine, a time-tested system of holistic healing, offers promising opportunities for integrative health solutions by blending traditional wisdom with modern innovations. Advances in pharmacological research, nanotechnology, and evidence-based validation have enhanced the efficacy and safety profile of Unani formulations. There is a need to enhance its integration within the Health Care delivery system to successfully achieve the objectives of good health and well-being for all.

I am confident that the participation of national and international experts in this conference will foster a fruitful discussion on the potential ways and strategies for the integration of Unani Medicine with modern science, leading to greater benefits for healthcare. I commend the organizers for their vision and initiative in bringing together such a distinguished group of professionals, and I extend my best wishes for the grand success of this event.

(Prof. Jawaid Iqbal)
Vice Chancellor

Baba Ghulam Shah Badshah University

Date: January 16, 2025



INTEGRAL UNIVERSITY इंटीग्रल विश्वविद्यालय

Approved by the University Grants Commission under Sections 2(f) and 12B of the UGC Act, 1956, MCI, PCI, IAP, BCI, INC, CoA, NCTE, DEB & UPSME. Member of AIU. Recognized as a Scientific & Industrial Research Organization (SIRO) by the Dept. of Scientific and Industrial Research, Ministry of Science & Technology, Government of India.



MESSAGE

It is a matter of immense pride and joy to extend my warm greetings and best wishes on **Unani Day 2025** and the **International Conference on Unani Medicine**, with the theme *"Innovations in Unani Medicine for Integrative Health Solutions - A Way Forward,"* being held on February 11-12, 2025. This significant event reflects the commitment of the **Central Council for Research in Unani Medicine (CCRUM)** to the advancement of this ancient and holistic system of medicine.


Unani Medicine, a time-tested traditional system, is unique in its holistic approach, which harmonizes the treatment of the body, mind, and soul. Rooted in the principles of balance, it emphasizes the vital role of diet and lifestyle in preventing and treating ailments. By leveraging carefully selected foods, precise preparation methods, and innovative treatment strategies, Unani Medicine offers integrative solutions to modern health challenges. Its preventive and curative potential underscores its relevance in today's healthcare landscape, especially in promoting sustainable health and well-being.

CCRUM has been instrumental in raising awareness about the Unani system of medicine, bridging the gap between tradition and modernity through research, education, and dissemination of knowledge. Its pivotal role in promoting Unani Medicine on national and international platforms deserves the highest commendation. The Council has tirelessly worked to preserve this heritage while fostering innovations that align with contemporary healthcare needs.

I extend my heartfelt congratulations to **Dr. N. Zaheer Ahmad, Director General of CCRUM**, and the organizing committee for their exceptional efforts in convening this landmark conference. I am confident that the event will provide an invaluable platform for scholars, practitioners, and policymakers to exchange ideas, showcase innovations, and chart a progressive path forward for Unani Medicine.

Best wishes to the CCRUM for the grand success of this event.

Dated: 24-12-2024


(Prof. Javed Musarrat)
Vice-Chancellor

जामिया मिल्लिया इस्लामिया
(केन्द्रीय विश्वविद्यालय)
मौलाना मोहम्मद अली जौहर मार्ग, नई दिल्ली-110025

JAMIA MILLIA ISLAMIA
(A Central University)
Maulana Mohammed Ali Jauhar Marg, Jamia Nagar, New Delhi-110025
(NAAC Accredited 'A++' Grade)

جامعہ ملیہ اسلامیہ
(مرکزی جامعہ)
مولانا محمد علی جوارگ نئی دہلی-110025



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प्रोफेसर मजहर आसिफ
कुलपति

Prof. Mazhar Asif
Vice Chancellor

پروفیسر مظہر آصف
نائب چانسلر




Vice Chancellor's Message

It gives me immense pleasure to know that on the occasion of Unani Day 2025, the Central Council for Research in Unani Medicine, Ministry of Ayush is organizing an International Conference on Unani Medicine on 11th & 12th February, 2025.

The theme of the conference "Innovations in Unani Medicine for Integrative Health Solutions- a way forward" is offering a promising avenue for holistic well-being. The integration of Unani therapies with conventional medicine, such as personalized regimens for chronic diseases and lifestyle disorders, highlights its potential in addressing complex health challenges. Digital tools like AI-driven diagnostics and telemedicine platforms further broaden its accessibility and precision. By fostering interdisciplinary collaboration and rigorous scientific exploration, Unani medicine can pave the way for a sustainable and patient-centric approach to global healthcare.

I am sure that this International Conference will serve as a platform for sharing valuable work, ideas and research in Unani System of Medicine by eminent scientists and researchers from all over the world. I hope that the scientific presentations during the conference will inspire all the participants to excel in their respective fields and help in taking Unani System of Medicine to greater heights.

I congratulate the organizers and wish the event all success.


(Prof. Mazhar Asif)
Vice-Chancellor



Prof. (Dr.) M. Afshar Alam
Vice Chancellor *Ph.D*

Jamia Hamdard

(Deemed to be University), 'A+' Category-NAAC
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Website: www.jamiyahamdard.edu



MESSAGE

It gives me immense pleasure to know that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush, is hosting an International Conference in New Delhi with the theme "**Innovations in Unani Medicine for Integrative Health Solutions - A way Forward**" on 11-12 February, 2025 on the occasion of Unani Day 2025.

Unani Medicine, alongside other traditional systems of medicine, holds immense potential for safeguarding and enhancing public health. At Jamia Hamdard, we have a rich and encouraging history in healthcare delivery, education, and research in Unani Medicine. We firmly believe that the principles and practices of Unani Medicine, if strategically integrated, can significantly transform public health outcomes.

Innovations in Unani Medicine for integrative health solutions are paving the way for more effective and personalized healthcare strategies. Modern research is focusing on understanding the molecular mechanisms behind traditional Unani remedies, incorporating advanced technologies like phytochemistry, genomics, and pharmacology to identify active compounds in herbal medicines.

I hope this conference will have focused discussions on bridging the gap between traditional practices and contemporary medical science, leading to the development of evidence-based therapies that are both safe and effective.

I wish all participants meaningful and productive deliberations at the conference!

Prof. (Dr.) M. Afshar Alam
Vice Chancellor



PROF. NAIMA KHATOON

M.Phil, Ph.D. (Psychology)

Vice-Chancellor

ALIGARH MUSLIM UNIVERSITY

Aligarh - 202 002, UP., India.
A Central University (NAAC ACCREDITED "A+" GRADE)

Phone: (Off) +91-571-2700994/2702167
(Res) +91-571-2700443
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02nd January 2025



MESSAGE

I am delighted to learn that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush, is organising an International Conference on "*Innovations in Unani Medicine for Integrative Health Solutions—A Way Forward.*" The conference resonates profoundly with the urgent global need for innovative and integrative approaches in healthcare.

Unani medicine, with its rich legacy rooted in holistic healing, is uniquely positioned to significantly address contemporary healthcare challenges. Integrating Unani principles with modern scientific research offers promising pathways to address non-communicable diseases, enhance mental health, and improve public health outcomes.

Recent advancements in Unani medicine underscore its potential for personalised medicine, preventive healthcare, and chronic condition management. Developing evidence-based practices, digital health interventions, and innovative formulations has opened new vistas for Unani medicine in global health ecosystems.

This conference will offer a critical platform for collaboration among researchers, practitioners, and policymakers. Its initiative encourages knowledge-sharing and the development of integrative health models. I am confident that the discussions and insights shared here will reinforce the importance of Unani medicine and pave the way for its wider acceptance and implementation in the global healthcare system.

Let us collectively strive to harness the potential of Unani medicine to reduce the burden of disease and contribute to achieving universal health coverage.

I must deeply appreciate the CCRUM, led by the Ministry of Ayush, for organising this conference. I wish this conference and its organisers all the best for a fruitful conference. I sincerely hope this will prove to be an essential step in advancing Unani medicine for the well-being of humanity.

I am looking forward to learning about the papers read and the ideas that will emerge from the conference's deliberations.

Warm regards,

Prof. Naima Khatoon



Sher-e-Kashmir
University of Agricultural Sciences & Technology of Kashmir
www.skuastkashmir.ac.in

Prof. Nazir Ahmad Ganai
Vice-Chancellor



MESSAGE

I am pleased to learn that the Central Council for Research in Unani Medicine (CCRUM), Ministry of AYUSH is organizing an International Conference on the theme “**Innovations in Unani Medicine for Integrative Health Solutions- a way forward**” on 11th & 12th February, 2025 as part of celebrations of Unani Day.

Rooted in the principles of balance and harmony between the body, mind, and soul, Unani Medicine has provided cost-effective and holistic healthcare solutions for generations across the subcontinent. The chosen theme is therefore highly relevant as it highlights the innovations in Unani Medicine and their potential to address public health challenges. There is a pressing need to enhance awareness about the innovation and contributions of Unani Medicine in promoting health and preventing illness.

I am confident that this Conference will serve as a platform to explore the vast potential of Unani Medicine in improving community health, reducing disease burden, and shaping practical strategies to achieve public health goals.

I applaud CCRUM for this commendable initiative and wish the organizers every success in making the event impactful and productive.

Place: Shalimar, Srinagar
Dated: 20.12.2024


(Nazir Ahmad Ganai)



Prof. (Mrs.) Nilofer Khan

Vice Chancellor
University of Kashmir
Hazratbal Srinagar - 190006
Jammu and Kashmir (India)

December 31, 2024

MESSAGE

I am pleased to learn that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush is celebrating Unani Day 2025 and organizing an International Conference on Unani Medicine on 11th and 12th February 2025, with the theme "Innovations in Unani Medicine for Integrative Health Solutions- a way forward"



There is a growing global interest in complementary and alternative medicine, and India has long been a leader in the field of traditional medicines. Unani Medicine holds remarkable potential in the treatment of various diseases, and there is a pressing need to further integrate it into public health systems. I am confident that the participation of both national and international experts at this conference will foster insightful discussions on strategies and approaches to incorporate Unani Medicine into public health practices.

I extend my warm greetings and felicitation to the Council and Ministry of Ayush for organizing the event and convey my best wishes for the success of this Conference.

A handwritten signature in blue ink, appearing to read "Nilofer Khan", written over a diagonal line.

Prof. Nilofer Khan



दिल्ली भेषज विज्ञान एवं अनुसंधान विश्वविद्यालय
DELHI PHARMACEUTICAL SCIENCES & RESEARCH UNIVERSITY

(दिल्ली सरकार, Govt. of N.C.T. of Delhi)

(Opp. Sainik Farm Gate No.1, M.B. Road, Pushp Vihar, Sector-III, New Delhi-110017)

(सैनिक फार्म गेट नं० 1 के सामने, एम.बी. रोड, पुष्प विहार, सेक्टर-III, नई दिल्ली-110017)



MESSAGE


It gives me great pleasure to know that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush, is organizing a two-day International Conference on "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward" on February 11–12, 2025 in New Delhi as part of the celebrations of Unani Day.

Unani is privileged to offer various modes of treatment, including dietotherapy, regimental therapy, pharmacotherapy, and surgery are considered secondary options, used only when necessary. This approach highlights the preference for non-drug interventions and the holistic principles of Unani Medicine.

In the current scenario, where patients often face the side effects of chemical based drugs in the treatment of various diseases, the Unani System's focus on non-drug interventions holds great significance and should be adopted as a public health strategy.

I am confident that the conference will serve as an excellent platform for discussing innovative research ideas and will be highly beneficial for all stakeholders.

I take this opportunity to extend my best wishes to Dr. N. Zaheer Ahmed and the CCRUM organizing team. Wishing the two-day international conference a great success.

 29.01.25
(Prof. Ravichandiran V.)
Vice Chancellor



प्रोफेसर शांतिश्री डी. पंडित
कुलगुरु

Professor Santishree D. Pandit
Vice-Chancellor

जवाहरलाल नेहरू विश्वविद्यालय JAWAHARLAL NEHRU UNIVERSITY

नई दिल्ली-११००६७
NEW DELHI-110067



MESSAGE

It gives me immense joy and pride to note that CCRUM, Ministry of Ayush the leading research institution dedicated to Unani Medicine, is celebrating Unani Day and hosting an international conference on February 11–12, 2025, in New Delhi.

With the theme "Innovations in Unani Medicine for Integrative Health Solutions: A Way Forward," this two-day conference is highly relevant in showcasing the transformative potential of combining traditional Unani practices with modern scientific innovations, fostering cross-disciplinary dialogue, and paving the way for more holistic and personalized healthcare solutions that can address the evolving needs of global health.

I am confident that this event will provide an excellent platform for academics, researchers, and professionals from diverse disciplines to present their research findings and exchange innovative ideas. The initiative by CCRUM to convene an international conference underscores its commitment to fostering long-term research collaborations aimed at addressing various health issues through the potential of Unani Medicine.

I extend my heartfelt congratulations to CCRUM for organizing this significant event and wish all participants engaging and productive deliberations.

Date: 17 December, 2024

Santishree Pandit
17/12/24
(Santishree Dhulipudi Pandit)



Prof. Shakil Ahmad Romshoo
Vice Chancellor

Islamic University of Science & Technology Awantipora, Kashmir



MESSAGE

I am delighted to learn that the Central Council for Research in Unani Medicine (CCRUM), Ministry of AYUSH, is organizing the International Conference on Unani Medicine on the occasion of Unani Day 2025, scheduled for the 11th and 12th of February 2025 in New Delhi. The theme of the conference, "Innovations in Unani Medicine for Integrative Health Solutions: A Way Forward," highlights the significant potential of Unani medicine to contribute to holistic healthcare through the seamless integration of traditional wisdom and modern advancements. With its roots in ancient knowledge, Unani medicine offers natural and preventive approaches that resonate deeply with the principles of integrative health. By combining its well-established therapeutic practices with cutting-edge technologies such as pharmacological research, biotechnology, and AI-driven diagnostics, Unani medicine has the capability to address a wide range of chronic and lifestyle-related ailments effectively. This convergence not only enhances patient outcomes but also underscores the promise of sustainable and affordable healthcare solutions. It is encouraging to know that the conference program covers a diverse array of multidisciplinary topics, fostering collaboration and innovation. I look forward to an enriching experience, with distinguished scientists and experts from across the globe sharing their ground-breaking research and insights. This conference presents an exceptional platform for exchanging ideas, advancing research, and reinforcing the shared vision of stakeholders to promote and strengthen the Unani system of medicine. I am confident that the deliberations and discussions during the conference will enhance knowledge in the field, empower participants to tackle current healthcare challenges, and inspire a collective effort to elevate Unani medicine's contribution to global health. I extend my heartfelt congratulations to the organizers and wish them great success in hosting a fruitful and impactful International Conference on Unani Medicine.

(Prof. Shakil Ahmad Romshoo)
Vice Chancellor, IUST

Date: 20-12-2024.



GURUGRAM UNIVERSITY, GURUGRAM (HARYANA)

(A State Govt. University established under Haryana Act 17 of 2017)

Sector -51, Gurugram (Haryana)- 122003 web: www.gurugramuniversity.ac.in

Phone: 0124-2788000 e-mail: vc@gurugramuniversity.ac.in

Prof. Sushil Kumar Tomar, FNASc
Vice-Chancellor



MESSAGE

It is a matter of immense happiness and joy that the Central Council for Research in Unani Medicine, Ministry of Ayush a Premier research organisation for Unani Medicine, is celebrating Unani Day and Organizing an international conference on February 11th & 12th, 2025, New Delhi.

The theme of the two-day international conference, ***“Innovations in Unani Medicine for Integrative Health Solutions- A way forward”*** aims to address public health challenges and priorities. I sincerely hope that the conference will serve as a valuable platform for academics, researchers, and professionals from relevant disciplines to present their research contributions and exchange ideas. The initiative taken by the CCRUM to organize this international conference will undoubtedly provide an excellent opportunity for long-term research planning to tackle various healthcare challenges using Unani Medicine.

I extend my heartfelt congratulations to the CCRUM for organizing the international conference on Unani Day 2025 and wish all participants fruitful deliberations.

Date: 31.01.2025

Prof. Sushil Kumar Tomar
Vice Chancellor
Gurugram University, Gurugram, Haryana



प्रो० योगेश सिंह
कुलपति

Prof. Yogesh Singh
Vice-Chancellor

दिल्ली विश्वविद्यालय
University of Delhi



No. DU/VC/2024/448
24th December 2024



MESSAGE

I am delighted to know that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush is organizing a two-day international conference on "Innovations in Unani Medicine for Integrative Health Solutions- a way forward" in New Delhi on 11 and 12 February, 2025 and also observing a Unani Day on February 11 every year in the honour of Hakim Ajmal Khan to commemorate his birth anniversary.

I am sure that this international conference will provide ample opportunity to the academicians, scientists, researchers and the students to delve into the knowledge of Unani Medicine with particular reference to various treatment options and allow them to evolve a holistic approach in this knowledge domain for betterment of the humanity at larger in terms of effective medical care and attention through Unani Medicine.

I would like to take this opportunity to convey my heartfelt best wishes to the organisers and the distinguished participants for successful organisation of this international conference.


Yogesh Singh

24/12/24



आरोग्यम् सुखं सम्पदा

अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर (छत्तीसगढ़)
All India Institute of Medical Sciences, Raipur (Chhattisgarh)

लेफ्टिनेंट जनरल अशोक ज़िंदल

कार्यपालक निदेशक एवं सी.ई.ओ.

Lt Gen Ashok Jindal, PVSM, AVSM, YSM (Retd)

MD, DIH, PhD

Executive Director and CEO



MESSAGE

It is a great pleasure to note that the Central Council for Research in Unani Medicine (CCRUM), under the Ministry of Ayush is celebrating Unani Day 2025 and organizing an International Conference on the theme ***"Innovations in Unani Medicine for Integrative Health Solutions- A way forward"*** on February 11-12, 2025.

Dietotherapy, an integral aspect of Unani treatment, has the potential to greatly alleviate human suffering when practiced wisely. Healthy dietary habits play a crucial role in maintaining the physical and mental well-being of individuals. Adopting a balanced diet throughout life significantly reduces the risk of chronic diseases, contributing to overall health and wellness.

I am confident that the expert deliberations during the various sessions of this conference will be highly effective in raising awareness on this important theme.

I extend my best wishes for the success of Unani Day and the International Conference and congratulate the organizers for their commendable efforts.

Date: 28 Dec 24

Lt Gen Ashok Jindal (Retd)



icmr | NIN
INDIAN COUNCIL OF
MEDICAL RESEARCH
NATIONAL INSTITUTE
OF NUTRITION

आई सी एम आर – राष्ट्रीय पोषण संस्थान
स्वास्थ्य अनुसंधान विभाग, स्वास्थ्य और परिवार
कल्याण मंत्रालय, भारत सरकार

ICMR - National Institute of Nutrition
Department of Health Research, Ministry of Health
and Family Welfare, Government of India

डॉ. भारती कुलकर्णी, एम बी बी एस, डी टी एच, एम बी एच, पी एच डी, एफ एर एम एस
निदेशक

Dr. Bharati Kulkarni, MBBS, DCH, MPH, PhD, FAMS
Director



MESSAGE

I am delighted to note that the Council for Research in Unani Medicine, Ministry of Ayush, is organizing an International Conference on February 11th and 12th, 2025. With the theme of *"Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward,"* marks the celebration of Unani Day.

Traditional medicine plays a vital role in promoting health, preventing disease, and managing illnesses effectively. I am pleased to see that the focus of this conference is on integration, which highlights the importance of blending traditional practices with modern healthcare for holistic and comprehensive solutions. Collaborative studies between Unani practitioners, scientists, and modern medical researchers can unlock new potentials.

The academic exchanges with esteemed scientists and researchers from around the world during this conference will undoubtedly encourage the Unani fraternity to enhance their research and developmental efforts, keeping pace with the dynamics of the society.

I congratulate the organisers and wish the conference a great success

Dr. Bharati Kulkarni

Date: 10th January 2025

डॉ. डी. श्रीनिवास रेड्डी

निदेशक

Dr. D. Srinivasa Reddy

Director



MESSAGE

I am pleased to learn that the Central Council for Research in Unani Medicine, Ministry of Ayush is organizing an International Conference on February 11th and 12th, 2025, as a part of celebration of Unani Day-2025.

Unani Medicine has the potential to become a vital part of the global healthcare system. Government policies are focused on ensuring the overall development of this system, aiming to provide safe and affordable healthcare to the masses. In collaboration with Ministry of AYUSH, CSIR-IICT facilitating Unani Medicine to our staff in our Dispensary once in a week.

I am sure this conference themed "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward," will help scholars and researchers in the area of Unani Medicine to work for its upliftment and explore new vistas for the benefit of humanity. The theme of the conference is both timely and relevant, as integration is a crucial element in advancing the classical knowledge of Unani Medicine and ensuring its place in modern healthcare.

I wish the organizers continued success in their endeavours.

(D. Srinivasa Reddy)

GOVERNMENT OF JAMMU AND KASHMIR
SHER-I-KASHMIR INSTITUTE OF MEDICAL SCIENCES




MESSAGE

I congratulate the Central Council for Research in Unani Medicine, Ministry of Ayush, for organizing an International Conference on February 11th and 12th, 2025, with the theme ***"Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward,"*** to mark Unani Day -2025. Unani Medicine is increasingly being integrated into the broader healthcare system in India. The focus on preventive care, natural remedies, and lifestyle changes makes it a valuable complement to modern medicine, especially for chronic diseases, stress management, and mental well-being.

With the rapid evolution of modern healthcare, the need for innovation and integration has become more urgent than ever. Emphasizing innovation and integration will not only fortify the national healthcare delivery system through the adoption of advanced technologies but will also increase the acceptance and global relevance of Unani Medicine. This approach can ensure that Unani Medicine remains a vital and recognized part of healthcare, offering effective solutions to contemporary health challenges. The conference is expected to provide a unique opportunity for a multi-disciplinary group of academics, researchers, and stakeholders from around the world to come together. It will serve as a platform for sharing and discussing ground breaking advancements in the field of innovation and integration, particularly within Unani Medicine.

I acclaim the organisers for the commendable effort to highlight the significance of Unani Medicine and its potential in enhancing global healthcare.


Prof. (Dr.) Mohammad Ashraf Ganie
Director SKIMS & EOSG



अखिल भारतीय आयुर्विज्ञान संस्थान

अन्सारी नगर, नई दिल्ली-११००२९ (भारत)

ALL INDIA INSTITUTE OF MEDICAL SCIENCES

ANSARI NAGAR, NEW DELHI - 110029 (INDIA)

Ph. 011-26594805/4800, Email: director@aiims.gov.in

21st December 2024

दिनांक/Dated :



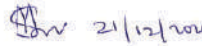
MESSAGE

I extend my heartfelt congratulations to the Central Council for Research in Unani Medicine (CCRUM) under the Ministry of Ayush for organizing an International Conference on Unani Medicine on February 11 and 12, 2025 to mark Unani Day 2025.

I am delighted to learn that this year's theme is *"Innovations in Unani Medicine for Integrative Health Solutions- A way forward"* Which focuses on protecting and improving the health of people and their communities, plays a crucial role in global well-being. Traditional medicine has always been an integral part of health and wellness worldwide. The WHO's Global Traditional Medicine Strategy seeks to promote the safe and effective use of traditional medicine through research, regulation, and its integration into mainstream healthcare services. Initiatives like this conference align with these goals and contribute significantly to these efforts.

I encourage all participants to make the most of this platform by leveraging their collective expertise and experiences. Together, we have a unique opportunity to enhance our understanding of the potential contributions of Unani medicine to public health.

I wish the organizers great success in their endeavours and commend them for their valuable efforts.


(Prof. M. Srinivas)
Director



MESSAGE

I am delighted to learn that the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush is organizing an International Conference in New Delhi on the occasion of Unani Day 2025, with the theme ***“Innovations in Unani Medicine for Integrative Health Solutions-A way Forward”*** during 11 & 12 February 2025.

Organizing such a significant event is indeed a commendable task, and the chosen theme is highly relevant. During the COVID-19 pandemic, the Ayush systems demonstrated immense benefits for the masses at the national level. The Ministry of Ayush deserves recognition for fostering this positive impact. While healthcare continues to strive for optimum satisfaction among the masses, the potential of Ayush systems remains boundless. The time has come for India to emerge as a global destination for addressing healthcare needs.

I am confident that the expert deliberations during the conference will lead to valuable suggestions and innovative ideas, further propelling Ayush systems to greater heights.

I extend my warm greetings and heart felt congratulations to the CCRUM and the Ministry of Ayush for organizing this remarkable event, and I convey my best wishes for the success of the conference.

Date: 23.01.2025

Dr. S. Glory Swarupa
Director General
National Institute for Micro, Small and
Medium Enterprises (**ni-msme**)



नाईपर हैदराबाद
NIPER HYDERABAD

राष्ट्रीय औषधीय शिक्षा एवं अनुसंधान संस्थान

औषधीय विभाग, स्थापन एवं उर्वरक मंत्रालय, भारत सरकार

**National Institute Of Pharmaceutical
Education And Research**

Department of Pharmaceuticals, Ministry of Chemicals & Fertilizers, Govt. of India



20th December, 2024

MESSAGE

It gives me immense pressure to learn that the Central Council for Research in Unani Medicine, Ministry of Ayush is organizing an International Conference on the theme '**Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward**,' on February 11th and 12th, 2025, as part of the annual Unani Day-2025 celebration."

Unani Medicine, rooted in centuries-old knowledge, holds great promise for the future through innovation and modernization. Scientific research has played a crucial role in validating many traditional remedies used in Unani practices, offering a new perspective on their effectiveness. Modern advancements such as clinical trials, standardized formulations, and the application of biotechnology in herbal medicine preparation are instrumental in bridging the gap between traditional wisdom and contemporary scientific methods. These developments pave the way for the integration of Unani Medicine into the modern healthcare system, ensuring its continued relevance and efficacy.

I am confident that the participation of both national and international experts in this conference will foster fruitful discussions on the strategies and approaches for effectively incorporating Unani Medicine with more advance techniques and diagnostics, paving the way for broader recognition and application of its healing benefits.

I extend my heartfelt congratulations to all the organizers and participants and offer my warmest wishes for the success of the conference.




Prof. Shailendra Saraf
Director



MESSAGE


I extend my heartfelt greetings to the Central Council for Research in Unani Medicine, Ministry of Ayush for organizing an International Conference on the theme "*Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward*" as part of the Unani Day celebrations on February 11th and 12th.

Unani Medicine, a time-tested traditional medical system, has evolved over centuries by integrating the best treatment practices from various regions and historical periods. It has consistently delivered effective healthcare solutions across generations. The Central Council for Research in Unani Medicine (CCRUM) has played a crucial role in validating Unani Medicine's practices through rigorous scientific research, ensuring their continued relevance and efficacy in contemporary healthcare.

The theme of this conference perfectly encapsulates the ongoing shift toward advanced techniques and diagnostics in healthcare, highlighting the significance of uniting traditional wisdom with modern advancements to foster a truly holistic approach to well-being.

I hope that this conference will serve as a valuable platform for experts to exchange knowledge and share recent advancements in the field of Unani Medicine. I am confident that this International Conference will inspire scholars and researchers to contribute to the growth and advancement of Unani Medicine, opening new avenues for its development and ensuring its benefits reach humanity at a large.

I extend my earnest best wishes to the CCRUM for the successful organization of the Unani Day, International Conference and the publication of the souvenir to mark this significant occasion.


Prof. Saiyad Shah Alam
Director

National Institute of Unani Medicine (NIUM), Bangalore

सीसीएमबी CSIR CCMB

कोशिकीय एवं आणविक जीवविज्ञान केन्द्र
(वैज्ञानिक तथा औद्योगिक अनुसंधान परिषद)
उप्पल रोड, हैदराबाद - 500007, भारत.



CENTRE FOR CELLULAR AND MOLECULAR BIOLOGY
(Council of Scientific & Industrial Research)
Uppal Road, Hyderabad - 500007, India

डॉ. विनय कुमार नंदिकूरी
निदेशक

Dr. Vinay Kumar Nandicoori
Director



MESSAGE

I am delighted to learn that the Central Council for Research in Unani Medicine, Ministry of Ayush is organizing an international conference on February 11th and 12th, 2025. With the theme "*Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward*," as a part of Unani Day-2025.

Unani Medicine, rooted in its deep principles of holistic healing, has been an integral part of traditional healthcare systems for centuries. Its focus on balancing the humours and temperament offers a timeless approach to health and wellness. However, as we confront the challenges of modern healthcare, the need for innovation and integration has become even more crucial. The theme of this conference perfectly aligns with the growing shift toward advanced techniques and diagnostics in the healthcare field, underscoring the importance of blending traditional wisdom with contemporary advancements.

I hope the discussions and insights shared during the conference will expand the horizons of Unani Medicine, paving the way for its advancement and greater recognition on the global stage.

I wish the conference a great success.

20-12-2024


[Vinay Nandicoori]



MESSAGE

I am glad to know that the Central Council for Research in Unani Medicine, Ministry of Ayush is organizing an International Conference on February 11th and 12th 2025, with the theme of "*Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward,*" marks the celebration of Unani Day 2025.

Unani Medicine, deeply rooted in holistic healing principles, has been a cornerstone of traditional healthcare for centuries. Its future lies in seamlessly integrating classical wisdom with modern medical practices. This fusion has the potential to enhance treatment efficacy, improve patient outcomes, and promote a comprehensive approach to well-being. By leveraging the strengths of both systems, we can establish a healthcare paradigm that is effective, compassionate, patient-centered, and sustainable for future generations.

The theme of this conference is both timely and relevant, underscoring the vital importance of integration in enhancing the classical knowledge of Unani Medicine and reinforcing its significance in the contemporary healthcare landscape."

I wish the event a grand success and felicitations to the organizers.

Date: 23-01-2025

Dr. V M Tiwari
Director
CSIR – North East Institute of Science and Technology
(CSIR-NEIST)



CSIR-IIIM

डॉ. ज़बीर अहमद

निदेशक

Dr. Zabeer Ahmed

Director

सीएसआईआर-भारतीय समवेत औषध संस्थान

(वैज्ञानिक तथा औद्योगिक अनुसंधान परिषद)

केनाल रोड, जम्मू - 180 001 (भारत)

CSIR-Indian Institute of Integrative Medicine

(Council of Scientific & Industrial Research)

Canal Road, Jammu - 180 001 (INDIA)

Tel. : +91-191-2584999, 2585222 (O)

E-mail : director@iim.res.in; zahmed@iim.res.in

Website : www.iim.res.in



MESSAGE

I am delighted to know that the Central Council for Research in Unani Medicine, Ministry of Ayush, as a part of Unani Day-2025, is organizing an International Conference on the theme "*Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward*," on February 11th and 12th, 2025.

Globally, there is a growing interest in complementary and alternative medicine, and India has long been at the forefront of traditional medicines. Unani medicines hold immense potential in the treatment of various diseases. With the rapid evolution of modern healthcare, the need for research and innovation has become more pressing than ever, which will not only strengthen the national healthcare delivery system through advanced technologies but also enhance the acceptance and global relevance of Unani medicines.

I hope that the conference would provide a platform to the experts for exchange of knowledge and insights about recent developments in the field of Unani Medicines. I am sure this international conference will help scholars and researchers in the area of Unani Medicines to work for integration of traditional medicines with the modern medicines and explore new vistas for the benefit of humanity.

I also extend my best wishes to the organizers and other stakeholders for organizing this conference.

Date: 24th December, 2024

(Zabeer Ahmad)

Director

CSIR-Indian Institute of Integrative Medicine (IIIM), Jammu

*From the Desk of
Director General
CCRM*



केन्द्रीय यूनानी चिकित्सा अनुसंधान परिषद्
आयुष मंत्रालय, भारत सरकार
CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE
Ministry of Ayush, Government of India

डॉ. एन. ज़हीर अहमद
महानिदेशक
Dr. N. Zaheer Ahmed
Director General



Welcome Message

Dear friends,

It gives me immense pleasure to welcome you all to Unani Day 2025 celebration and International Conference on "Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward," organized by the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush at Vigyan Bhawan, New Delhi.

Unani Medicine, one of the world's oldest medical systems, traces its origins to the teaching of the renowned physician Hippocrates. It spread across various regions, flourished, and eventually took root in India, which now stands as the global leader in Unani Medicine. This time-tested system emphasizes holistic health by balancing the four humours (blood, phlegm, yellow bile, and black bile) within the human body, maintaining harmony between the mind, body, and environment. It employs diverse therapeutic practices, including herbal formulations, diet therapy, regimenal therapies, and lifestyle modifications. In today's world, where the prevalence of chronic diseases and lifestyle disorders is rising, the principles of Unani medicine hold immense relevance. The system's focus on preventive, promotive and curative healthcare, natural therapies, and personalized treatment approaches makes it a valuable complement to modern medicine. Unani medicine, with its holistic approach, is evolving through scientific innovations to address modern health challenges. By integrating traditional principles with contemporary research, it offers novel solutions for chronic and lifestyle diseases.

As an apex research organization under the Ministry of Ayush, Government of India, CCRUM remains steadfast in its mission to advance the science of Unani Medicine through rigorous research, evidence-based clinical studies, and innovative healthcare solutions. Our commitment to harmonizing tradition with modern scientific understanding has yielded significant breakthroughs in drug standardization, therapeutic validation, and healthcare delivery.

This conference stands as a testament to our continuous pursuit of excellence, innovation and integration. It serves as a platform to foster collaboration and brings together distinguished scholars, researchers, practitioners, policymakers, and stakeholders from across the globe, including nations such as USA, South Africa, Iran, Malaysia, UAE, Tajikistan, Uzbekistan, Sri Lanka, and Bangladesh. Through engaging keynote addresses, scientific sessions, and knowledge-sharing opportunities, we seek to chart a course for a more integrative and inclusive healthcare paradigm, where Unani medicine plays a vital role. The accompanying exhibition showcases the vibrancy and achievements of the Unani medicine and herbal pharma sector, research institutions, and educational organizations. This event provides a platform for collaboration, innovation, and cross-disciplinary engagement, reflecting India's leadership in traditional medicine systems.

I extend my heartfelt gratitude to the Hon'ble President of India, Smt. Droupadi Murmu, for gracing this event with her esteemed presence.

I express my gratitude to Shri Prataprao Jadhav, Hon'ble Minister of State (Independent Charge), Ministry of Ayush & Minister of State for Health Family Welfare, Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush, for patronizing the CCRUM. I also express my gratitude to Ms. Monalisa Dash, Joint Secretary, Ministry of Ayush, Dr. M. A Qasmi, Advisor (Unani), Ministry of Ayush, and officials of Ministry of Ayush for extending essential guidance and unwavering support in successfully organizing this event. I am deeply indebted to all the Ministers, Vice-Chancellors, Directors, and other dignitaries for their warm wishes for the successful conduct of the conference.

I am deeply grateful to the eminent experts, resource persons, and scholars for their invaluable intellectual contributions and insightful deliberations. I extend my gratitude to all the distinguished dignitaries and participants for their significant contribution to this landmark gathering. I would also like to extend special appreciation to the dedicated officers and staff of CCRUM, whose tireless efforts ensured the success of the conference and the Unani Day event.

May this conference inspire innovative solutions and strengthen the role of Unani medicine as an integral part of the global healthcare landscape.

Dr. N. Zaheer Ahmed
Director General, CCRUM

***Dignitaries who have kindly consented to grace
the Inaugural Session of Unani Day 2025 and
International Conference***

Smt. Droupadi Murmu
Hon'ble President of India

Dr. Jitendra Singh
Hon'ble Minister of State (Independent Charge),
Ministry of Science and Technology, Ministry of Earth Sciences,
Minister of State, Prime Minister's Office, Ministry of Personnel,
Public Grievances and Pensions,
Department of Atomic Energy & Department of Space, Govt. of India

Shri Prataprao Jadhav
Hon'ble Minister of State (Independent Charge),
Ministry of Ayush & Minister of State for Health & Family Welfare, Govt. of India

Vaidya Rajesh Kotecha
Secretary, Ministry of Ayush, Govt. of India

Ms. Monalisa Dash
Joint Secretary, Ministry of Ayush, Govt. of India

Dr. M. A. Qasmi
Advisor (Unani), Ministry of Ayush,
Government of India

***Dignitaries who have kindly consented to grace
the Valedictory Session of Unani Day 2025 and
International Conference***

Vaidya Jayant Deopujari

Chairman, National Commission for Indian System of Medicine
Punjabi Bagh, New Delhi

Dr. M. A. Qasmi

Advisor (Unani), Ministry of Ayush,
Government of India

Dr. (Ms.) Balvinder Shukla

Vice Chancellor, Amity University Uttar Pradesh Noida, India

Prof. Afshar Alam

Vice Chancellor, Jamia Hamdard

Dr. S. Farooq

President, Himalaya Wellness Company

Prof. M. Ashraf Ganie

Director SKIMS, Srinagar






International Delegates Participating in the Conference

S. No	Country	Name
1	Bangladesh 	National Prof. AK Azad Khan President, Diabetic Association of Bangladesh & Regional Chair, South East Asia, IDF
2	Iran 	Dr. Arman Zargaran Vice, International Affairs, Ministry of Health and Medical Education and Associate Professor Traditional Pharmacy, Tehran University of Medical Sciences, Iran.
3	Iran 	Dr. Alireza Abbassian Assistant Professor, Department of Traditional Medicine, School of Persian Medicine, Tehran University of Medical Sciences, Tehran- Iran
4	Malaysia 	Dr. Sharifah Firyelhana Binti Syed Abdul Rahman Head of Disciplinary and Ethics Unit, Traditional and Complementary Medicine (T&CM) Division, Ministry of Health, Malaysia
5	Malaysia 	Prof. Ir Dr Jimmy Mok Vee Hoong Pro-Vice Chancellor & Professor UCSI University, Springhill Campus, Malaysia
6	Malaysia 	Prof. Dr. Mogana Sundari Rajagopal Dean, Faculty of Pharmaceutical Sciences UCSI University Kuala Lumpur (South Wing)
7	Malaysia 	Asst. Prof. Dr. Kushagra Khanna Head of Research, Faculty of Pharmaceutical Sciences, UCSI University, Malaysia
8	South Africa 	Dr. Rhoda Deers Reg. Unani Tibb Practitioner Associate Lecturer: Anthropology Department, University of Western Cape, Unani Tibb representative for Professional board of Ayurveda, Chinese and Unani medicine (PBACMU) on the AHPCSA, South Africa
9	South Africa 	Dr. Tasnim Vahed Chair, Professional board of Ayurveda, Chinese Medicine and Unani Tibb (PBACMU) Allied Health Professions Council of South Africa South Africa

International Delegates Participating in the Conference

S. No	Country	Name
10	South Africa 	Dr. Mujeeb Hoosen Coordinator: Unani Tibb School of Natural Medicine Faculty of Community & Health Sciences University of the Western Cape (UWC), South Africa
11	South Africa 	Dr. Riyaadh Mohamed Training and Research Medical Director, Ibn Sina Institute of Tibb, South Africa
12	South Africa 	Dr. Yumna Mayet Unani Tibb representative on the Allied Health Professions Council of South Africa (AHPCSA), South Africa
13	Sri Lanka 	Dr. SM Raeesuddeen Dr.SM. Raeesuddeen BUMS, MD Former Senior Visiting Fellow, Hamdard University Bangladesh. Former Senior Lecturer, FIM, University of Colombo, Sri Lanka
14	Sri Lanka 	Prof. Mohamed Shiffa Professor in Moalejat, Department of Unani Clinical Medicine, Faculty of Indigenous Medicine, University of Colombo, Rajagiriya, Sri Lanka
15	Sri Lanka 	Prof. Nazeem Fahamiya Professor, Department of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Rajagiriya, Sri Lanka
16	Tajikistan 	Yuldasheva Umedakhon Pulatovna Associate Professor of the Department of Pharmacology of Avicenna Tajik State Medical University, Tajikistan
17	UAE 	Ms. Amina Al Haidan Founder & Chairperson, Lotus Holistic Center & Institute, Abu Dhabi UAE
18	UAE 	Dr. Benazir Medical Director, Unani Physician, Cleopatra's Spa & Wellness Wafi, Dubai, UAE

International Delegates Participating in the Conference

S. No	Country	Name
19	UAE 	Prof. (Dr.) Mohammad Kamil Director General Lotus Holistic Institute, Abu Dhabi
20	USA 	Dr. Saif Ahmad Associate Professor, Barrow Neurological Institute (BNI), Department of Neurosurgery/Translational Neuroscience, SJHMC, Dignity Health, Phoenix, Arizona, USA
21	Uzbekistan 	Mr. Rakhimkulov Farkhod Abduraufovich Head, Secretariat of Minister, Ministry of Health, Uzbekistan
22	Uzbekistan 	Mr. Mirrakhimov Jamshid Abdullayevich Head, Department/Director, The Ministry of Health/Republican scientific-practical centre of folk/traditional medicine, Uzbekistan
23	Uzbekistan 	Temirov Bakhodirhuja Bakhromjon Ugli Deputy Director, Republican Scientific-Practical Center of Folk medicine, Ministry of Health, Uzbekistan



Keynote addresses by eminent experts

Dr. W. Selvamurthy

President, Amity Science, Technology and Innovation Foundation (ASTIF)
Director General, Amity Directorate of Science and Innovation (ADSI), Noida (U.P)

Prof. Asim Ali Khan

Former Director General, CCRUM
Chairman, CCRUM's Scientific Advisory Committee,
Dean, School of Unani Medical Education and Research (SUMER)
Jamia Hamdard, New Delhi

Lt. General Ashok Jindal

Executive Director and CEO
All India Institute of Medical Sciences (AIIMS), Raipur

Prof. Saiyad Shah Alam



Director, National Institute of Unani Medicine, Bengaluru

Dr. Mogana Sundari Rajagopal

Dean, Faculty of Pharmaceutical Sciences, UCSI,
University of Kuala Lumpur, Malaysia

Dr. Arman Zargaran

Vice, International Affairs, Ministry of Health and Medical Education, Iran
Associate Professor, Traditional Pharmacy,
Tehran University of Medical Sciences, Iran



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Dr. Gulwaiz, Sr. Research Fellow, DSRU, New Delhi
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Dr. Mokhtar Alam, Research Officer (Botany) Scientist - IV

Dr. Irshad, Research Associate (Unani)

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Dr. Usama Akram, Research Officer (Unani) Scientist-II

Dr. Tamanna Nazli, Research Officer (Unani) Scientist - II, RRIUM, New Delhi

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Sh. Nasir Ahmed, Office Assistant, DSRU, New Delhi

Programme

Schedule



Programme Schedule

Day-1 | 11th Feb, 2025 – (Tuesday)

12:30– 14:30	Seating as per security protocol (Entry to Plenary Hall closes at 15:00)		
14:30 – 15:30	Pre-Inaugural Displays		
16:00 – 17:00	Inaugural Session presided by the Hon'ble President of India.		
Rapporteurs	<p>Dr. Merajul Haque, Research Officer (Unani), Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.</p> <p>Dr. Anwar Jamal, Research Officer (Unani), Regional Research Institute of Unani Medicine, New Delhi.</p> <p>Dr. Umer Hussain, Senior Research Fellow (Unani), Drug Standardization Research Unit, New Delhi</p>		
17:00– 17:30	Launch/Releases/Appreciation Certificates		
17:30 – 18:30	Plenary Hall	Hall 4	Hall 5
Keynote Addresses	<p>Dr. W. Selvamurthy President, Amity Science, Technology and Innovation Foundation (ASTIF) and Director General, Amity Directorate of Science and Innovation (ADSI).</p> <p>Prof. Asim Ali Khan Former Director General, Central Council for Research in Unani Medicine, Dean, School of Unani Medical Education and Research (SUMER) and Chief Medical Superintendent (CMS), Majeedia Unani Hospital, Jamia Hamdard, New Delhi.</p> <p>Lt. General Ashok Jindal Executive Director and CEO - All India Institute of Medical Sciences (AIIMS) Raipur.</p> <p>Prof. Saiyad Shah Alam Director, National Institute of Unani Medicine, Bengaluru.</p>	Webcast from Plenary Hall	Webcast from Plenary Hall
Moderator	Dr. Virendra M. Tiwari , Director, CSIR-North East Institute of Science & Technology (CSIR-NEIST), Jorhat, Assam		



Rapporteurs

Dr. Jamal Akhtar, Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi

Dr. Usha Devi, Research Officer (Botany), Scientist-II, Central Council for Research in Unani Medicine, Headquarters, New Delhi

Dr. Kamar Sultana, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

Dinner



Day-2 | 12th Feb, 2025 – (Wednesday)

Panel Discussion-I | 10:00 - 11:30 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country Perspective

Moderators	<p>Dr. N. Zaheer Ahmed, Director General, Central Council for Research in Unani Medicine, New Delhi.</p> <p>Dr. Geetha Krishnan G Pillai, Unit Head, Traditional Medicine Research and Evidence, WHO Global Traditional Medicine Centre, Universal Health Care- Life course, WHO HQ.</p>
Panellist	<p>National Prof. AK Azad Khan, President, Diabetic Association of Bangladesh & Regional Chair, South East Asia, IDF, Bangladesh.</p> <p>Prof. Alireza Abbassian, Head, Traditional Medicine Dept., School of Persian Medicine, Tehran University of Medical Sciences, Iran.</p> <p>Ms. Sharifah Firyelhana binti Syed Abdul Rahman, Disciplinary and Ethics Unit Traditional and Complementary Medicine Council Section Traditional and Complementary Medicine Division, Ministry of Health, Malaysia.</p> <p>Dr. Rhoda Deers, Reg. Unani Tibb Practitioner & Associate Lecturer Anthropology Department, University of Western Cape, South Africa, Unani Tibb representative for Professional Board of Ayurveda, Chinese and Unani Medicine (PBACMU) on the AHPCSA, South Africa.</p>
Rapporteurs	<p>Dr. Farah Ahmed, Research Officer (Unani), Scientist-III, Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p> <p>Dr. Suheena Khanday, Research Officer (Unani), Scientist-I, Central Council for Research in Unani Medicine,, Headquarters, New Delhi.</p> <p>Dr. Kamar Sultana, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p>

11: 30 AM - 11:45 AM | Tea Break



Scientific Session-I | 10:00 - 11:30 | Hall-4

Theme: Unani Medicine for Globalized Health-Unlocking New Opportunities.

Chairpersons	<p>Dr. Mogana Sundari Rajagopal, Dean Faculty of Pharmaceutical Sciences, UCSI, University, Kuala Lumpur, Malaysia.</p> <p>Dr. Arzeena Jabeen, Assistant Director, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad.</p> <p>Dr. Surender Singh, Professor, Dept. of Pharmacology, All India Institute of Medical Sciences, New Delhi.</p>	
Time	Speaker Name	Topic
10:00 - 10:15	Dr. Mohammed Idris Senior Principal Scientist, CSIR-CCMB, Hyderabad	DNA Barcode Library for Authenticating Plant-Based Drugs in Unani Pharmacopoeia and Medicine.
10:15 - 10:30	Ms. Umedakhon Yuldasheva Dean, Faculty of Pharmacy, Avicenna Tajikistan State Medical University	Role of Medicinal Plants in Phytotherapy of Metabolic Syndrome
10:30 - 10:45	Prof. M. Rasool Professor and Assistant Director, Sponsored Research and Industrial Consultancy Bioscience and Technology, Vellore Institute of Technology, Vellore	Majoon chobchini inhibits dendritic cell activation via increased PD-L1 expression and reinvigorates the Th17/Treg balance in the treatment of rheumatoid arthritis
10:45 - 11:00	Dr. Tanveer Naved Deputy Dean, Faculty of Health and Allied Sciences ,Amity University, Noida	Significance of Adaptogen and Immunomodulator Medicinal Plants in the Post-Covid-19 Era
11:00 - 11:15	Dr. Amisha Vora Associate Professor, SPP School of Pharmacy & Technology Management, SVKM's NMIMS, University of Mumbai, Maharashtra	Neuroprotective potential of Majoon Nisyan in amyloid beta induced animal model of Alzheimer's disease
<p>Rapporteurs</p> <p>Dr. Mustehasan, Research Officer (Unani), Scientist-III, Drug Standardization Research Unit, New Delhi</p> <p>Dr. Tamana Nazli, Research Officer (Unani), Scientist-I, Regional Research Institute of Unani Medicine, New Delhi.</p> <p>Mr. Anas Alvi, Research Assistant (Chemistry), Drug Standardization Research Unit, New Delhi.</p>		

11: 30 AM - 11:45 AM | Tea Break

Scientific Session-II | 10:00 - 11:30 | Hall -5

Theme: Moving towards Sustainable Development Goal -3: Good Health and Well Being.

Chairpersons	<p>Dr. Raman Mohan Singh, Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy.</p> <p>Dr. Syed Imamuddin Ahmed, Former Principal, Govt. Unani Medical College Chennai & Chairman IEC, Regional Research Institute of Unani Medicine, Chennai.</p> <p>Dr. K. Nagaiah, Chief Scientist & Head - Centre for Natural Product and Traditional Knowledge, CSIR-IICT, Hyderabad.</p> <p>Prof. Arman Zargar, Vice, International Affairs, Ministry of Health and Medical Education and Assoc. Prof., Traditional Pharmacy, Tehran University of Medical Sciences, Iran.</p> <p>Dr. Mumtaz Ahmad, Deputy Director, Regional Research Institute of Unani Medicine, Patna.</p>	
Time	Speaker Name	Topic
10:00 - 10:15	Dr. Deepika Gunawant Senior Consultant, Max Multi Speciality Centre, New Delhi	Sustainable Development Goal for Good health and wellbeing- through Indian Traditional systems of medicine
10:15 - 10:30	Prof. Kavita Gulati Director-Professor and Head, Department of Pharmacology, Vallabhbhai Patel Chest Institute, University of Delhi	Integrating Unani Medicine with Modern Medicine for Sustainable Management of Drug Induced Liver Injury
10:30 - 10:45	Dr. Manish Pande Director & Head of Project Analysis and Documentation Division (PADD), Quality Council of India (QCI)	Role of Conformity Assessment in Strengthening the Unani System
10:45 - 11:00	Dr. Kashipa Harit Deputy Director, National Accreditation Board for Hospitals & Healthcare Providers, New Delhi	Developing Standards for Ayush Hospitals.
11:00 - 11:15	Prof. Mubashir Masoodi HoD, Dept. of Pharmaceutical Science University of Kashmir	Traditional Medicine Re-imagined: A Pathway to Integrative Wellness
11:15 - 11:30	Dr. Athar Parvez Ansari Research Officer (Unani) Scientist-II, Regional Research Institute of Unani Medicine, Chennai.	Unani Panacea for Non Healing Foot Ulcer.



Scientific Session-II | 10:00 - 11:30 | Hall -5

Theme: Moving towards Sustainable Development Goal -3: Good Health and Well Being.

Rapporteurs

Dr. Nighat Anjum, Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

Dr. Shaista Urooj, Research Officer (Unani), Scientist-II, Regional Research Institute of Unani Medicine, New Delhi.

Dr. Irshad, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

11: 30 AM - 11:45 AM | Tea Break



Scientific Session-III | 10:00 - 11:30 | Hall -6

Theme: Integrating Traditional Medicine into Healthcare Systems

Chairpersons	<p>Dr. M. A. Waheed, Former Head, Central Research Institute of Unani Medicine Hyderabad, CCRUM.</p> <p>Prof. (Dr.) Ajay Shukla, Director & Medical Superintendent, Atal Bihari Vajpayee Institute of Medical Sciences & Dr. Ram Manohar Lohia Hospital, New Delhi.</p> <p>Dr. K. Jagannathan, President, Board of Unani Siddha and Sowa Rigpa, National Commission For Indian System Of Medicine (NCISM), New Delhi.</p> <p>Dr. Pawan Kumar Godatwar, Technical Officer (Traditional Medicine) WHO, SEARO</p> <p>Dr. Younis I. Munshi, Deputy Director, NRIUMSD, Hyderabad</p>	
Time	Speaker Name	Topic
10:00 - 10:15	<p>Dr. Raghu Arackal Deputy Director General (Ayush), Director General of Health Services (DGHS), MoHFW, Government of India</p>	Ayush for Public Health
10:15 - 10:30	<p>Prof. Jugal Kishore Director, Department of Community Medicine, VMMC and Safdarjung Hospital, New Delhi</p>	Integrating Traditional Medicine in Public Health System
10:30 - 10:45	<p>Prof. Suhel Parvez Toxicology Department, Jamia Hamdard, New Delhi</p>	Neuroinflammation and Motor Function Rescue: Unveiling Majun Falasfa's Role in Alzheimer's Disease Therapy
10:45 - 11:00	<p>Dr. Tasnim Vahed Unani representative and Chair of Professional board of Ayurveda, Chinese and Unani medicine (PBACMU) on the AHPCSA, South Africa</p>	Integrating Traditional Medicine into Health Care System.
11:00 - 11:15	<p>Mr. Mirrakhimov Jamshid Abdullayevich Head, Department/Director, The Ministry of Health/Republican Scientific-Practical Centre of Folk/Traditional Medicine, Uzbekistan</p>	Regulatory and legal bases of folk medicine in the Republic of Uzbekistan
11:15 - 11:30	<p>Dr. Riyaadh Mohamed Training and Research Medical Director, Ibn Sina Institute of Tibb, South Africa</p>	The Ibn Sina Institute of Tibb: Integrating Unani-Tibb into the South African Healthcare System.



Scientific Session-III | 10:00 - 11:30 | Hall -6

Theme: Integrating Traditional Medicine into Healthcare Systems

Rapporteurs

Dr. Pradeep Kumar, Research Officer (Pathology), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

Dr. Jamal Akhtar, Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

Dr. Fouzia Bashir, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

11: 30 AM - 11:45 AM | Tea Break



Panel Discussion –II |11:45 - 13:00 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country perspective

Moderators	<p>Dr. N. Zaheer Ahmed, Director General, Central Council for Research in Unani Medicine, New Delhi.</p> <p>Dr. Geetha Krishnan G Pillai, Unit Head, Traditional Medicine Research and Evidence, WHO Global Traditional Medicine Centre, Universal Health Care-Life course, WHO HQ.</p>
Panellist	<p>Prof. Mohamed Shiffa, Prof., Dept. of Unani Clinical Medicine, Faculty of Indigenous Medicine, University of Colombo, Srilanka.</p> <p>Ms. Yuldasheva Umedakhon Pulatovna, Dean & Assoc. Prof., Faculty of Pharmacy, Avicenna Tajikistan State Medical University, Tajikistan</p> <p>Dr. Benazir Fahimuddin Quraishi, Medical Director, Unani Physician Wafi Hospitality L.L.C Dubai, UAE.</p> <p>Mr. Rakhimkulov Farkhod Abduraufovich, Head, Secretariat of Minister in the Ministry of Health, Uzbekistan.</p>
Rapporteurs	<p>Dr. Amanullah, Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p> <p>Dr. Mohd. Wasim Ahmed, Research Officer (Unani), Drug Standardization Research Institute, Ghaziabad</p> <p>Dr. Mantasha, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p>

13:00 - 14:00 | Lunch Break



11:45 AM - 1:00 PM | Scientific Session-IV | Hall-4

Theme: Development of Unani Ahar (Diet): through Scientific Approach

Chairpersons	<p>Prof. Abdul Quavi, Principal & Medical Superintendent, State Takmil-ut-Tib College and Hospital</p> <p>Dr. Asma Sattar, Research Officer I/c, Drug Standardization Research Institute, Ghaziabad</p>	
Time	Speaker Name	Topic
11:45-12:00	Prof. Asia Sultana, Head , Department of Ilaj bil Tadbir, AKTC, Aligarh Muslim University, Aligarh	Colonisation of Indian food Industry: Legacy and Modern health challenges
12:00 - 12:15	Prof. Geer Mohammad Ishaq Dept. of Pharmaceutical Sciences, University of Kashmir, J&K	Emerging role and significance of Unani Medicine in the world of integrative, holistic and lifestyle medicine
12:15 - 12:30	Dr. Khalid Zaffar Masoodi Associate Prof./Senior Scientist, Division of Plant Biotechnology, SKUAST-K, Srinagar	Magic food from Himalaya against prostate cancer.
Rapporteurs	<p>Dr. Noman Anwar, Research Officer (Unani), Scientist-II, Regional Research Institute of Unani Medicine, Chennai</p> <p>Dr. Khadijah Abdul Hafeez, Research Officer (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p> <p>Dr. Gulwaiz Akhtar, Senior Research Fellow (Botany) Drug Standardization Research Unit, New Delhi.</p>	

13:00 - 14:00 | Lunch Break



Scientific Session-V |11:45 – 13:00| Hall -5

*Theme: Harnessing Artificial Intelligence and Machine learning for Ayush/ Traditional Medicine:
Prospects and Challenges*

Chairpersons	<p>Dr. Mohammad Kamil, Director General Lotus Holistic Health Institute, UAE</p> <p>Dr. Ziaul Haq Siddiqui, Deputy Director, Regional Research Institute of Unani Medicine, Delhi.</p> <p>Dr. Mohammad Zubair, Head Sales & Medico Marketing, Hamdard Laboratories, New Delhi.</p> <p>Dr. Akhtar Hussain Jamali, Research Officer I/c, Regional Research Institute of Unani Medicine, Silchar</p>	
Time	Speaker Name	Topic
11:45-12:00	<p>Dr. Khalid Raza Associate Professor, Department of Computer Science, Jamia Millia Islamia, New Delhi</p>	Empowering Unani System of Medicine with AI and Machine Learning: Prospects & Challenges
12:00 - 12:15	<p>Dr. Sayeed Ahmad Head, Dept. of Food Technology, SIST, School of Pharmaceutical Education & Research, Jamia Hamdard, New Delhi.</p>	Advanced analytical methods for Quality Control, pharmacokinetics and metabolomics of Unani Medicine
12:15 - 12:30	<p>Dr. Sandeep Chaudhary Dean, Associate Professor & HOD, Department of Medicinal Chemistry Bioactive Heterocycles and Catalysis Laboratory (BHC Lab), National Institute of Pharmaceutical Education and Research, Raebareli (NIPER-R)</p>	Artificial Intelligence and Machine Learning-Assisted Drug Discovery in Ayush/Traditional Medicine with special emphasis on Virtual Screening: Challenges and Opportunities
12:30-12:45	<p>Dr. Kushagra Khanna Head of Research, QS Coordinator & Industrial Coordinator Assistant Professor, Department of Pharmaceutical Technology. Faculty of Pharmaceutical Sciences. UCSI University, Kuala Lumpur, Malaysia</p>	Harnessing AI for Advancing the Unani System of Medicine: Formulation, Standardization Challenges and Opportunities
12:45-13:00	<p>Dr. Saketh Ram Thrigulla (Virtual), Research Officer (Ayurveda)-National Institute of Indian Medical Heritage, CCRAS, Hyderabad</p>	Specific Considerations for Responsible usage of AI for Unani System of Medicine and other Ayush Systems.



11:45 AM - 1:00 PM | Scientific Session-V | Hall-5

*Theme: Harnessing Artificial Intelligence and Machine learning for Ayush/ Traditional Medicine:
Prospects and Challenges*

Rapporteurs

Dr. Usama Akram, Research Officer (Unani), Scientist-II, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

Dr. Nighat Parveen, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

Dr. Taruba, Research Associate (Botany), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

13:00 - 14:00 | Lunch Break



Scientific Session-VI | 11:45 – 13:00 | Hall -6

Theme: Unani Perspectives on Mental Health and Well-Being

Chairpersons	<p>Prof. M. Idris, Former Principal & Dean , A & U Tibbia College, Karol Bagh, New Delhi</p> <p>Mr. Bakhodir Temirov, Deputy Director, Republican Scientific-Practical Center of Folk medicine, Ministry of Health, Uzbekistan.</p> <p>Prof. Aleemuddin Quamri, Prof & Head, Dept of Amraze Jild wa Tazeeniyat & Incharge, Moalajat, National Institute of Unani Medicine, Bengaluru</p> <p>Ms. Amina Al Haidan, Founder & Chairperson, Lotus Holistic Center & Institute, Abu Dhabi, UAE</p> <p>Dr. Rampratap Meena, Assistant Director (Chemistry), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p>	
Time	Speaker Name	Topic
11:45-12:00	Dr. Mujeeb Hoosen Coordinator, Unani Tibb, School of Natural Medicine Faculty of Community & Health Sciences, University of the Western Cape (UWC), South Africa	Transforming Unani Medicine: Spiritual Care Research in South Africa
12:00 - 12:15	Dr. Yumna Mayet Unani Tibb representative on the Allied Health Professions Council of South Africa (AHPCSA), South Africa	Ancient Wisdom, Modern Minds: Unani Medicine for a New Era in Mental Health and Wellbeing
12:15 - 12:30	Prof. Ashhar Qadeer Department of Kulliyat, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh	Unani Perspectives on Mental Health and Well-Being
12:30-12:45	Dr. MD. Imtaiyaz Hassan Assistant prof., Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi	Preparation and characterization of Unani plant extracts for targeting of Alzheimer's disease via modulation of human kinase
12:45-13:00	Dr. Nikhat Shaikh Research Officer (Unani), S-III, Regional Research Institute of Unani Medicine, Mumbai Reviving Regimenal Therapies	Evidence-Based Solutions for Mental Health and Disease



Scientific Session-VI | 11:45 – 13:00 | Hall -6

Theme: Unani Perspectives on Mental Health and Well-Being

Rapporteurs

Dr. Meena Kumari Nayak, Research Officer (Pathology), Regional Research Institute of Unani Medicine, New Delhi.

Dr. Shaista Urooj, Research Officer (Unani), Regional Research Institute of Unani Medicine, New Delhi.

Dr. Safdar, Research Associate (Unani), Regional Research Institute of Unani Medicine, New Delhi

13:00 - 14:00 | Lunch Break



Keynote Addresses |14:00 - 15:30 | Plenary Hall

Theme: Unani Perspectives on Mental Health and Well-Being

Keynote Speakers	<p>Dr. Mogana Sundari Rajagopal, Dean, Faculty of Pharmaceutical Sciences, UCSI, University of Kuala Lumpur, Malaysia.</p> <p>Prof. Arman Zargaran Vice, International Affairs, Ministry of Health and Medical Education and Assoc. Prof., Traditional Pharmacy, Tehran University of Medical Sciences, Iran.</p>
Rapporteurs	<p>Dr. Ahmed Sayeed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.</p> <p>Dr. Priyanka Verma, Research Officer (Chemistry), Regional Research Institute of Unani Medicine, New Delhi.</p> <p>Dr. Humaira Shazia, Senior Research Fellow (Unani), Regional Research Institute of Unani Medicine, New Delhi.</p>

15:30 - 15:45 | High Tea



Scientific Session-VII |14:00 - 15:30 | Hall -4

Theme: Translational Research in Unani/Traditional Systems of Medicine

Chairpersons	<p>Mr. Rakhimkulov Farkhod Abduraufovich, Head, Secretariat of Minister in the Ministry of Health, Uzbekistan.</p> <p>Dr. Mujeeb Hoosen, Coordinator of Unani Tibb, School of Community and Health Sciences, University of Western Cape, South Africa.</p> <p>Dr. Parvez Khan, Research Officer I/c, Regional Research Institute of Unani Medicine, Aligarh.</p>	
Time	Speaker Name	Topic
14:00 – 14:15	Prof. Farhan Jalees Dept. of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Humdard, New Delhi	Exploring New Drug Delivery System in Traditional Medicine.
14:15- 14:30	Dr. SM. Raeesuddeen Former Visiting Faculty, Hamdard University Bangladesh. Former Senior Lecturer, FIM, University of Colombo, Sri Lanka	Evaluation of the anticancer potential of the Unani formulations Dawa ul kurkum
14:30- 14:45	Dr. Ahmad Ali Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences University of Mumbai	Molecular Insights into the anti-inflammatory property of Unani Formulations.
14:45-15:00	Prof. Shama Parveen Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi	Evaluation of Antiviral Activities of Unani Drugs against Dengue Virus
15:00- 15:15	Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka	Physicochemical characterization and in-vitro anti-inflammatory activity of Kushta Gaodanti A Unani Herbo-Mineral Preparation
15:15- 15:30	Prof. Kumud Bala Department of Biotechnology, Amity University, Noida	Anti-cancerous efficacy of Unani formulation Majoon Najah on cervical carcinoma.
Rapporteurs	<p>Dr. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.</p> <p>Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.</p> <p>Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p>	

03:30 PM-03:45 PM | High Tea



Scientific Session-VIII |14:00 - 15:30 | Hall -5

Theme: Advancements in Regimenal Therapies (Ilaj bil Tadbir)

Chairpersons	<p>Prof. Alireza Abbassian, Head, Traditional Medicine Dept., School of Persian Medicine, Tehran University of Medical Sciences, Iran</p> <p>Prof. Ir Dr. Jimmy Mok Vee Hoong, Pro Vice Chancellor, UCSI University, Springhill Campus, Malaysia</p> <p>Dr. Rashidullah Khan, Assistant Director, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi</p>	
Time	Speaker Name	Topic
14:00 - 14:15	Dr. Ghazala Mulla Head of Dept. of Physiology, Z.V.M. Unani Medical College & Hospital, Pune, Maharashtra	Redefining Therapeutic Interventions: Cutting Edge Development in Ilaj bil Tadbir
14:15- 14:30	Prof. Abdul Nasir Ansari Former Director (I/c), Professor & HOD of Ilaj-bil-Tadbir, National Research Institute of Unani Medicine, Bengaluru	Intervention of IBT in neurorehabilitation
14:30- 14:45	Prof. Mohd. Anwar Department of Ilaj-bil-Tadbir, Aligarh Muslim University	Advancing Musculoskeletal Care: Evidence-Based Insights into Regimenal Interventions.
14:45-15:00	Dr. Mohd. Afsahul Kalam Research Officer, Scientist-II, Regional Research Institute of Unani Medicine, Srinagar	Ilaj-bil-Tadbir (regimenal therapy) recent development and future prospects
15:00- 15:15	Dr. Azhar Jabeen Associate Professor, Dept. of Moalajat, Jamia Hamdard, New Delhi	Scientific innovations in Ilaj-bil-Tadbir for health care
15:15: 15:30	Dr. Mohammad Zakir Research Officer (Unani) Scientist-III, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad	Assessment of efficacy of ijāma bi'l Shar (Wet Cupping Therapy) in Waja'al-Mafāsil (Knee Osteoarthritis) using Biomarkers as outcome measure
Rapporteurs	<p>Dr. Neelam Quddusi, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.</p> <p>Dr. Ghazala Fatima, Research Officer (Unani), Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.</p> <p>Dr. Nikhat Fatima, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p>	

03:30 PM-03:45 PM | High Tea



Scientific Session-IX | 14:00 - 15:30 | Hall -6

Theme: Evidence Based Recent Research Trends in Unani Medicine

Chairpersons	<p>Dr. Sunchu Glory Swarupa, Director General, National Institute for Micro Small and Medium Enterprises (NI-MSME), Hyderabad</p> <p>Dr. A. Ameer Jahan, Advisory Committee Chairman, Tamil Nadu Medicinal Herbal Cultivator M/o Industries & Commerce, Govt. of Tamil Nadu.</p> <p>Dr. Sharifah Firyelhana Binti Syed Abdul Rahman, Disciplinary and Ethics Unit Traditional and Complementary Medicine Council Section, Traditional and Complementary Medicine Division, Ministry of Health, Malaysia</p> <p>Dr. Pradeep Multani, Chairman Emeritus, Multani Pharmaceuticals Limited.</p> <p>National Prof. AK Azad Khan, President, Diabetic Association of Bangladesh & Regional Chair, South East Asia, IDF, Bangladesh.</p> <p>Dr. Ghazala Javed, Assistant Director (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</p> <p>Dr. Irfat Ara Gurkoo, Deputy Director, Regional Research Institute of Unani Medicine, Srinagar.</p>	
Time	Speaker Name	Topic
14:00 – 14:12	<p>Dr. Saif Ahmad Associate Professor in Translation Neuroscience/Neurosurgery Department, Barrow Neurological Institute (BNI), Phoenix, AZ, USA.</p>	Role of 3-acetyl-11-keto- β -boswellic acid (a derivative of Kundur- <i>Boswellia serrata</i>) in Traumatic Brain Injury
14:12- 14:24	<p>Dr. Maryam Sarwat Amity Institute of Pharmacy, Amity University, Sector- 125, Noida (U.P)</p>	Evaluation of the anticancer potential of the Unani formulation Dawa ul kurkum
14:24- 14:36	<p>Dr. M. Shahar Yar School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi</p>	Development and Preclinical Investigation of the Antioxidant and Anticancer properties of a Unani formulation in Hepatocellular Carcinoma
14:36-14:48	<p>Dr. Jasbir Kaur Ocular Biochemistry, Dr. R.P. Centre for Ophthalmic Sciences, AIIMS, New Delhi</p>	Therapeutic potential of Unani formulation in the management of Glaucoma - a silent killer of vision.
14:48- 15:00	<p>Dr. Mohammad Kamil Director General Lotus Holistic Health Institute, UAE</p>	History and Research Trends in Unani Medicine- Experience Sharing

Scientific Session-IX | 14:00 - 15:30 | Hall -6

Theme: Evidence Based Recent Research Trends in Unani Medicine

Time	Speaker Name	Topic
15:00: 15:12	Prof. Arshiya Sultana Dept. of Ilmul-Qabalat-wa-Niswan, National Institute of Unani Medicine, Bengaluru	Unani medicine as a therapeutic approach for premenstrual syndrome: a systemic review and meta-analysis of randomized control trial.
15:12-15:24	Dr. Saba Naqvi Assistant Professor, Department of Pharmacology (NIPER), Raebareli	Pharmacological role of natural products based nano platforms in neurodegenerative disease.
Rapporteurs	Dr. Abdul Raheem , Research Officer (Unani), Scientist-IV, Regional Research Institute of Unani Medicine, New Delhi Dr. Kiran Negi , Research Officer (Botany), Drug Standardization Research Unit, New Delhi Dr. Zeba Afrin , Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi	

03:30 PM-03:45 PM | High Tea

03:45 PM-04:00 PM | Assemble for Valedictory Session

04:00 PM - 05:00 PM | Valedictory Session

Rapporteurs

Dr. Pawan Kumar, Research Officer (Pathology), Scientist-IV, Central Council for Research in Unani Medicine, New Delhi.

Dr. Zaki Ahmed Siddiqui, Research Officer (Unani), Scientist-IV, Regional Research Institute of Unani Medicine, New Delhi.

Dr. Urooj, Research Officer (Pharmacology), Scientist-I, Central Council for Research in Unani Medicine, New Delhi.

Dr. Fouzia Bashir, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

Resource Persons



Ajay Shukla

Director & Medical Superintendent, Atal Bihari Vajpayee Institute of Medical Sciences &
Dr. Ram Manohar Lohia Hospital, New Delhi.

Professor Ajay Shukla is an eminent orthopaedic surgeon, who is presently the Director & Medical superintendent, Atal Bihari Vajpayee Institute of Medical Sciences & Dr. Ram Manohar Lohia Hospital, New Delhi. With an illustrious career of over 34 years in clinical, surgical, teaching and research, Prof. Shukla has published several research papers in journals of national and international ranking.

As Director & Medical Superintendent Atal Bihari Vajpayee Institute of Medical Sciences & Dr. Ram Manohar Lohia Hospital, New Delhi since 4th May, 2023, he is committed to make the institution at par with the global development and promotion of qualitative research. Under his vision and control, the institution National Best Institution Award' given by 31st Business school affairs & Dewang Mehta National Education Leadership Awards in November, 2024 and second prize in Kaya kalp Award for the year 2023-24, an all India level award constituted by Ministry of Health & Family Welfare, GOI.

Dr. (Prof) Ajay Shukla is the elected president of the Delhi Orthopaedics Association (DOA). He has won Health Care Achievers Award 2023 "outstanding Health care professional of the year- Orthopaedic" By worldwide achievers at Hotel Shangri La Eros, New Delhi. He also won the Diamond Jubilee Year Award 2023 by Delhi Medical Association "legendary Medical Professional to recognize his significant contribution in the field of Medical Administration & Education" at India Habitat Centre, New Delhi.

Dr. (Prof) Ajay Shukla has been elected as President of Delhi Orthopaedics Association (President Elect) from 5th November 2023 to 9th November 2024 and President of Delhi orthopaedics Association IDOAJ from 10th November to till date.

Dr. (Prof) Ajay Shukla has done his MBBS from GSVM Medical College, Kanpur under Kanpur University in the year 1987 and done-. MD (orthopaedics) from GSVM Medical college, Kanpur under Kanpur university in the year 1991. He has joined Dr. Ram Manohar Lohia Hospital, New Delhi in May 2005 and became Head of the department of orthopaedics in the year 2018 and held office till he became Director & Medical Superintendent.



Asim Ali Khan

Dean, School of Unani Medical Education & Research, Chief Medical Superintendent and Co Director of Centre of Excellence at Jamia Hamdard (University), New Delhi

Prof. Asim Ali Khan is the Dean, School of Unani Medical Education & Research, Chief Medical Superintendent and Co Director of Centre of Excellence at Jamia Hamdard (University), New Delhi. He is coordinating all academic and research activities at this School and is also directing / supervising the clinical activities at the attached 100 bedded Majeedia Unani Hospital. He is the Chairperson of Scientific Advisory Committee of Central Council of Research in Unani Medicine. At Bureau of Indian Standards, he is the Chairperson of the committee on Unani Medicine (AYD-04) and Member of the Ayush Advisory Committee.

He is the former Director General of Central Council for Research in Unani Medicine, Ministry of AYUSH, Government of India, (till March 2023) a leading institution of scientific research into various fundamental and applied aspects of Unani Medicine.

He is the former member of National Commission for Indian System of Medicine (NCISM), where he was responsible for Policy making, Planning, implementation and Governance of Quality Education, Training and Researches in Ayurveda, Unani & Sidha Sciences through educational institutions in India. During his tenure as Director General, CCRUM, he was also holding the additional charge of Advisor Unani to Ministry of Ayush, Govt. of India.

Having PhD in Public Health, Post Graduate Degrees in Unani Medicine (MD Unani) & Management (MBA in HRM), he is a Professor of Unani Medicine and has served in many academic and administrative capacities including International Students' Advisor at Jamia Hamdard University, New Delhi. In the last few years he has played an active role with World Health Organization (WHO) team in developing the 'Benchmarks for Education' & 'Benchmark for Practice' in Unani medicine and Standard Unani Terminology Document.

He is member on various important committees of Govt. of India and many educational institutions/universities. He has guided many research studies of Post Graduate Unani & management Scholars and has mentored / guiding several PhD Scholars.

He has more than 130 publications including research papers, Books, Chapter in Books and Articles. He has received more than 26 appreciations/ awards from various organizations as an appreciation for the services he rendered on various occasions. Recently he has been awarded with 'Sheikh Zayed International Award' by Shiekh Zayed Foundation, Abu Dhabi, UAE for his contributions in Unani Medicine Academics.



AK Azad Khan

President, Diabetic Association of Bangladesh & Regional Chair
South East Asia, IDF

Prof A K Azad Khan graduated from Dhaka Medical College in 1965. He obtained fellowship from College of Physicians & Surgeons, Pakistan in 1970 and was awarded gold medal for best performance in the whole country. He obtained D. Phil from University of Oxford in 1977. During his D. Phil research, he invented of 5 ASA-based drugs which is still the main long term treatment for Inflammatory Bowel Disease (IBD). He was awarded Honoris Causa from the University of Basel, Switzerland in 1999, honorary FRCP from Royal College of Physician in 2001. He was made a Fellow of the Bangladesh Academy of Sciences in 2001. He was made an honorary Fellow of the University College London in 2012. He is an honorary member of IDF.

He was elected Secretary General of the Diabetic Association of Bangladesh in the year 1998 and remained in this capacity until March 2007, when he was elected the President of the Association (Continuing). He is now Chairman, Board of Trustees, Bangladesh University of Health Sciences, Chairman, Governing Body, Ibrahim Medical College.

He was also founder President of the Bangladesh Gastroenterology Society and now serves as its Honorary President (for Life). Additionally, he is a member of the Board of Trustees of Hamdard University, Bangladesh. He was made a National Professor by the Govt of Bangladesh in May 2021. Prof. AK Azad Khan has published more than two hundred and forty seven scientific publications in reputed peer review journals. He has also contributed chapters in eight books on medical sciences. He has presented scientific papers in numerous international and national meetings and delivered special lectures and orations in many scientific meetings.

Apart from professional articles he has written-several popular articles and books on health and health related matters. He has received several awards like He received "The Independence Day Award 2018" from the Govt of Bangladesh for Social services. This is the highest National Award.



Abdul Nasir Ansari

Professor, Department of 'Ilāj bi'l Tadbīr, National
Institute of Unani Medicine, Bengaluru

Dr. Abdul Nasir is currently working as Professor in Department of 'Ilāj bi'l Tadbīr at NIUM, Bengaluru. He has published more than seventy-five research and review articles in peer-reviewed and indexed journals of National and International repute. He has mentored over more than 25 post graduate scholars as a Guide and Co-Guide for their theses. He has also served as Director Incharge at NIUM Bengaluru. Dr. Nasir was recognized as super specialist in Neurology by Unani Medical Association during the 17th UMA Excellence Award distribution on 14th Feb, 2018. He is a member of NABH committee at NIUM and NABH approved assessor. He has delivered more than 35 extension lectures in different academic programs. He developed the "Neurology Unit", the only speciality ward in NIUM hospital which caters to Neuro-rehabilitative services in the disability management of stroke patients. He has treated more than thirty thousand patients on OPD basis and three thousand on IPD basis. He has established working synergism between Regimenal therapy and physiotherapy.



Abdul Quavi

Principal and Superintendent, State Takmeel-ut-tib College and Hospital
Lucknow, Uttar Pradesh

Dr. Abdul Quavi obtained the degree of MD in Moalajat from Rajiv Gandhi University of health sciences, NIUM, Bangalore in 2010. He is working as acting Principal and Superintendent in State Takmeel-ut-tib College and Hospital, Lucknow, UP, since December, 2023 till date. He served as Professor and HoD, Ilmul Jarahat in Al-Farooque Unani Medical College and Hospital, Indore M.P, since Feb 2012 up to December 2015. He delivered several lectures as resource person in CME organized by various organizations. He was invited as expert for training of Hijama and regimenal therapies to Unani Scientists at different institute of CCRUM under Ministry of Ayush in 2016. He is also working as Unani consultant in Uttar Pradesh Vidhansabha Sachivalya, Lucknow, U.P. He also worked as Hijama (cupping) consultant in Central Research Institute of Unani Medicine, Lucknow, by order of Ministry of Ayush, GOI.

Dr Abdul Quavi has published multiple research papers and review articles in National and International journals of repute, book chapters and books. He was awarded by Deputy Chief Minister (**Honorable Mr. Dinesh Sharma**) of U.P. for excellent work for Yoga training arrangement on 21, June 2018 in Governor House, Lucknow, UP.



Ahmad Ali

Assistant Professor (Senior), Department of Life Sciences
University of Mumbai, Mumbai

Dr. Ahmad Ali is currently working as Assistant Professor (Senior) in the Department of Life Sciences, University of Mumbai, Mumbai, India. Earlier he worked in the National Institute of Pharmaceutical Education and Research (NIPER). He studied at Jamia Hamdard, New Delhi and University of Mumbai obtaining his M. Sc. and Ph. D degree in Biochemistry and Life Sciences respectively. He has over 18 years of teaching and research experience. Presently he is heading the Molecular Biochemistry Laboratory in the Department where he is supervising M.Sc. and Ph. D students. His areas of research are Protein and DNA Biochemistry with special contributions on Glycation of biomolecules, DNA damage and therapeutic potential of natural products. He has also made significant contributions in the area of artificial sweeteners and their role in the process of glycation. Cyanobacterial systems are another thrust area in his lab where researchers are exploring various applications of these organisms in the field of bioremediation, cosmetics and health benefits. He has received several extramural grants from Government and private funding agencies.

He has contributed more than 90 research articles in peer-reviewed national and international journals. He is also the author of one book and has contributed over 40 book chapters published by Springer, Taylor & Francis and Elsevier publishing houses. He has presented his work in many international and national conferences as Invited Speaker and Resource person. He has also worked as a Member of the Organizing Committee for many of these conferences. Recently he visited University of Debrecen, Hungary as Visiting Faculty and University of Agricultural Sciences and Veterinary Medicine, Cluj-Napoca, Romania on Erasmus Mobility Program.



Akhter Hussain Jamali

Research Officer Incharge, Regional Research Institute of Unani Medicine
Silchar, Assam, Under, CCRUM, Ministry of Ayush, Govt. of India

Dr. Md. Akhter Hussain Jamali, *BUMS, MD (Tahaffuzi wa Samaji Tibb)*, is a dedicated professional in Unani Medicine, currently serving as the Research Officer Incharge at the Regional Research Institute of Unani Medicine (RRIUM) in Silchar. With over 14 years of experience in clinical practice and research, Dr. Md. A. H. has made significant contributions to the advancement of Unani medicine in India. Dr. Jamali completed his Bachelor of Unani Medicine and Surgery (BUMS) from Ajmal Khan Tibbiya College, AMU, Aligarh, in 2005, and earned a Doctor of Medicine (MD) in Tahaffuzi wa Samaji Tibb (Preventive and Social Medicine) from the National Institute of Unani Medicine, Bengaluru, in 2010.

Since the inception of RRIUM-Silchar in November 2022, Dr. Jamali has been instrumental in its development, overseeing key research and clinical initiatives focused on advancing Unani Medicine through evidence-based practices. He has authored 15 peer-reviewed research papers and presented 20 papers at national and international seminars. He has also participated in more than 10 workshops. He has also been instrumental in organizing significant events. Notably, he successfully organized a Seminar on Pharmacovigilance at RRIUM-Silchar, furthering awareness and discussion on the safety and efficacy of Unani Medicines.

Dr. Jamali played a vital role in establishing RRIUM-Silchar and the Clinical Research Unit (Unani) in Imphal, Manipur, expanding the reach and impact of Unani medicine. His research and clinical focus are primarily on treating skin conditions and lifestyle disorders, areas where Unani Medicine has shown significant promise. With a holistic approach to patient care, Dr. Jamali continues to explore new avenues for integrating Unani principles with modern medical practices to offer effective treatments for a wide range of health issues.

As a leader, researcher, and clinician, Dr. Jamali continues to make profound contributions to Unani medicine. His dedication to advancing the practice, his research initiatives, and his contributions to establishing critical institutions make him a key figure in the ongoing development of traditional medicine in India.



Alireza Abbassian

Assistant Professor, Department of Traditional Medicine
School of Persian Medicine, Tehran University of Medical Sciences, Tehran- Iran

Dr. Alireza Abbassian has graduated from Tehran University of Medical Sciences (TUMS) as a Doctor of Medicine (M.D.) in 2004. He also received his Ph.D. degree in traditional Persian Medicine from TUMS in 2012.

He has received National and International awards for his contributions to research and education, including the Armenian Medical Association Award, Yerevan, Armenia (2005) and the award of National Festival of Persian (Sinavi) Medicine (2018).

As a scholarship for Ph.D. program, he has traveled abroad to collaborate with low back pain research team in La Trobe University, Melbourne, Australia. He has actively contributed to the World Health Organization (WHO) initiatives, serving as expert in multiple meetings, including WHO Meeting on Developing National Policy and Regulation of Traditional Medicines (Macao, China, 2015), WHO Meetings on Benchmarks for Training and Practice of Unani (Persian) Medicine, and the development of terminology document (India, 2018, 2019).

Currently, he is an Assistant Professor at the School of Persian Medicine and serves as the Chair of the Department of Traditional Medicine, School of Persian Medicine at Tehran University of Medical Sciences. His fields of interest are history of ancient medicine, low back pain and sciatica, joint pain, and the integration of traditional medicines in mainstream health systems.



Amisha Vora

Associate Professor, SPP School of Pharmacy & Technology Management
SVKM's NMIMS, Mumbai

Dr. Amisha Vora is an Associate Professor in SPP School of Pharmacy & Technology Management, SVKM's NMIMS, Mumbai. She is Ph. D in Pharmaceutical Sciences from NMIMS, Mumbai. She has a vast teaching experience of 20 years. She is actively involved in research in different areas which includes standardisation of herbal drugs and formulations using HPLC, HPTLC and LC-MS/MS. Besides, she has experience in designing in-vitro assays and bio-analytical studies. She is actively involved in pre-clinical studies of Ayurvedic and Unani formulations as well as herbal extracts. She has multiple publications in peer-reviewed journals and a patent to her credit. She has supervised over 40 M.Pharm students and currently guiding three Ph. D students conducting research on evaluation of natural products in Alzheimer's disease and chronic kidney disease. She has successfully completed various industry projects involving standardisation of Curcumin formulations and impurity profiling of various drugs using sophisticated analytical methods.



Arzeena Jabeen

Asst. Director, National Research Institute of Unani Medicine for
Skin Disorders (NRIUMSD), Hyderabad

Prof Arzeena Jabeen, Asst. Director, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad is a Unani Researcher, currently working as Principal & Coordinator of the PG programme at National Research Institute of Unani Medicine for Skin Disorders, Hyderabad as well as medical superintendent of IPD at NRIUMSD. She has graduated from Dr N.T.R University of health sciences, Vijayawada, Andhra Pradesh with gold medal in General medicine.

She has done MD from Dr N.T.R University of health sciences, Vijayawada, Andhra Pradesh. She has been into research since 1996 and has been associated with many Research projects, to name a few, research on Hypertension, Diabetes, Vitiligo, Psoriasis, Sinusitis, etc. She has published several research papers in various international, peer-reviewed and reputed journals. She has guided MD and PhD scholars of Moalajat (General Medicine). She has also participated as a resource person in CMEs/workshops/seminars.



Arman Zargaran

Vice for International Affairs, Ministry of Health & Education, Iran
Associate Professor of Traditional Pharmacy at Tehran University of Medical Sciences

Dr. Arman Zargaran, a distinguished scholar in the field of traditional pharmacy, was born in Tehran, Iran, in 1985. He completed Pharm.D and Ph.D from Shiraz University of Medical Sciences, Iran. Since 2016, Dr. Zargaran has been a faculty member at Tehran University of Medical Sciences, where he currently holds the position of Associate Professor of Traditional Pharmacy. In 2023, he was appointed Head of the Department of History of Medicine, and he also serves as Director of International Affairs Development at the University. In addition to his academic roles, Dr. Zargaran holds a key position in the Ministry of Health as Vice for International Affairs at the Office of Persian and Complementary Medicine. Notably, he is the youngest member of the prestigious International Academy of History of Pharmacy.

Dr. Zargaran's outstanding research contributions have earned him recognition as one of the top 2% cited scientists globally. A prolific author, Dr. Zargaran has published 10 books and over 200 papers in reputable, peer-reviewed international journals, achieving an impressive h-index of 26 in Scopus.



Arshiya Sultana

Professor, Department of Ilmul Qabalat wa Amraze Niswan (Obstetrics and Gynecology)
National Institute of Unani Medicine (NIUM), Ministry of Ayush, Bengaluru

Prof. (Dr.) Arshiya Sultana is currently serving as a Professor in the Department of Ilmul Qabalat wa Amraze Niswan (Obstetrics and Gynecology) at National Institute of Unani Medicine, Bengaluru. With 22 years of combined clinical, teaching, and research experience, she has dedicated 4 years and 3 months to undergraduate teaching and 17 years to postgraduate teaching. She has successfully supervised 36 postgraduate scholars. She has previously served as the Deputy Medical Superintendent and NABH coordinator. Additionally, she is a Principal NABH Assessor and a MARBISM Assessor for Unani Medicine.

She was consecutively honored with the National Awards "Young Scientist Award 2017-18", "Best Research Paper Award 2018-19", and "Best Teacher Award 2019-20" for clinical research and teaching in Unani Medicine by the Central Council for Research in Unani Medicine (CCRUM), Ministry of AYUSH, Govt. of India. She is credited with 136 Research and review publications at National and International Indexed Scientific Journals; Penned 2 books, 23 Chapters; with over 1150 citations; and cumulative impact factor IF: 75.881. She has been involved in 85 programs which shows her significant commitment to sharing expertise and contributing to the professional development of others in her field. She has successfully organized many National and International Programs as organizing Chairperson, Co-chairperson, Nodal officer and Co-ordinator.



Ashhar Qadeer

Professor, Department of Kuliyat, Faculty of Unani Medicine
Aligarh Muslim University, Aligarh

Prof. Ashhar Qadeer is one of the leading representatives of Unani Medicine holding qualification of BUMS, M.D, and Ph.D. His expertise lies in the Basic Principles of Unani Medicine with a historical perspective. Currently, he is serving as a Professor in the Department of Kuliyat, Faculty of Unani Medicine at Aligarh Muslim University, Aligarh. With a remarkable career spanning 28 years, Prof. Qadeer has established himself as a renowned scholar of Unani Medicine. His academic contributions include 29 books, 57 research papers, 2 monographs, 14 book chapters, 1 edited book, 10 book reviews, 5 forewords, and 153 articles, all of which are widely read and frequently cited.

He has also played a significant role in academic and professional circles, having appeared in around 144 capacities as a resource person, guest speaker, chairperson, and subject expert.

He has also been conferred with 8 prestigious awards at the state and national level for his scholarly writings and dedicated efforts in promoting Unani medicine.

Prof. Qadeer is not only recognized in Unani medical field but his name is also enlisted in other groups of experts, he has been invited several times as a guest speaker at seminars and conferences organized by the committees dealing with Ayurveda, Tibetan medicine, Medical History and Arts. The academic journey has taken him across many counties and continents.



Ashok Jindal

Executive Director and CEO
AIIMS, Raipur

Lt. Gen. Ashok Jindal is a graduate of the Armed Forces Medical College (AFMC), Pune. He did his MD in Community Medicine & Diploma in Industrial Health from the same college & Ph. D from JNU, Delhi. He holds the distinction of being the first doctor to be awarded Yuddh Seva Medal by the President of India, for skillful management of battle casualties during attack by Pakistan at a height of 19000 ft on Siachen Glacier in 1987. The General has been awarded Lt Gen BD Varma Silver Medal, Army Commanders award twice for the best paper and Saroj Jha Award. He has 50 research publications to his credit & was nominated as member of the Task Force for evaluation of the HIV/AIDS program in Maharashtra by UNICEF.

He was awarded Param Vishisht Seva Medal by the President of India for his distinguished service of the most exceptional order. After almost 40 years of Army service, he has taken over as Executive Director and CEO of AIIMS, Raipur this year. He is also a member of the Governing Body of Pandit Deendayal Upadhyay Memorial Health Science & Ayush University of Chhattisgarh.



Asma Sattar Khan

Research Officer, In-Charge
Drug Standardization Research Institute (CCRUM), Ghaziabad

Dr. Asma Sattar Khan is currently serving as Research Officer, In-Charge in Drug Standardization Research Institute, Ghaziabad. She completed M.Sc. (Chemistry) in 1993 from Lucknow University. She also got Ph.D. in 2000 from Lucknow University. Before joining CCRUM, she worked as lecturer from 1998 to 2006 in Amiruddaula Islamia Degree College, Lucknow.

She has given prolific contribution in the publication of various Unani Pharmacopoeias. To her credit, she has more than 80 research articles published in various National and International journals of repute. She attended more than 50 seminars/ conferences of associated subjects. She also completed WHO training programme of herbal medicines in 2015 in Shanghai, China. Apart from having more than 19 years of research experience in the field of drug standardization, she has a stint as In-charge of Drug Standardization Research Unit (CCRUM), New Delhi from 2017-2020. She has become in-charge of DSRI, Ghaziabad in 2020. Since then, the Institute has achieved new milestones in the field of pharmacopeial research under her productive guidance. Because of her firm adherence to high quality research work, DSRI, Ghaziabad became the first Institute of CCRUM to get NABL accreditation for drug testing in 2024.



Athar Parvez Ansari

Research Officer (Unani)/ S-2, RRIUM, Chennai, CCRUM,
Ministry of Ayush, Govt. of India

Dr. Athar Parvez Ansari, MD (Unani Pharmacology) is currently serving as Research Officer (Unani)/ Scientist Level- 2 at Regional Research Institute of Unani Medicine, Chennai, under CCRUM, Ministry of Ayush, Govt. of India. Dr. Ansari is also the Coordinator of NABH and Peripheral Pharmacovigilance Centre at RRIUM, Chennai. He has expertise in the field of pre-clinical research, clinical research, drug standardization research, Unani pharmacology, Unani pharmaceuticals, and NABH. He has 5 years of academic experience at postgraduate level in Unani medicine, and supervised the dissertation work of M. D. scholars. He has completed many clinical, pre-clinical, and drug standardization research projects in Unani medicine. As Principal Investigator, he designed and got the approval of 5 research projects under Intra Mural Research (IMR) Scheme of CCRUM, New Delhi. Under his coordination, the Regional Research Institute of Unani Medicine, Srinagar, got accredited as the 2nd NABH-accredited hospital of CCRUM. He was associated with the Centre of Excellence project on *Ilaj bi'l Tadbir* (Regimenal therapy) at RRIUM, Srinagar. He has been instrumental in making functional the state-of-the-art GMP-certified Pharmacy and full-fledged *Ilaj bi'l Tadbir* (Regimenal Therapy) Unit at RRIUM, Chennai. As Principal Investigator, recently, he got the approval for the Establishment of the first Medical and Wellness Tourism in Unani medicine and In-Silico Lab, at RRIUM, Chennai. He is also associated with technical and scientific committees of RRIUM, Chennai, and other institutions. He has delivered many scientific talks in various Seminars, Webinars, Conferences, and CMEs. So far, he has published more than 60 research and review papers, including 4 book chapters in reputed and peer-reviewed journals.



Asia Sultana

Chairperson, Department of 'Ilāj bi'l Tadbīr (Regimenal Therapy)
Faculty of Unani Medicine, Aligarh Muslim University, Aligarh

Prof. Asia Sultana is a distinguished professor serving as a chairperson in the Department of 'Ilāj bi'l Tadbīr (Regimenal Therapy), Faculty of Unani Medicine, Aligarh Muslim University, Aligarh. Prof. Asia has around 25 years of academic and research experience, she is widely recognized for her contribution towards the promulgation of Unani Medicine at national and international levels. Before joining Aligarh Muslim University, she has served Hamdard University, New Delhi as an Assistant Professor and consultant physician for more than 11 Years. She has remained actively engaged in innovative teaching and research guidance at both the prestigious universities.

Her area of interest and research includes management of lifestyle disorders through holistic healing. She has guided several thesis on holistic healing to generate structured data. She has contributed research publications in various National and International peer reviewed research journals and is the chief editor of two indexed research journals and she is also an Associate Editor and Reviewer of multiple scientific journals. She has received numerous accolades including Hakeem Abdul Razzak International Award-2022 in the field of research and development of Unani Medicine.



Azhar Jabeen

Associate Professor, Moalajat Department
School of Unani Medical Education and Research, Jamia Hamdard

Dr. Azhar Jabeen is an Associate Professor and Unani Physician in the Department of Moalajat, School of Unani Medical Education and Research, Jamia Hamdard. She holds BUMS and MD in Moalajat (Medicine) from Jamia Hamdard and has over 18 years of experience in Academic and Research. She supervised numerous MD theses in Unani medicine and actively engaged in Clinical research in Unani Medicine. She has carried out several clinical trials in the Unani system of Medicine and has collaborated in a number of research projects with other Departments and Institutes.

She has gained her skills in designing and conducting clinical studies through experience and several workshops on clinical Research. She has presented research papers at over 40 national and international conferences, participated in professional training programmes and organized a number of training workshops. Actively involved in various development programmes of the institution. She also serves as a member of several academic and research bodies. She has over 50 publications and one book to her credit.



Benazir

Medical Director, Unani Physician
Cleopatra's Spa & Wellness Wafi, Dubai, UAE

Dr. Benazir is a passionate and one of the senior most Unani medicine practitioner based in the UAE. She is currently the Medical Director of Unani Medicine & Cupping Practitioner at Cleopatra's Spa & wellness, Wafi Dubai. Cleopatra's Spa & wellness is a 25 years old facility with a combination of Spa facilities, Wellness programs, and a Traditional and Complementary Medicine center.

She has 27 years of clinical experience. She worked in a Hospital in Mumbai, India for 5 years before moving to Dubai, UAE, where she has been practicing for the past 22 years. She introduced the wellness aspect of Unani medicine in the UAE by integrating a spa and wellness setup to raise awareness about Unani Medicine, emphasizing both its preventive and curative dimensions.

Dr. Benazir has been serving as an honorary examiner for Unani Medicine and Hijama in the Ministry of Health UAE and DHA for the past 18 years. She is also the President of Emirates Unani Doctors Association. She has actively participated as a speaker, resource person, and attendee in numerous national and international conferences, seminars and conducted various workshops. In recognition of her contributions, she was awarded the Sheikh Zayed International Award for Unani Medicine, UAE, in December 2024.



Deepika Ganju Gunawant

Additional Medical Director
Apollo Ayurved, New Delhi

Dr. (Mrs) Deepika Ganju Gunawant is a distinguished Ayurveda expert with over three decades of experience from research, clinical, teaching, operations, marketing and regulatory affairs. She has Graduated from Kolkata University (India) in 1985 and completed MD in Ayurveda from the same University in 1990. She worked at Dabur for nearly five years in her first stint before moving to UK in 1995. From 2009 to 2010, she worked as a Consultant with AYUSH and from 2012 -2023, she was Senior Consultant Ayurveda and wellness at Max Multispecialty Center, Panchsheel, New Delhi.

Currently, she is serving as the Additional Medical Director at Apollo Ayurved, New Delhi, in addition to Consultant cum Advisor to a number of companies working in wellness space and new products development based on traditional Ayurveda wisdom. While in United Kingdom – She worked as an Associate lecturer with the Thames Valley University in London for the Ayurvedic Degree course. She worked as a Honorary Consultant with MHRA (Medicines and Healthcare Regulatory Agency, UK) and was nominated twice as a member of the Working group formed under Department of Health, UK for statutory regulation of Herbal (Ayurvedic) professionals (HMRWG). She lectured extensively and conducted programmes in Europe on various subjects of Ayurveda. She have been invited for workshops by WHO – as an expert for setting up guidelines for Ayurveda courses. She played a pivot role in initiating two clinical trials in Brescia, Italy, investigating Ayurvedic treatment on Hepatitis B and High Cholesterol.



Farhan Jalees Ahmad

Professor, Department of Pharmaceutics
School of Pharmaceutical Education & Research, Jamia Hamdard, New Delhi

Dr. Farhan Jalees Ahmad is currently working as Professor at School of Pharmaceutical Education & Research, Jamia Hamdard, New Delhi, India. He is an internationally known researcher in the area of Pharmaceutical Sciences. Having obtained his degree in M. Pharma and Ph. D (Pharmaceutics) from Jamia Hamdard, he continues to teach and lead a very productive research group which has been funded extensively by National and International funding agencies. Dr. Ahmad has 32 years of rich experience in Research and Teaching.

He has organized many International Conferences and more than 40 National Symposia, Workshops and Seminars. Besides, he is also working on amalgamation of herbal medicinal plants with modern therapeutics in order to deliver a scientifically acceptable therapy for various diseases. He has been granted projects to a tune of Rs. 5.5 Crores from National agencies like DBT, CCRUM, AYUSH, UGC, DST and International agencies like FIP and OPCW etc. He is also involved in nationally conceived projects under the aegis of Institutes like INMAS, GB Pant Hospital, RBTB Hospital and IIT, Delhi. He has earned many accolades including Young Scientist Fast Track from DST, Scientist of the Year-2005 from NES, UGC Research Award 2011, Bharat Jyoti Award 2011, Pharma Ratan 2017, ABAP Senior Scientist Award 2017 and also prizes in scientific poster session in National Pharmacy Symposium. In the year 2019, he has been selected for LEAP program by Ministry of HRD where he ranked first amongst applicants across India. He has a US patent, Two PCT and 24 Indian patents to his name.



Geetha Krishnan Gopalakrishna Pillai

Head of Traditional Medicine Research and Evidence
WHO Global Traditional Medicine Centre

Dr. Geetha Krishnan, is the Unit Head of Traditional Medicine Research and Evidence at WHO Global Traditional Medicine Centre. Dr. Geetha is a distinguished expert with over 25 years of experience in Traditional, Complementary, and Integrative Medicine, leading global initiatives to bridge evidence gaps and promote health literacy. In this role, Dr. Geetha is leading global initiatives and projects supporting the implementation of the multi-stakeholder action for WHO. The activities focus on bridging evidence gaps in Traditional Medicine (TM) through a variety of research projects and collaborative initiatives. These include comprehensive mapping of systematic reviews on TM interventions, identifying research gaps, and highlighting future research directions. Geetha is also involved in developing a global agenda for TM research, following the WHO guidelines to identify priorities for research and research opportunities, including for funding. Additionally, Geetha is working on a project aimed at empowering individuals to make informed health choices by creating evidence-based, accessible information materials linked to the WHO's "Your Life, Your Health" resource, aimed at promoting health literacy of TM.

Dr Geetha Krishnan has over 25 years of professional experience in managing Traditional, Complementary, and Integrative Medicine (TCIM). Geetha has collaborated with multilateral, bilateral, and regional development institutions, contributing to health policies and strategies at the international level. Geetha has managed human and financial resources and led large, cross-cultural projects. Geetha has worked with WHO-HQ as a technical officer in the Traditional, Complementary, and Integrative Medicine unit, supporting Member States in improving quality in integrated, people-centered TCIM service delivery. Geetha played a key role in India's COVID-19 response as part of the Interdisciplinary Ayush research and development task force.

Dr Geetha Krishnan holds advanced degrees in Ayurveda and Ayurvedic Clinical Pharmacology (Dravyaguna vijnana) from the University of Kerala. Geetha has demonstrated strong skills in public health program planning, policy development, and effective communication with global stakeholder.



Ghazala Mulla

Principal and Head Department of Physiology
Z.V.M. Unani Medical College, Pune

Dr. Ghazala Mulla, Principal and Head of Department of Physiology at Z.V.M. Unani Medical College, Pune, has 26 years of distinguished academic excellence. A graduate of Pune University with advanced studies in Ayurveda and Medical Genetics, she has played a pivotal role in shaping future medical professionals.

She is recognized as an authority in *Hijama* (Cupping therapy), one of her landmark achievement includes authoring India's first English book on Hijama (Cupping Therapy), officially recognized by the Government of India. As a leading researcher, she heads multiple government-funded projects on cancer, genetics, and traditional medicine.

Dr. Mulla has shared her expertise at international conferences across Turkey, UK, UAE, and Sri Lanka. She is also deeply involved in training physicians across India to advance Unani medicine. Her outstanding contributions have earned her the prestigious Best Teacher Award.

Blending traditional wisdom with modern scientific research, Dr. Mulla continues to drive innovation in medical education and therapeutic practices, making her a distinguished figure in global traditional medicine.



Ghazala Javed

Assistant Director (Unani), Headquarters, Central Council for Research in
Unani Medicine (CCRUM), Ministry of Ayush, Government of India

Dr. Ghazala Javed is working as Assistant Director (Unani) at Headquarters of Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush, Govt. of India, where as technical head, she is looking after technical work and is involved in planning, implementation, coordination & monitoring of research & development in Unani Medicine, fundamental research, drug standardization, quality control and other related activities of peripheral institutes.

During her 28 years job tenure, she has participated in many professional meetings and conferences and made a niche for herself as an expert from CCRUM and Ministry of AYUSH, Govt. of India. An alumna of Jamia Hamdard she has an excellent academic record with a gold medal & certificate of merit to her credit. She holds a PG Diploma in Intellectual Property Rights and WHO fellowship in managing Public Health Programs. She is a trained bioethicist and has done a long term training program in bioethics jointly conducted by ICMR-NIH, USA.

She has published around 90 papers as author/co-author in reputed national and international journals, participated in more than 200 national and international scientific platforms and edited/reviewed around 20 books.

Amongst other areas, she dealt explicitly with work related to the Americas Division, U.N. bodies like WHO, WIPO, UNESCO, etc. She has participated as delegate from India several times in the Inter-Governmental Committee meet on Protection of Traditional Knowledge, Traditional Cultural Expressions and Folklore in World Intellectual Property Organisation (WIPO), Geneva. She was also involved in developing National Position Paper on Protection of Traditional Health Knowledge by closely working with the team from JNU. She has also served as an advisory member for the Forum for Indian Traditional Medicine (FITM) set up by the M/o Ayush at Research and Information System for Developing countries (RIS).

She was deputed as a visiting scholar in Unani stream to National Centre for Natural Products Research, the University of Mississippi, Oxford, USA, for 03 months to get exposure and hands-on training in Natural Products Research where she had active interactions with team USFDA. She has the honour of featuring as "The Face of Unani" in the book "India's most Powerful Women" written by Ms. Ahluwalia where she features along with eminent personalities. The book was released by Secretary General of United Nations, WTO, in Berlin, Germany was also presented to the then Hon'ble President of India Shri Pranab Mukherjee at Rashtrapati Bhawan where she was present as a special invitee.



Hakim Mohd Afsahul Kalam

Research Officer (Unani)
RRIUM, Srinagar

Hakim Mohd Afsahul Kalam earned his BUMS degree in 2006 from AKTC, AMU, Aligarh and completed his MD in Ilmul Advia in 2011 from NIUM, RGUHS, Bengaluru. With over 12 years of research experience, he has contributed significantly to Unani pharmacological research through his work at NIUM and CCRUM. Currently, he serves as a Research Officer (Unani) and Reader in the Department of Ilmul Advia at RRIUM, Srinagar, under CCRUM, Ministry of Ayush, Government of India. His expertise extends to Intramural Research (IMR), Expression of Interest (EoI) projects, and Pharmacopeial Validation Projects. He supervises in-vivo, in-vitro, and clinical studies, having mentored 20 MD theses in Ilmul Advia and Moalajat. Additionally, he is the In-Charge of the Ilaj bi'l Tadbīr Unit (Center of Excellence) at RRIUM, Srinagar, and serves as the Principal of the MD program at the same institute.

Dr. Kalam has been recognized with multiple prestigious awards. He was nominated by NCISM as a coordinator and member for drafting the Ilmul Advia syllabus for BUMS and MD course. He also played a key role in developing Standard Treatment Guidelines (STGs) for musculoskeletal disorders and participated as a volunteer Unani expert for WHO ICD TM-2 Beta Testing, contributing to the ICD-11 TM2 Beta draft. Furthermore, he has served as an expert in drafting Standard Operating Procedures (SOPs) for Hijama (cupping) procedures and devices, *Irsāl-i-'Alaq* (leech therapy), and Dalk (massage therapy). A prolific author, he has written 20 books, 8 book chapters, and over 120 research papers and articles published in renowned journals.



Hakim Syed Imamuddin Ahmed

Former Principal
Government Unani Medical College, Chennai

Dr. Hakim Syed Imamuddin Ahmed, completed his BUMS degree from Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh in 1975. He has rendered his services in various capacities like Special Officer, Lecturer, and Principal at Government Unani Medical College, Chennai, Tamil Nadu, and Medical Officer and Assistant Medical Officer at Arignar Anna Government Hospital of Indian Medicine, Chennai. Currently, he has been designated as Member of the Scientific Advisory Committee (SAC) of Central Council for Research in Unani Medicine, and Chairman of the Institutional Ethics Committee of Regional Research Institute of Unani Medicine, Chennai, CCRUM, Ministry of Ayush, Govt. of India. He has over 40 years of experience in teaching, research, and clinical practices. He has also served as member of different committees and government organizations.

He was conferred with various awards, most importantly Life Time Achievement Award by Dr. MGR Medical University, Tamil Nadu in 2012 and Life Time Achievement Award by CCRUM in 2024.



Irfat Ara Gurkoo

Deputy Director
Regional Research Institute of Unani Medicine, Srinagar

Dr. Irfat Ara Gurkoo, BUMS, MD (Unani) is currently serving as Deputy Director at the prestigious Regional Research Institute of Unani Medicine (Central Council for Research in Unani Medicine, Ministry of AYUSH, Government of India), Srinagar, Jammu and Kashmir. Dr. Gurkoo has over 32 years of clinical research experience and published more than 82 research papers in leading national and international journals of repute. She is an active reviewee of many scientific journals including Journal of Homeopathy and Ayurvedic Medicine. She is Principal Investigator (PI) of Centre of Excellence (CoE) project on '*Ilāj bi'l Tadbīr*' allotted by Ministry of AYUSH, Govt. of India. Dr. Gurkoo and her team successfully patented a valuable Unani formulation Zn5/UNIM352 for bronchial asthma. She was involved in development and validation of many Unani formulations like UNIM-001, UNIM-003 in patients of Bars (Vitiligo), UNIM-904 in patients with *Zaghtuddam Qawi* Lazmi (Essential Hypertension), *Safoof Hajr-ul- Yahood in Hisaah-al-Kulya* (Nephrolithiasis), Itrifal Shahtara and *Marham Kharish Jaded* with *Aab-e-Barg-e* Neem in Jarb (Scabies), Qurs Hudar in Patients with Rheumatoid Arthritis etc.

She is a Unani expert member at different Institutions and Government organizations in India. Besides this, Dr. Gurkoo hold membership of many Scientific/Learned /Academic societies including All India Unani Tibbi Congress. She is Chairperson of Institutional Ethics Committee as well as Institutional Animal Ethics Committee of RRIUM, Srinagar.



Jasbir Kaur

Dr. Rajendra Prasad Centre for Ophthalmic Sciences
All India Institute of Medical Sciences, Ansari Nagar, New Delhi, India

Dr. Jasbir Kaur working as a Professor at Dr. R.P. Centre for Ophthalmic Sciences, All India Institute of Medical Sciences, New Delhi, India. She has completed her doctorate degree from All India Institute of Medical Sciences, New Delhi, India. She has more than 20 years of research and academic experience. Her thrust area includes the identification of diagnostic/therapeutic markers of angiogenesis, inflammation, apoptosis, oxidative stress and immunomodulation. She has command in cell culture and molecular biology techniques. Apart from the expression studies, she also has a research expertise in alternative and complimentary medicines where standardization and therapeutic aspect of certain plant based drugs have been taken into account. Her main focus of research is exploring mechanism of action and molecular targets of medicinal plants in cancer, neurodegenerative disorders, anti-aging and immunomodulators with key interest in ophthalmic diseases.

She has published numerous papers in peer-reviewed national and international journals and presented work at several national and international conferences. She has supervised multiple Ph.D and M.D theses, guided and trained several graduates and postgraduates students. Moreover, she is a member of various scientific committees and Advisory Committee as well. Her research excellence has been recognized with the prestigious Indo-German Award, sponsored by UICC and co-sponsored by WHO and DOSAK.



Jimmy Mok Vee Hoong

Pro-Vice-Chancellor & Professor UCSI University
Springhill Campus, Malaysia

A Professional and Chartered Engineer with more than 20 years of experience in industry and academia. Professor Ir. Dr. Jimmy Mok currently serves as Pro Vice- Chancellor of the UCSI University Springhill Campus in Port Dickson, Negri Sembilan. He is one among the Hospital Management Team at UCSI Hospital, a state-of-the-art facility with a 1,000-bed capacity. He is also the Executive Director of UCSI Child Development Centre which he started in 2007 together with the Founder of UCSI University focusing on the new generations.

Prof. Dr. Jimmy is also the member of the Board of Governance of UCSI International School (Private, International and IB).

Dr. Mok is actively involved in motivating the new generations by equipping them with the latest trends and technology which focuses on 4.0 Industrial Revolution (4.0 IR) and on the expectations of the new generation's paradigm. He completed his Ph.D in Electrical and Electronics Engineering from the University of Manchester (formerly known as UMIST), UK. He is an active member of various professional engineering bodies in Malaysia, UK, and the US.

He serves as a Panel Assessors for the Malaysian Quality Agency (MQA) and the Engineering Accreditation Council (EAC), Malaysia. His vast experience in the Engineering Education has benefited many countries globally in promoting engineering career for tomorrow.

His talks focused on the latest education trends, industry's expectations, new generation's expectations and demands based on the World Economic Forum, Industry Revolution 4.0 as well as the Globalisation 4.0.



Jugal Kishore

Director, Department of Community Medicine
VMHC and Safdarjung Hospital, New Delhi

Dr. Jugal Kishore is a passionate medical educator and a prominent figure in public health. He has been instrumental in developing a Department of Community Medicine at BP Koirala Institute of Health Sciences in Nepal and the Centre for Occupational & Environmental Health at Lok Nayak Hospital, New Delhi. Over the years, he has held significant positions in many institutions.

Dr. Kishore earned a Ph. D in Psychiatry from the University of Delhi. He has been actively engaged in the social, mental, and environmental health movements in India. His scholarly contributions include more than 500 research papers along with numerous book chapters. He has authored more than 40 books on public health, national programs, social reform, and rational thinking. Additionally, he is an editor to several professional Journals and chairs many prestigious boards and task forces in government agencies. He is acknowledged for his role in advancing public health education in India.

Dr. Kishore has received numerous awards and honours including the *"Dr. S Radhakrishnan Memorial Teacher Award"*, the *Lifetime Achievement Award for the promotion of AYUSH 2020*, the *Hakeem Ajmal Khan International Award 2021*, and The University of Queensland Brisbane, Australia awarded for special contribution to Sub-Project 7: Strengthening the National Capital Centre for Occupational & Environmental Health, Delhi, (1999-2001). His contributions to scientific research have led to his election as a Fellow of the National Academy of Medical Sciences (FAMS), India, the International Medical Science Academy (IMSA), the Indian Association of Preventive and Social Medicine (IAPSM), Indian Public Health Association, and several other esteemed organizations.

Throughout his career, Dr. Kishore has organized more than 110 international conferences, workshops, symposiums, and guest lectures. He has delivered 400 guest lectures, panels, and invited speeches, and conducted over 75 online sessions and participated in more than 20 interviews on radio and television. As a chairperson or panellist, he has contributed to over 150 conferences, workshops, and panel discussions.



K. Kabiruddin Ahmed

Deputy Director, Regional Research Institute of Unani Medicine
Chennai

Dr. K. Kabiruddin Ahmed, a distinguished Unani medical professional, earned his Bachelor of Unani Medicine and Surgery (BUMS) degree from Dr. Abdul Haq Unani Medical College & Hospital, Kurnool, India, in 1993. He began his career as a Research Officer at the Regional Research Institute of Unani Medicine (RRIUM), Chennai in 1996 and has since contributed significantly to the field of Unani medicine. With extensive clinical experience spanning over 29 years, he specializes in therapeutic applications, clinical validation of Unani medicines, and ethno botanical research. His expertise extends to Clinical Research, Drug standardization, Technical reporting, and mobile research units. He served as the In-Charge of RRIUM, Chennai from June 2023 to January 2024 and was promoted to Deputy Director in January 2024. His academic contributions include the publication of 27 research articles in reputed national and international journals and the presentation of 18 papers at various conferences. Additionally, he has contributed as an author and co-author to three monographs published under the Central Council for Research in Unani Medicine (CCRUM), further enriching Unani literature and research. A proficient scholar in classical Arabic, he has played a key role in managing community health initiatives, including awareness programs, health camps, and pulse polio campaigns. His dedication to Unani medicine is reflected in his leadership in research, clinical practice, and administrative responsibilities.

In addition to his clinical and research roles, he has undertaken several administrative responsibilities, including supervising procurement committees, coordinating institutional reports, overseeing pharmacy and dispensing units, and ensuring compliance with research protocols. He has also actively contributed to policy implementation, staff management, and the organization of training programs, further strengthening the institutional framework for Unani research and healthcare delivery.



K. Jagannathan

President, Board of Unani, Siddha and Sowa-Rigpa
National Commission for Indian System of Medicine, New Delhi

Professor. K. Jagannathan is presently President, Board of Unani, Siddha and Sowa-Rigpa, National Commission for Indian System of Medicine, New Delhi. He served as Principal I/c of Santhigiri Siddha Medical College and Hospital, Thiruvananthapuram. He has been member of a number of committees and held a number of positions, including member of the Council of Indigenous Medicine, Travancore-Cochin Medical Council, Government of Kerala. He contributed to Siddha medical education by holding responsibilities in various academic bodies of universities, including Member, Academic Council; Member, Faculty of ASU; and Chairman, Board of Studies-Siddha at Kerala University of Health Sciences; Member, Board of Studies, University of Kerala; and Member, various expert committees of erstwhile Central Council for Indian System of Medicine.

During his teaching professional career at Santhigiri Siddha Medical College, he has been served with various additional responsibilities. His core competencies include teaching, training, research, patient care, administration, and policy making. He has published a wide range of articles in research journals and participated in and presented papers at several national and international conferences and delivered expert lectures in different academic forums. He has a distinguished career practicing Siddha over the last 34 years.



K. Nagaiah

Senior Principle Scientist, Fine Chemical Lab., Indian Institute of Chemical Technology (IICT)
Hyderabad

Dr. K. Nagaiah after obtaining his M.Sc. from Osmania University, pursued his doctoral work at Osmania University, Hyderabad and obtained his Ph.D. from Osmania University. He has experience as executive with multi-faceted skills, proven track record of innovation and exceeding organizational goals. He has an experience of 33 years in the field of research and completed several projects like Natural Products, and isolation of biomarkers for Herbal drugs. Dr. Nagaiah successfully carried out several industrial projects with International companies.

He also developed procedures for isolation of marker compounds for Nisarg Bio. Sci. Pvt. Ltd., Hyderabad etc. He has guided 18 Ph.D's students. He has published 131 research papers and 3 national Patents to his credit. He is recipient of several awards such as Associate Fellow of AP Akademi of Sci. (2002), He is a Fellow of AP Akademi of Sci. (2010). He is Chairperson of IEC of National Research Institute of Unani Medicine for skin disorder (NRIUMSD) Hyderabad (2023-24). He is member of Single Drug, Sub-Committee to Unani Pharmacopoeia Committee. He is member of Executive Committee of CCRUM, and member of Scientific Advisory Committee (SAC) of CCRUM. He is also member of Governing Body of CCRUM, Ministry of Ayush, Govt. of India (2023-25)



K. Thangaraj

Director, Centre for DNA Fingerprinting and Diagnostics (CDFD)
Hyderabad

Dr. K. Thangaraj is the Director, Centre for DNA Fingerprinting and Diagnostics (CDFD), Hyderabad. He is also associated as senior scientist and Group Leader with Centre for Cellular and Molecular Biology (CCMB), Hyderabad. He obtained her master's degree in Zoology from University of Madras, Chennai (1988), M Phil (1990) and Ph. D (1996) in Genetics from University of Madras, Chennai.

His main research interests are: origin of modern human, cardiovascular diseases, mitochondrial disorders, male infertility, sex determination, forensic genetics and Genetic basis of Ayurveda prakritis. He has published more than 200 research articles in peer-reviewed journals including Nature, Nature Genetics, Science and Lancet. Dr. Thangaraj is an elected Fellow of Indian Academy of Sciences, Indian National Science Academy; National Academy of Biological Sciences, AP Akademi of Science, and elected member of Guha Research Conference.

Dr. Thangaraj is an Adjunct Visiting Professor of Manipal University; and a recipient of Raman Research Fellowship; Rashtriya Rathan Award, and the UK-India Education and Research Initiative Major Award. He is a Board Editor of Mitochondrion; Academic Editor of PLoS ONE; associate Editor of BMC Medical Genetics; BMC Genetics; Review Editor of Frontiers in Evolutionary and Population Genetics; and member of the Editorial Board of the journals – Human Biology; Clinical Genetics; Investigative Genetics; and The Open Reproductive Science Journal. He was the President of the Indian Society of Human Genetics (2011 – 2015) and the founder of the Society for Mitochondrial Research and Medicine.



Kavita Gulati

Director-Professor and Head, Department of Pharmacology
Vallabhbhai Patel Chest Institute, University of Delhi

Prof. Kavita Gulati Ph.D, FAMS, FIACS (Canada) is currently serving as Director-Professor and Head, in the Department of Pharmacology at the prestigious Vallabhbhai Patel Chest Institute, University of Delhi, India. Prof. Gulati is also the Nodal Officer of the DHR-MRU at VPCI and Co-ordinator of the Adverse Drug Reaction Monitoring Centre (AMC) and Medical Device Monitoring Centre (MDMC) of the MoHFW, Govt. of India. During the course of her illustrious academic career spanning for over 30 years, she has made significant contributions to teaching and research in basic and clinical pharmacology and toxicology at undergraduate, postgraduate and doctoral levels in reputed Universities/Institutions in India and abroad. She is also honored with several National Awards.

Her current area of specialization is in integration of traditional and modern medicinal concepts for rationalization of drug therapy in respiratory disorders. She is life member of several professional bodies/societies relating to pharmacology and allied sciences. She is an expert member at different Institutions and Government organizations in her field. She has published over 200 publications extensively in leading national and international journals, co-authored several chapters in reference and textbooks of Pharmacology, and co-editor of four Pharmacology books.



Khalid Raza

Associate Professor, Department of Computer Science
Jamia Millia Islamia (Central University), New Delhi

Dr. Khalid Raza is an Associate Professor at the Department of Computer Science, Jamia Millia Islamia, New Delhi, India. He has served as the ICCR Chair Visiting Professor at the Faculty of Computer & Information Sciences, Ain Shams University, Cairo, Egypt. Dr. Raza has over 14 years of teaching and research experience. He has over 150 peer-reviewed research articles to his credit. He has authored or edited 15 Books published by reputed publishers like Springer-Nature, Elsevier, and CRC Press.

Dr. Raza is an Academic Editor of *PLoS ONE*, *Peer J Computer Science*, and Guest Editor of several journals including *npj Precision Oncology*, *JoVE*, *Natural Product Communications*, and *Mini-Reviews in Medicinal Chemistry*. He actively collaborates with Scientists from leading Institutions in India and abroad.

Dr. Raza has delivered several keynote addresses, invited talks, public lectures, and seminars at National and International Conferences, besides chairing technical sessions at academic events.

Recognized for his outstanding contributions, Dr. Raza has been featured in the list of the World's Top 2% Scientists released by Stanford University (USA) in collaboration with Elsevier for three consecutive years 2021, 2022, and 2023.



Khalid Zaffar Masoodi

Associate Professor/Senior Scientist
Division of Plant Biotechnology, SKAUST, Kashmir

Dr. Khalid Zaffar Masoodi is an Associate Professor and Senior Scientist in the Division of Plant Biotechnology at, SKAUST, Kashmir, India. He earned his Masters and Doctorate in Biotechnology from University of Jammu and later pursued postdoctoral research at the University of Pittsburgh, USA (2010–2014). With over 100 peer-reviewed publications, he has made significant contributions in oncology, plant biotechnology, and Molecular Biology. He holds eight patents, including breakthrough in anti-cancer therapies and Medicinal Plant Research. Additionally, he has developed several nutraceutical products, such as Magic Food for prostate cancer, Iron Revive Herbal, and Zinc Mag Natural.

Dr. Masoodi has mentored numerous students, supervising 15 M.Sc. and 10 Ph. D candidates, and has actively engaged in national and international research collaborations. In recognition of his contributions, he was honoured as the Achiever of the Year (2024) for his high-impact publications, patents, and technologies developed. He has also received the Early Career Research Award by DST-SERB, Government of India along with multiple international accolades including Mellam Family Foundation Fellowships (USA). Dr. Masoodi's career exemplifies leadership in interdisciplinary research, combining plant biotechnology and oncology for ground breaking innovations and discovering new anti-cancer molecules against Prostate and Lung Cancer.



Kumud Bala

Professor, Amity Institute of Biotechnology
Amity University, Noida Uttar Pradesh

Prof. (Dr.) Kumud Bala is currently working as Professor at Amity Institute of Biotechnology, Amity University, Noida, Uttar Pradesh. She earned her Ph.D. degree from Patna University in collaboration with AIIMS, New Delhi specializing in Cancer Immunology, Pharmacology, Plant Phytochemistry, Neuroendocrinology, Therapeutics, and Molecular Diagnostics. With over 30 years of teaching and research experience, she has published more than 60 works, including research papers and review articles in high-impact, peer-reviewed journals. She has also contributed to several books and book chapters.

She has filed 22 patents, 15 of which have been granted, in the field of Biotechnology and Bioscience. As a distinguished speaker, she has delivered over 25 invited lectures and is also an active member of various eminent scientific societies and also serving as reviewer for multiple journals. Her accolades include a special state Merit Scholarship, UGC Teachers Fellowship, and Award of excellence from AIIMS, Delhi & PGIMER, Chandigarh for organizing INPALMS at Amity University. Additionally, she has been honored by many awards, including the Outstanding Scientist Award by Science Father in 2024, SAS Best Faculty Award 2020 & Best Academician Award 2021 consecutively.



Kushagra Khanna

Asst. Prof., Head of Research, Faculty of Pharmaceutical Sciences
UCSI University, Malaysia

Dr. Kushagra Khanna is a registered pharmacist and a recognized expert in the field pharmaceutical sciences, with a specialized focus on pharmaceutical formulation development, nano drug delivery, and radiation science. Dr. Khanna has contributed extensively in training numerous defense personnel in the area of Chemical Biological Radiation and Nuclear Disaster (CBRN) for the past 7 years.

Dr. Khanna obtained his PhD from Delhi Pharmaceutical Science and Research University, Delhi in Collaboration with INMAS, DRDO. He has published over 40 international peer-reviewed research papers and more than 5 book chapters on artificial intelligence in drug discovery with over 600 citations. His contributions to innovation and intellectual property include, 2 granted patent and 1 patent under filing. In recognition of his research excellence, he was honored with the Best Emerging Researcher of the Year (2023) Award by UCSI University.

Dr. Khanna is also the inducted member of Royal Society of Chemistry UK, American Chemical Society UK, Indian Association for Radiation Protection and India Pharmaceutical Association. He has delivered talks as an invited speaker in various international conferences held across Indonesia, Italy, Thailand etc.

He is also engaged in sharing the strength of nuclear medicine in health and medicine with focus on developing new techniques and radio- complex for imaging and treatment.



M. Rasool

Director, Sponsored Research, and Industrial Consultancy
Vellore Institute of Technology (VIT), Vellore

Prof. (Dr.) M. Rasool, a distinguished Professor of Immunology, currently serving as the Director of Sponsored Research and Industrial Consultancy at Vellore Institute of Technology (VIT), Vellore, India. His research focuses on unravelling the molecular pathogenesis of autoimmune mediated arthrodial disorder - Rheumatoid arthritis (RA) while integrating potent novel therapeutics into RA disease management. He has authored or co-authored 112 research articles in International Journals of repute with a Google Scholar h-index of 43, an i10 index of 91 and a total citation count of 4963, along with a cumulative Impact Factor of 358. To date, he has successfully completed seven research projects, with funds exceeding INR 2.5 crores from various scientific organizations.

Dr. Rasool's contributions to drug research in Unani medicine earned him the Best Research Paper Award from the Ministry of Ayush, Government of India by Honorable Union Defense Minister of India, Shri. Rajnath Singh. He has been an invited speaker at various national and international forums across South Korea, Australia, Turkey, Hong Kong, Indonesia, Bangladesh, and Malaysia. Additionally, he holds a position as a Visiting Faculty member at the Bezmialem Vakif University, Istanbul, Turkey. Among his many accolades, Dr. Rasool has received the *Lifetime Achievement Award* from the Society of Chemical and Synthetic Biology, India. His outstanding contributions to scientific research have also placed him among the World Top 2% scientist by Stanford University consecutively in the years 2021, 2022, 2023 and 2024.



Manish Pande

Director & Head of Project Analysis and Documentation Division (PAD Division)
Quality Council of India (QCI)

Dr. Manish Pande is currently serves as the Director & Head of Project Analysis and Documentation Division (PAD Division) at Quality Council of India (QCI), an independent autonomous body set up by Government of India. A sustainable practitioner in leadership roles for over two decades, Dr. Pande has been the first Chair of the multi-lateral NPIC Network of the UNFSS.

Dr. Pande holds Doctorate from Indian Council of Forestry Research and Education. Furthermore, has authored numerous studies and research papers in peer-reviewed journals, including UNCTAD Research Paper on India's landscape concerning voluntary standards.

At QCI, he leads several flagship governmental and intergovernmental initiatives, including the India National Platform on Private Sustainability Standards and the design and development of conformity assessment frameworks for various schemes. These include UAS (Drones) for the DGCA, Medicinal Plants for the NMPB, Forest Certification for MoEF & CC, HRAA for the FSSAI, ABS for the NBA, Cyber Security for the NCIIPC, Digital Readiness Certification (DRC) for seamless on boarding on ONDC, Yoga Certification for MoAY, and a Conformity Assessment Framework to build digital competencies for NeGD.

He is also an expert member of various technical committees and working groups under the Government of India and its affiliated bodies, including BIS, MoEF & CC, EPCH.



Maryam Sarwat

Professor, Amity Institute of Pharmacy
Amity University, Noida, Uttar Pradesh

Dr. Maryam is a Professor at Amity University, Noida. She has done doctorate from Jamia Hamdard University and pursued post doctorate research fellow from United Nation's (UN) *International Centre for Genetic Engineering and Biotechnology (ICGEB)*. Recognized as a pioneering scientist at Amity University, she has made significant contributions to her field.

She has published 64 papers in reputed International journals with cumulative impact factor of 242. She has also authored nine books with leading international publishers including Elsevier-UK, Springer Nature Germany, Taylor and Francis and King Abdul Aziz University, Jeddah, along with 25 books chapters. Her research has been presented at International Conferences at Prague, Germany, and France (Paris and Versailles).

She has received travel grants from Government of India (DST, DBT, SERB, INSA, and CSIR) as well as support from Amity University and International Agencies (Society of Experimental Biology, UK and United Scientific Group, USA). In recognition of her impact, she has been included in the top 2% Scientist of the World (for 2022 and 2023) by Stanford University, UK and Elsevier BV.

She has filed five patents on herbal drugs targeting major health concerns like liver cancer, obesity, neurodegeneration and bone regeneration.



Md. Imtaiyaz Hasan

Assistant Professor, Centre for Interdisciplinary Research in Basic Sciences
Jamia Millia Islamia, New Delhi

Dr. Imtiyaz Hasan is an Assistant Professor at the Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi. With over 15 years of experience in teaching and research, his work primarily focuses on structure-based drug design and discovery. His lab specializes in identifying and validating potential drug targets, particularly human kinase. By integrating the knowledge of protein structure with its folding and dynamics using computational biology and in vitro and in vivo methods, his team aims to develop novel therapeutic molecules.

Dr. Hasan has an impressive research portfolio, with over 550 publications, his work has garnered more than 19000 citations achieving an h index of 67 and i10=index of 385. His contributions have earned him recognition among the top 2% of scientists worldwide. Throughout his career, he has received numerous prestigious awards and honours in molecular biology and biochemistry. Recently, he was elected as a Fellow of both the *Royal Society of Chemistry (U.K.)* and Fellow of the *Royal Society of Biology (U.K.)*, which is a testament to his globally recognized excellence in drug discovery.



Md. Muslim Uddin

Senior Lecturer, Govt. Unani & Ayurvedic Medical College
Mirpur, Dhaka, Bangladesh

Dr. Md. Muslim Uddin, a dedicated Unani physician, was born in 1970 in Thakurgaon District, Bangladesh. He graduated with a BUMS degree from the Government Unani and Ayurvedic Medical College, Mirpur, Dhaka. He joined the Bangladesh Government's health services as a Unani physician at a secondary-level hospital, where he was committed to delivering quality healthcare to the community.

After working three and half years at Government hospital, he was engaged in World Health Organization as WHO Local Consultant for one year, under the WHO program. During the period his specific duties and responsibilities were to assist and provide technical support to National Authorities in strengthening the program planning, management, implementation and monitoring & evaluation in the field of Traditional Medicine and existing Alternative Medical Care Program.

Additionally, Muslim Uddin served as Editor for the Treatment Guideline on Rational and Cost-Effective Use of Traditional Medicine, a collaborative project between the Department of Homeo & Traditional Medicine, DGHS, and the World Health Organization (WHO).

He has also worked at different fields of Unani Medicine as a member of the editorial board of Unani Pharmacopoeia, under the Department of Homeo & Traditional Medicine, DGHS, Mohakhali, Dhaka. Currently, he is working as an Assistant Professor of Unani Pharmacology and the Chairman of the BUMS Course at the Government Unani and Ayurvedic Medical College, Mirpur, Dhaka.



Mogana S. Rajagopal

Dean & Professor Faculty of Pharmaceutical Sciences,
UCSI University, Malaysia

Professor Dr. Mogana Sundari Rajagopal is a registered pharmacist and a recognized expert in the field of pharmaceutical sciences focusing on pharmacology and phytochemistry specializing in natural product medicine for women's health. Prof Dr. Mogana has contributed extensively in training numerous pharmacist in the industry, hospital and community pharmacy setting for the past 24 years. She has published over 71 international peer-reviewed research papers with over 900 citations. She has with her with her 2 patents, 2 trademarks and 1 trade secret. She also serves as the Visiting Professor of TCM and Ethnomedicine (Innovation & Development International Laboratory, School of Pharmacy, Hunan University of Chinese Medicine, China) and the Adjunct Professor at Universitas Muhamadiyah Purwokerto Indonesia.

She has been awarded 15 international awards and 7 national awards including multiple gold and silver medals in prestigious international innovation expo.

She is currently the Professor and the Dean of the Faculty of Pharmaceutical Sciences, UCSI University, Malaysia which is ranked top 300 in QS world ranking. She also serves as the Head of Pharmacy Services at UCSI Hospital. She also sits in the Institutional Ethics Committee & Institutional Biosafety Committee. She is the Editorial Board member of 5 international society and journals and has ten various national appointments. Dr. Mogana is also a regular guest speaker at National Healthcare News Television and Radio for her updates on latest pharmaceutical and medical issues. She has been the invited speaker at over 30 international and national conferences. She has also engaged over 5000 students and teachers for STEM and health/medicine awareness.



Mohamed Shiffa

Professor, Moalejat,, Department of Unani Clinical Medicine, Faculty of Indigenous Medicine
University of Colombo, Rajagiriya, Sri Lanka

Dr. Mohamed Shiffa is a Professor in Unani Clinical Medicine, and a former Head of the Unani section, Institute of Indigenous Medicine, University of Colombo, Sri Lanka. He is currently the chairman of the MD Board of Study in Unani Medicine, Post Graduate Institute of Indigenous Medicine. Additionally, he serves as a Council Member of the Sri Lanka Ayurveda Medical Council, Government of Sri Lanka. He was a steering committee member for the National Traditional Medicine Policy. He was a member of the National Committee for COVID-19 and the Committee for the Subject Benchmark Statement for Indigenous Medicine, University Grants Commission, Sri Lanka.

Dr. Mohamed Shiffa has held many academic and administrative positions of various caliber. He is a Consultant at the Professorial Unit of Unani Clinical Medicine at Ayurveda National Hospital, Sri Lanka. He has participated as a resource person in national and international conferences, workshops, and training programs. Further, he has published 35 research papers in peer-reviewed, indexed journals, more than 75 research abstracts, and 5 books. He has developed three computer software programs and one mobile app related to Unani Medicine. He has received several national and international awards for research excellence like the Senate Award for Research Excellence (University of Colombo), ICCR Award (Government of India) among many others.



Mohammad Idris

Former Principal
Ayurvedic & Unani Tibbia College, Karol Bagh, New Delhi

Professor Mohammad Idris completed BUMS from University of Delhi at Ayurvedic & Unani Tibbia College, Karol Bagh, New Delhi, He did Masters (MD) in Ilmul Advia from Aligarh Muslim University, Aligarh. He joined his alma mater as a faculty member and served it for a period of 36 years. Besides College, Hospital and University administration, he also served Directorate of Ayush, Government of Delhi, as Assistant Director for more than 5 years. He has been notified Expert (Unani) in Licencing Authority of Ayurved & Unani Medicines, Government of Delhi for more than 30 years.

He has been nominated as Expert (Unani) in Working Group Meeting for Reviewing WHO Document titled "Benchmarks for Practice in Ayurveda, Panchkarma, Unani" and contributed in WHO Publication titled: "WHO Benchmarks for the Practice of Unani Medicine", Geneva, WHO, 2022 (WHO IRIS, ID: WHO-351478). He has been a member of Unani Pharmacopoeia Committee (2 Terms) and under taken review and revision of National Formulary of Unani Medicine (NFUM) (6 Parts) and Unani Pharmacopoeia of India (UPI) and associated with formulation of "Essential Drugs List (EDL) of Unani Medicine. He has Guided/Supervised 30 M.D. students in the specialty of Ilmul Saidla. The Government of Delhi conferred him as **"State Award for Best Serving Doctor"**.



Mohammed Idris

Senior Principal Scientist
Centre for Cellular and Molecular Biology (CSIR-CCMB), Hyderabad

Dr. Mohammed Idris is a Senior Principal Scientist at the Centre for Cellular and Molecular Biology (CSIR-CCMB) in Hyderabad, India. He leads the Interdisciplinary Research Lab, which focuses on developing innovative research methods using genomics and proteomics. With over 25 years of experience in Developmental Biology, Molecular Diagnostics, and DNA and Proteomics analysis, Dr. Idris has pioneered ground-breaking studies that have identified hundreds of genes, proteins, and signalling pathways involved in regeneration. His research has shed light on critical aspects of cell cycle regulation, nervous system development, and cellular growth, while also exploring the effects of small molecules and aging on regenerative processes. Additionally, his work has contributed to the update of the Indian Pharmacopoeia (IPC) monograph of herbal drugs through DNA barcode analysis.

Dr. Idris has collaborated with leading laboratories in India, Italy, Sweden, and Saudi Arabia, bringing a global perspective to his research. His expertise extends to mentoring start-ups and innovation initiatives through CCMB's Atal Incubation Centre. Known for his commitment to both science and mentorship, Dr. Mohammed Idris continues to make significant contributions to the fields of biomedical science and regenerative medicine.



Mohammad Ishaq Geer

Professor, Department of Pharmaceutical Sciences
University of Kashmir, Srinagar

Prof. Geer M. Ishaq is a senior faculty member at the Department of Pharmaceutical Sciences, University of Kashmir with more than 22 years of teaching and research experience. Additionally he has served as a Coordinator UGC-Human Resource Development Centre and as Director at Centre for Career Planning and Counselling of the University of Kashmir. He has organised several faculty development programmes, placement drives and coaching programmes. He has delivered 175 invited lectures outside his department besides publishing more than 125 popular articles and 52 original research papers in various National and International journals of repute. Prof. Geer is also a member of several State and National level Committees including Adviser, Price Monitoring Resource Unit, Member PG Curriculum Committee, Pharmacy Council of India, Member-Coordinator NAAC Peer Team, Nominee CCSEA, Member Editorial Board of several high impact national and international journals of repute.



Mohammad Kamil

Director General Lotus Holistic Institute
Abu Dhabi

Prof. Dr. Mohammad Kamil is a distinguished scientist with a stellar academic background, holding degrees in M.Sc., M.Phil., Ph.D., D.Sc. and a Chartered Chemist (U.K.), and Fellow of the Royal Society of Chemistry (London). Throughout his illustrious career, Dr. Kamil has held various esteemed positions, including In-charge of the Drug Standardization Lab at the RRIUM, Aligarh, Associate Professor at Hamdard University, Professor and Head of the Department of Pharmacognostic Science at the Zayed Complex for Herbal Research and Traditional Medicine (ZCHRTM), Ministry of Health, UAE. Dr. Kamil served as the Focal Point of the WHO Collaborative Sheikh Zayed Research Centre, Abu Dhabi, for eight consecutive years.

Currently, he is the Director General of the Lotus Holistic Healthcare Institute, Abu Dhabi, UAE (since 2021), and the Secretary General and Head of the Scientific Committee for the Sheikh Zayed International TCAM Awards. Dr. Kamil was awarded the First Sheikh Zayed International TCAM Award in Herbal Research (2020). He has published over 700 research papers in reputable journals and has presented at numerous international conferences.



Mohammad Shahar Yar

Professor, Department of Pharmaceutical Chemistry
School of Pharmaceutical Education and Research (SPER), Jamia Hamdard, New Delhi

Prof. Mohammad Shahar Yar is a faculty in Department of Pharmaceutical Chemistry, School of Pharmaceutical Education and Research (SPER), Jamia Hamdard, New Delhi. In addition to expertise in traditional drug design, he is well-versed in in-silico drug design. His specialization includes troubleshooting chemical reactions, managing side products, and impurity analysis. He has been associated with collaborative research work with prestigious institutions including TAACF Southern Research Institute, Alabama, USA; Rega Institute for Medical Research, Leuven, Belgium; and National Cancer Institute, USA. He has successfully supervised 27 Ph.D. students and 29 Master's Students. He has 165 research articles in Journals of International repute and 37 monographs to his credit.

In recognition of his academic excellence, he was honoured with the AICTE "Visvesvaraya Best Teacher Award 2020". Prof. Shahar Yar has been instrumental in securing the top position in NIRF ranking (2017, 2018, 2020, 2021, and 2022) for the School of Pharmacy, Jamia Hamdard. Beyond academics and research, he serves as Deputy Director of Jamia Hamdard IQAC, Chief Proctor and Chairman of the Central Admission Core Committee.



Mohammed Abdul Waheed

Former Officiating Director
Central Research Institute of Unani Medicine, Hyderabad

Dr. M.A Waheed served as Officiating Director at Central Research Institute of Unani Medicine Hyderabad, CCRUM, Ministry of Ayush, Govt. of India. Dr. Waheed received the Padma Shree award in 2017. He has graduated in Unani Medicine and Surgery (BUMS) from Osmania University, Hyderabad in the year 1978. He acquired clinical research training from University of Los Angeles, California, USA; AIIMS, New Delhi and KEM Medical College, Mumbai. He is highly personable, competent and team spirited physician with over 40 years of exemplary service in the medical field, committed to providing excellent care and service to patients, listening to each individual's concerns and to putting patient at ease. His experience extends to a variety of healthcare settings and treating patients of different age groups. He has expertise in Phase-II and Phase-III clinical trials as per WHO/USFDA GCP guidelines. He was coordinating multi-centric clinical trials of Unani medicines on Diabetes, Hypertension, Vitiligo and Hepatitis with seven Institutions under CCRUM located across the country.

Dr. Waheed has published 36 research papers in National/International journals and presented more than 87 papers in National/International conferences. He has delivered more than 184 lectures at various scientific platforms. He is the member of various task force committees such as Unani Pharmacopoeia Committee; Sub-committee on stability studies of Unani formulations, Member Doctoral Committee of Mahavir Hospital & Research Centre, Hyderabad. He is associated with various scientific associations. He is member of various scientific committee and task force under Ministry of Ayush, Govt. of India. Presently he is engaged in developing new regimens for autoimmune diseases.



Mohd. Aleemuddin Quamri

Professor & HoD- Amraze Jild wa Tazeeniyat
National Institute of Unani Medicine, Bengaluru

Prof. Mohd Aleemuddin Quamri is presently working as Professor & HoD- Amraze Jild wa Tazeeniyat and In-charge Dept. of Moālajāt, having 30 years of clinical, 23 years of teaching, and 20 years of research experience. He completed graduation from Sri Venkateshwara University, Tirupati and Dr. NTR University of Health Sciences, Andhra Pradesh, Vijayawada. He has guided 45 PG students along with 05 Ph. D students theses. Dr Quamri has research area of interest in the field of Musculoskeletal disease, 'Ilāj bi'l Tadbīr, Lifestyles diseases, Psychiatry and Dermatology. He has published 135 Original Research papers in peer reviewed and indexed journals and contributed chapters in Books – 03.

He organised and conducted ROTPs, CMEs, Workshops, National Seminars, and National and International Webinars. He served as an expert member in Technical Expert on Dossier of Unani Medicine, NAAC guidelines for Unani colleges, Standard Treatment Guidelines for Musculoskeletal disorders developed by DGHS Unani vertical. He holds various positions in Ministry of Ayush and different organisations.



Mohd. Anwar

Professor, Department of 'Ilāj bi'l Tadbīr
Aligarh Muslim University, Aligarh

Dr. Mohd. Anwar is presently working as professor at Department of 'Ilāj bi'l Tadbīr, Aligarh Muslim University, Aligarh, India. He completed his BUMS in 1989 and M.D in 1993 in Mo'ālejjāt from Ajmal Khan Tibbiya College, AMU, Aligarh. He was awarded the University Gold Medal for his outstanding academic performance. He has been teaching clinical subjects to undergraduate and postgraduate students at several Universities and Institutes. He also served as Head of the Department of Mo'ālejjāt and 'Ilāj bi'l Tadbīr, Deputy Hospital Superintendent, National Institute of Unani Medicine, Bengaluru, and Chairman, Department of 'Ilāj bi'l Tadbīr, Aligarh Muslim University, Aligarh. He has published 91 research papers in various reputed scientific journals and authored three books. He served as member of several scientific and Research Committees such as Member Institutional Ethics Committee, NIUM Bengaluru.

He was conferred with the Best Teacher Award for Clinical Research in Unani Medicine in 2017 by the Ministry of Ayush, Government of India. His thrust areas of Research are interventions of Regimenal therapies in the management of various lifestyle and musculoskeletal disorders and the development of SOPs for various regimenal procedures.



Mohammad Zakir

Research Officer (Unani) S-III, National Research Institute of Unani Medicines for Skin Disorders
Hyderabad, Under CCRUM New Delhi.

Dr. Mohammad Zakir, MD (Ilmul Advia) is currently serving as Research Officer (Unani) S-III and Professor (Ilmul Advia) at National Research Institute of Unani Medicines for Skin Disorders, Hyderabad, a prestigious peripheral Institute of CCRUM, New Delhi. Dr. Zakir is also heading the Pharmacy section of the NRIUMSD Hyderabad. During the course of his research and academic career spanning for over 15 years, he has made significant contributions to teaching and research in Unani pharmacology and pharmaceutical science at undergraduate, and postgraduate levels in reputed Colleges/Institutions in India. He is recipient of several Awards.

His current area of specialization is development of pharmaceutical formulation, and development of new drugs for NCDs, especially diabetes mellitus or validation of formulations for their use in diabetes mellitus. He is involved in the preparation of quality research drugs for various scientific studies carried out at different center of the Council as well as research drugs for IMR/EMR and EOI studies. He has published several papers in leading national and international journals (more than 63 publications), he is author of four chapters with leading publishers like Elsevier, Springer, and IGI Global.



Mumtaz Ahmad

Deputy Director, Regional Research Institute of Unani Medicine (RRIUM)
Patna

Dr. Mumtaz Ahmad has been serving with the Central Council for Research in Unani Medicine (CCRUM) since 1993, bringing over three decades of experience in Unani medicine research. Throughout his career, he has conducted more than 15 clinical trials and various research articles in reputed journals, contributing significantly to the validation and application of Unani treatments for various health conditions. His extensive research experience underscores his dedication to advancing Unani medicine in a scientific and evidence-based manner.

Since his appointment as the Deputy Director at the Regional Research Institute of Unani Medicine (RRIUM) in Patna on January 2024, Dr. Ahmad has demonstrated exceptional leadership and a strong commitment to institutional excellence. Within just one year of his joining, he successfully guided the laboratory at RRIUM Patna to achieve accreditation with the National Accreditation Board for Testing and Calibration Laboratories (NABL) in March 2024. This achievement reflects his ability to implement high standards of research and quality control at the institute.

Additionally, Dr. Ahmad played a key role in the successful assessment of RRIUM Patna's hospital for National Accreditation Board for Hospitals & Healthcare Providers (NABH). His proactive leadership and strategic guidance ensured that the hospital met the rigorous criteria required for NABH accreditation, leading to a positive outcome within a short span of time.

Dr. Mumtaz Ahmad's combination of clinical expertise, research acumen, and dynamic leadership continues to shape the future of Unani medicine, making significant contributions to both the field and the institutions he serves.



Mubashir Masoodi

Professor, Department of Pharmaceutical Sciences
University of Kashmir, Srinagar

Prof. Mubashir Masoodi is the former Head of the Department of Pharmaceutical Sciences at the University of Kashmir. He earned his M.Pharm and Ph.D. in Pharmaceutical Chemistry from Jamia Hamdard, New Delhi, and later completed a postdoctoral fellowship at the National Center for Natural Products Research, University of Mississippi, USA, in 2013–2014. With 24 years of teaching & research experience in the area of natural product research, Prof. Mubashir has completed numerous major and minor research projects funded by different agencies such as UGC, CCRUM, ICMR, BIRAC. Prof. Masoodi authored over 90 publications in various international and national journals of high repute. His research contributions have led him to present his work in several countries, including Austria, Thailand, Hungary, Portugal, the USA, and Turkey. Throughout his distinguished career, he has received numerous awards including the Indo-US UGC Raman Postdoctoral fellowship awarded at the University of Mississippi, USA and Young Scientist Award in 2010 by J & K State Council for Science & Technology



Mujeeb Hoosen

Coordinator of Unani Tibb, School of Natural Medicine
Faculty of Community and Health Sciences (CHS), University of the Western Cape (UWC), South Africa

Dr. Mujeeb Hoosen is the Coordinator of Unani Tibb at the School of Natural Medicine, Faculty of Community and Health Sciences (CHS), University of the Western Cape (UWC), South Africa. He has been actively involved in the training, practice, research and promotion of Unani Medicine for over two decades, both in South Africa and globally. His contributions have been recognized at national and international levels.

He has played a significant role in developing norms, standards, and regulations for Unani Medicine at the institutional, association, national, and international levels. Previously, he served as the Chairperson of the South African Tibb Association. Currently, he is an education and clinical research advisor to the Ibn Sina Institute of Tibb in South Africa.

Since 2018, Dr. Hoosen has contributed as an expert working group member, rapporteur, moderator, technical advisor, and peer reviewer for several World Health Organization (WHO) committees on Traditional, Complementary and Integrative Medicine (TCIM). His participation in WHO projects has led to several publications for global implementation. He is the focal point for WHO ICD-11 for Traditional Medicine (TM2) for South Africa, and he currently serves as a consultant for the WHO Global Centre of Traditional Medicine. Additionally, he is an International Editorial Advisor to several TCIM and Unani Medicine International journals. His areas of research include Unani Medicine philosophy, Medical Ethics, Spirituality, Spiritual Care, Tibb-e-Nabawi and Regimenal Therapies. He has represented South Africa as an International Delegate at several WHO, AYUSH, CCRUM, and other international scientific events in several countries.



Nazeem Fahamiya

Professor, Department of Ilmul Advia, Faculty of Indigenous Medicine
University of Colombo, Rajagiriya, Sri Lanka

Dr. Fahamiya is a Professor in Unani Pharmacology (Ilmul Advia), Faculty of Indigenous Medicine, University of Colombo, Sri Lanka. She graduated with a BUMS degree from the Institute of Indigenous Medicine, University of Colombo, Sri Lanka, with first-class honors in 2005. Afterwards she completed her MD in Ilmul Advia at Hamdard University, New Delhi, in 2012, followed by a PhD in Unani Pharmacology at Jamia Millia Islamia in 2022/23. She is the first MD, PhD, and Professor in Unani Ilmul Advia in Sri Lanka. She was also accredited with the International Accreditation as a Teacher in Higher Education by the Staff and Educational Development Association (SEDA), UK, in 2009.

Currently, Dr. Fahamiya is the chairman of the Specialty Board of MD in Ilmul Advia, Post Graduate Institute of Indigenous Medicine. Member of College and Hospital Board, Department of Ayurveda, Ministry of Health and Indigenous Medicine. She was a member of the Committee for the Subject Benchmark Statement for Indigenous Medicine, University Grants Commission, Sri Lanka, and many other positions she held in the past. Further, she has published 40 research articles in peer-reviewed indexed journals and conference proceedings and more than 95 scientific abstracts published in the proceedings of national and international conferences. Additionally, she has published 6 books in the field of Unani Medicine and developed 3 software programs and one mobile app related to Unani Medicine and developed a certificate course on Hijama and Irsal e Alaq in Sri Lanka. She has received awards, like the SEDA award (England); ICCR award (Government of India); Award of Academic Achievement MOSAIC 2010-11 (Jamia Hamdard); and UGC grant for higher studies (Sri Lanka).



Nikhat Shaikh

Research Officer (Unani)
RRIUM, Mumbai

Dr. Nikhat Shaikh is a dedicated and proficient clinician and researcher of CCRUM specializing in Unani medicine, with extensive experience at RRIUM Mumbai.

As a supervisor of clinical activities, Dr. Shaikh ensured adherence to CCRUM protocols, provided expert consultations and monitored clinical outcomes across various domains, including mental health and chronic diseases. Their pioneering research includes exploring Unani interventions in managing conditions such as ADHD, and cancer, with a focus on integrating traditional therapies with modern medicine.

Beyond clinical research, Dr. Shaikh has also made significant contribution to preclinical studies on anxiety and depression, further advancing the scientific validation of Unani treatments.

In addition to clinical work, Dr. Nikhat Shaikh has held various administrative roles, overseeing pharmacovigilance, AHMIS, NABH, NAMSTP, research coordination, while also facilitating collaborations with leading institutions such as IIT Bombay and ACTREC. Dr. Shaikh continues to mentor young researchers and students, advocating a pivot role in advancing Unani Medicine in both academic and clinical settings.



N. Zaheer Ahmed

Director General
C.C.R.U.M, New Delhi, Ministry of Ayush, Govt of India

Dr. N. Zaheer Ahmed, completed his BUMS degree from Govt. Unani Medical College, Chennai and MD in Moalajat (Unani Medicine) from NIUM, Bangalore. He also holds Diploma in Hospital Management from NIHFV, Govt of India. Presently he is Director General, CCRUM, New Delhi from June 2023, prior to which he was Deputy Director (U) of RRIUM, Chennai since 2017.

He has been actively engaged in clinical research and rendered his services to the CCRUM, M/o Ayush, Govt. of India for over 3 decades. He has carried out various IMR, EMR projects, in-house and collaborative clinical and pre-clinical studies as principal investigator & co-investigator. He was also a co-investigator in the NMPB project of Regional raw drug repository- Southern plateau region.

He has been an external examiner of Ph. D program in Moalajat at National Institute of Unani Medicine, Rajiv Gandhi University of Health Sciences, Bengaluru, since 2019. He was conferred with various awards, most importantly Best researcher award by Hamdard Laboratories, New Delhi in 2007, Best paper presentation award from Unani stream in 1st International Ayush conference & Exhibition 2017, 8-11th Nov at Dubai, UAE and Best research paper publication award by CCRUM, M/o Ayush, Govt. of India in 2018.

He has attended and presented papers in around 60 national & international conferences and seminars within the country and abroad. He attended more than 24 training programs, delivered more than 75 public and guest lectures. He has over 115 scientific publications to his credit in peer reviewed journals.



Pradeep Multani

Chairman, Multani Pharmaceuticals Ltd.,
Connaught Place, New Delhi

Dr. Pradeep Multani has more than 40 years of experience in the field of Ayurvedic & Unani Medicines. He is carrying the legacy of 84 years old, multi-crore Ayurveda Company and rendering his services as a Chairman for more than thirty years. Multani Pharmaceuticals Ltd. is a leading Ayurvedic / Herbal, Unani, Nutraceuticals & Veterinary products manufacturing company in India. It was established in Lahore, undivided India in 1938 by Late Pt. Thakur Datta Multani. The company effectively fuses old age Ayurvedic / Herbal wisdom with modern scientific practice to develop innovative and effective products. Their focus has been on creating value by delivering quality products at affordable prices. This blend enables them to manufacture products that are safe, efficacious, affordable and effective under stringent quality norms in our manufacturing plants at Delhi & Uttarakhand complying with WHO: GMP / CoPP, GMP norms, ISO 9001:2015 and AYUSH Premium Mark Certifications.

Dr. Multani has established a Govt. Approved Drug Testing Laboratory at Bhagwanpur, Haridwar (Uttarakhand) which is approved by Govt. of Uttarakhand. Multani Drug Testing Laboratory also has NABL Accreditation. This Laboratory has been designed in an area of 6500 sq.ft having well separated Microbiology, Wet Chemistry and Instruments Laboratory with well-designed Central Air-Conditioning / HVAC System to maintain required environment conditions.



Parvez Khan

Research Officer Incharge, Regional Research Institute of Unani Medicine
Aligarh, Under CCRUM, New Delhi

Dr. Parvez Khan, a highly accomplished professional in the field of Unani medicine, holds a Gold Medal in BUMS from Rajasthan University (1994). With over 27 years of experience, he currently serves as the Research Officer Incharge (Head of the Institute) at the Regional Research Institute of Unani Medicine, Aligarh. Dr. Khan's extensive career spans research, administration, and education, where he has made significant contributions as an Investigator and Co-investigator in more than 10 research projects. His scholarly work includes publication of over 15 research papers in both national and international scientific journals.

In addition to his research expertise, Dr. Khan has been actively involved in delivering lectures, attending seminars, and organizing workshops and conferences. His leadership extends to managing various activities as a Nodal Officer, showcasing his administrative capabilities. He has been recognized for his outstanding contributions, receiving prestigious awards such as the Hakim Mohd Kabiruddin Gold Medal (1994) and the Pentagon Excellence Award (2020) by the Dr. Zakir Hussain Foundation, Aligarh.

Dr. Khan specializes in the treatment of Vitiligo, Psoriasis, Diabetes, and Rheumatic Arthritis, among other health conditions, leveraging his deep knowledge of Unani medicine. He is a Founder Member of the International Health Care Society and has been an active member of the Indian Science Congress Association since 1995. Dr. Khan is also the author of the book *Allae-Qalb Barq Nigari* (E.C.G.), further cementing his standing as a respected figure in his field.



Raghu Arackal

Deputy Director General (Ayush), Directorate General of Health Services
Government of India

Dr. Raghu Arackal is the Deputy Director General (Ayush) at the Ayush Vertical, Directorate General of Health Services, Government of India. He holds an M.D. in Ayurveda from the University of Kerala and a BAMS degree from the University of Calicut, bringing over two decades of expertise in Ayurveda, Public Health and Ayush health policies. Throughout his career, he has held key positions in the Ministry of Ayush, including Joint Adviser and has also served as a post-graduate faculty at Gujarat Ayurveda University, Gujarat.

Dr. Raghu has represented India in several International Conferences, including serving as a Steering Group Member in the WHO International Regulatory Co-operation for Herbal Medicines (IRCH) meeting in Istanbul (2024) and the Indo-US Health Dialogue (2023). He has authored multiple publications and contributed to the development of essential Ayush guidelines such as Indian Public Health Standards for Ayush health care facilities and the Guidelines for National Ayush Mission.

His contributions in Ayurveda have earned him several awards, including two gold medals for best paper presentations. In his current role, he continues to drive the integration of Ayurveda into global health systems, strengthening its role in public health policy and international collaborations.



Rajendran Aanaimuthu

Proprietor
Life Care Phytoremedies/Life Care Phyto Labs

Prof. Dr. A. Rajendran, proprietor of Life Care Phytoremedies/Life Care Phyto Labs has an illustrious research career spanning over 30 years in herbal research. He did his Doctorate in science and humanities at Anna University, Chennai. He has an outstanding experience in Phytotechnology Innovation, Cultivation, Extraction, Processing and value addition of herbal medicines, Nutraceuticals, Cosmeceuticals and bio agro products. Dr. Aanaimuthu was the first scientist from India to commercialize Aloe Vera Gel manufacture using Cold Press Technology in January 2002. He has developed and manufactured more than 150 products based on Aloe Vera, including nutritional supplements, medicinal products, and cosmetics.

Dr. Aanaimuthu's contributions have led to the creation of direct and indirect work placements for over 250,000 people across India alone. His innovations have been recognized and implemented in other countries as well.

He has been a member of TTFC-Technology Trade Facilitation Centre, NRDC, New Delhi. Technical Advisor of Tamil Nadu Ayurvedic, Siddha and Unani Manufacturers Association, (TASUDMA), Science and Technology Entrepreneurship Development Scheme, STED (N.E.B), Thanjavur (Dept. of Science and Technology, Govt of India).



Raman Mohan Singh

Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H)
Ministry of Ayush, Ghaziabad

Dr. Raman Mohan Singh is presently the Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H), Ministry of Ayush, Ghaziabad. He served as Director, Central Drugs Testing Lab, Mumbai for 8 years. He also served as Director In-charge, National Tobacco Testing Lab, Mumbai for 8 years. He also held the position of Sr. Principal Scientific Officer, Principal Scientific Officer and Sr. Scientific Officer at Indian Pharmacopoeia Commission for 15 years. Dr. Singh's academic journey includes an M.Sc. (Organic Chemistry) and a Ph.D. (Bio-inorganic Chemistry) from Delhi University.

He has more than 36 years of experience in the field of Research, Quality Assurance and R & D related to analysis of Drugs and Pharmaceutical products including about 20 years for supervision of the same.



Rashidullah Khan

Assistant Director (Unani)

Hakim Ajmal Khan Institute for Literary and Historical Research in Unani Medicine
Central Council for Research in Unani Medicine, Ministry of Ayush, Govt. of India, New Delhi

Dr. Rashidullah Khan is presently Assistant Director (Unani), Hakim Ajmal Khan Institute for Literary and Historical Research in Unani Medicine (HAKILHRUM), New Delhi. He has served as President, Central Council of Indian Medicine (CCIM); Vice President-Unani, CCIM and Chairman, Bhartiya Chikitsa Parishad, Govt. of NCT, Delhi. He has been a member of number of committees and held a number of positions, including elected member, Delhi State Central Council of Indian Medicine; Secretary, All India Tibbi Congress; Executive Member, All India Tibbi Conference; Member, All India Indian Medicine Graduate Association.

He contributed to Unani medical education by holding responsibilities in various academic bodies like Member, Higher Education Committee, Ministry of HRD; Member, Clinical Establishment Bill, Ministry of Health and family Welfare, Govt. of India; Member, Governing Body, NIUM, Ministry of Ayush; Member, Education Committee & Member, Executive Committee, CCIM, Govt. of India.

During his professional career at Central Council for Research in Unani Medicine, he has served various additional responsibilities. His core competencies include research, patient care, administration, and training. He has published various articles in research journals and participated in training programmes, presented papers at several national, international conferences and delivered lectures in different academic forums. He has a distinguished career practicing Unani Medicine for more than 30 years.



Rhoda Deers

Unani representative and Chair of Professional Board of Ayurveda, Chinese and
Unani Medicine (PBACMU), AHPCSA, South Africa

Dr. Rhoda Deers is a registered Unani Tibb practitioner from South Africa with extensive experience in clinical practice, education, policy making, and research. She has held multiple leadership positions, including serving as an executive board member of the South African Tibb Association (SATA), Clinical Supervisor and Associate Lecturer for Unani Tibb at the School of Natural Medicine, University of Western Cape. She is also a coordinating member of SATA's Community Outreach clinics and currently serves as a Professional Board Member of the Allied Health Practitioners Council of South Africa (AHPCSA) for the Professional Board of Ayurveda, Chinese Medicine and Acupuncture, and Unani Tibb. Dr. Rhoda Deers' diverse expertise spanning clinical practice and academia to regulatory policy making, enables her to provide a unique analysis and approach to contextualizing Unani Tibb within the South African Healthcare systems.

Dr. Rhoda Deers is currently pursuing her PhD in Anthropology, with a research focus on spices through the multiple lenses of plant ethnography, medical anthropology and multisensory methodologies. Her work bridges the humanities and sciences, exploring the complex multi-species relationships between plants and humans. She has presented her research at various national and international conferences and has collaborated on multi-disciplinary research projects, including with the EUniWell European University for Well-Being and the Una Europa Heritage Graduate Workshop, which was associated with UNESCO's heritage roundtable on "Making and Remaking Heritage in a Global Context." Dr Rhoda Deers' research interest extends to her current role as an Associate Lecturer at the Anthropology department at the University of the Western Cape in South Africa, where she actively fosters an academic space for Global South scholars to engage in decolonial theorizing, from African and broader global perspectives.



Riyaadh Mohamed

Training and Research Medical Director
Ibn Sina Institute of Tibb, South Africa

Dr. Riyaadh Mohamed completed his MBChB at the University of the Witwatersrand, South Africa, in 2017. He is currently working as a Medical Practitioner, having gained extensive experience in both the private and public sectors over five years, focusing on emergency medicine and primary healthcare. In 2023, he joined the Ibn Sina Institute of Tibb, where he worked closely with his grandfather, Late Prof. Rashid Bhikha, before assuming a pivotal role at the Institute. Dr Mohamed developed a deep-rooted appreciation for integrative health from an early age. This unique upbringing, combined with his medical expertise fuels his dedication to advancing the development of Unani-Tibb in South Africa and globally, with a particular interest in integrative medicine, primary healthcare and holistic wellbeing.



Saba Naqvi

Assistant Professor, Department of Pharmacology & Toxicology/Regulatory Toxicology
National Institute of Pharmaceutical Education and Research (NIPER), Raebareli

Dr. Saba Naqvi is an Assistant Professor in Department of Pharmacology & Toxicology/Regulatory Toxicology. She obtained her master's degree in Toxicology from Jamia Hamdard, New Delhi and earned her Ph.D. in 2013. She later pursued her post doctorate from IIT, Roorkee, where she worked as a DST women Scientist.

Dr. Naqvi has filed two Patents, and has contributed 38 research articles, book chapters and reviews in reputed International journal. She has supervised 35 master's thesis and currently mentoring four Ph. D scholars. She is an active member of many national and international scientific societies like STOX, MRSI and the Indian academy of neurosciences and Indian Science Congress Association.

Her contributions have been recognized with prestigious honours, including the DST Women Scientist Award and the AMR DXC Summer School Winner Award. Her research primarily focuses on nano medicine and toxicology. Her lab employs a variety of research methodologies, including *in-vitro* and *in- vivo* animal models of neurodegenerative diseases using nanotheranostics approaches to screen novel compounds for treatment including animal imaging to study the molecular mechanisms of the disease.



Saif Ahmad

Associate Professor at Barrow Neurological Institute (BNI)
Department of Neurosurgery/Translational Neuroscience, SJHMC, Dignity Health, Phoenix, Arizona, USA.

Dr. Saif Ahmad is currently working as an Associate Professor at Barrow Neurological Institute (BNI), Department of Neurosurgery/Translational Neuroscience, St. Joseph's Hospital and Medical Center (SJHMC), Dignity Health, Phoenix, Arizona, USA. He joined BNI in January 2017 and established a brain stroke laboratory and an animal surgical suite for neurovascular research under the directorship of neurosurgeon Dr. Andrew Ducruet, MD. Additionally, He holds an Assistant Professor (Clinical) appointment in Neurology at Creighton University School of Medicine, Phoenix, AZ, and serves as a WOC Research Scientist at the Phoenix Veteran Affairs Medical Center.

Dr. Saif has received his Master's Degree in Chemistry from MJP Rohilkhand University, India, in 1998, followed by Ph.D. in Biotechnology from Hamdard University, New Delhi, India in 2004. During his Ph.D., he worked as a Senior Research Fellow (SRF) on projects funded by the Central Council for Research in Unani Medicine (CCRUM) and the Council of Scientific and Industrial Research (CSIR).

In USA, Dr. Ahmad has successfully completed three Barrow Neurological Foundation (BNF) grants as Principal Investigator (PI), along with two grants from the Arizona Alzheimer's Consortium—one as PI and the other as Co-Investigator (Co-I). He currently holds an active research grant from the U.S. Department of Defense (DoD). Recently, he was awarded a National Institutes of Health (NIH) R01 grant as PI (Multi-Principal Investigator with Dr. Andrew F. Ducruet), totaling \$3.6 million for a five-year period (October 2024 – September 2029).



Saketh Ram

Research Officer (Ayurveda)
CCRAS-National Institute of Indian Medical Heritage (NIIMH), Hyderabad

Dr. Saketh Ram is a Research Officer (Ayurveda) at the CCRAS-National Institute of Indian Medical Heritage (NIIMH), Hyderabad. He was honoured with the CCRAS Young Scientist Award in 2018. He has also served as Officer on Special Duty (OSD) for Ayush Grid at the Ministry of Ayush. Dr. Thrigulla's research contributions focuses on integrating Information Communication Technology (ICT) with traditional medicine systems including Ayurveda, Yoga & Naturopathy, Siddha, Unani and Homoeopathy (AYUSH). His notable contributions include work on Ayurveda Encyclopedia, development of Standardised Ayurveda Terminologies & National Ayurveda Morbidity Codes (NAMC) and National Unani Morbidity Codes (NUMC). He has also created e-books of important texts, such as the e-Samhitas and translating Sahasrayogam from Sanskrit/Hindi to English. He has developed Ayurveda-based clinical methods for the examination of kasa & shwasa roga, prameha roga, and grahani roga.

Dr. Ram has also contributed in the development of Module-2 (Ayurveda, Siddha, Unani) for the Traditional Medicine Chapter of the International Classification of Diseases, which was officially launched on January 10, 2024. He also served as a Topic Driver for the topic group on Artificial Intelligence in Traditional Domain (TG-TM) under the AI4 Health Focus Group by the International Telecommunication Union (ITU) and WHO. He played a crucial role in the recognition of CCRAS-NIIMH, Hyderabad, as a WHO Collaboration Centre.



Sandeep Chaudhary

Associate Professor and HoD, Department of Medicinal Chemistry
(NIPER), Raebareli

Dr. Sandeep Chaudhary is Dean and HoD in the Department of Medicinal Chemistry, National Institute of Pharmaceutical Education and Research (NIPER), Raebareli. In recognition of his contributions, he was awarded the title of *Honorary Professor* by Perm State University, Perm, Russia. Dr. Chaudhary is also an editorial board member for the journals *Arkivoc*, *Current organocatalysis* and *Indian Current Science (Medicinal Chemistry Section)* journals and is a Fellow of Indian Chemical Society, Kolkata.

With approximately 17 years of research experience and 12 years of teaching experience, Dr. Chaudhary has published 87 internationally recognized research papers, filed 04 Indian patents (05 patents in process) and authored around 14 book chapters. He has supervised eight Ph. D scholars and 41 Master's students. He is also the principal investigator in more than 16 national and international projects funded by organizations like DST, SERB, CSIR, ICMR and NPIU, New Delhi.

Dr. Chaudhary has been actively involved as a principal investigator in multiple international collaborative research programs, including Indo-Russian, Indo-Slovenia, Indo-South Africa, and Indo-Macao projects. His research focuses on developing greener methodologies and innovative synthetic strategies for the synthesis of new bioactive moieties, scaffolds and therapeutics.



Sayeed Ahmad

Director, Centre of Excellence in Unani Medicine (Pharmacognosy and Pharmacology),
In Charge: Bioactive Natural Product Laboratory, Professor: Department of Pharmacognosy &
Phytochemistry School of Pharmaceutical Education & Research, Jamia Hamdard, New Delhi

Prof. Sayeed Ahmad is Head, Department of Food Technology, Jamia Hamdard, New Delhi, besides being a faculty in the Department of Pharmacognosy and Phytochemistry, School of Pharmaceutical Education and Research. He pursued his Doctorate in Pharmacognosy and Phytochemistry and post doctorate from Albert Einstien College of Medicine, New York, USA. With two decades of experience in teaching and research in herbal drugs and natural products, he has been invited as visiting scientist in many countries.

Dr. Ahmad has received numerous prestigious national and international awards. He has Forty Sponsored Research Projects from different funding agencies, along with several industry-based consultancy projects from India and abroad, with a cumulative worth exceeding 25 crore. Additionally, he has facilitated the establishment of more than a dozen Memorandums of Understanding (MOUs) with reputed universities of USA and Russia, as well as various industries.

Dr. Ahmad has supervised above 47 M. Pharm and 40 Ph.D. scholars. He has been instrumental in transforming the department by establishing advanced research facilities, such as Centre of Excellence and Bioactive Natural Product Laboratory. He has also contributed to academic expansion by introducing a. Ph. D in Traditional Indian Medicine, along with two new PG courses and five new diploma level courses in food technology.

His research interests include Metabolomics, Chromatographic analysis including HPTLC, HPLC and GCMS etc. for targeted and untargeted metabolites in biological systems and for quality control of Indian medicinal plants and traditional medicine.



Saiyad Shah Alam

Director, National Institute of Unani Medicine, (NIUM)
Bengaluru

Prof. Saiyad Shah Alam stands as a distinguished leader in the field of Unani medicine, serving as the Director, National Institute of Unani Medicine (NIUM), Bengaluru. Renowned for his ground-breaking contributions, Prof. Alam exemplifies a rare combination of academic excellence, clinical expertise, and transformative leadership. His steadfast commitment to advancing Unani Medicine has established it as a crucial pillar in India's evolving healthcare system. Prof. Alam's journey in Unani medicine began with an enduring passion for education and service. He earned his MS (Jarahat) from the prestigious Aligarh Muslim University (AMU), where he underwent rigorous training that fostered his dedication to innovation, excellence, and holistic healing practices.

He began his professional career at Deoband Unani Medical College and later contributed significantly to H.S.Z.H. Unani Medical College, Bhopal. In 2012, he joined NIUM, Bengaluru as an Associate Professor and Head of the Department of Ilmul Jarahat. Prof. Alam is celebrated for his expertise in laparoscopic surgeries, seamlessly blending traditional Unani principles with modern surgical techniques to address contemporary medical challenges. Under his visionary leadership, NIUM has reached extraordinary milestones. As Deputy Medical Superintendent (DMS) of NIUM Hospital, Bengaluru, he played a key role in obtaining NABH accreditation for the hospital and NABL accreditation for its laboratories—a testament to his commitment to quality and excellence. During his tenure at NIUM Ghaziabad, Prof. Alam transformed the institute into a model of excellence. The outpatient department (OPD) now caters to over 1,500 patients daily, and the introduction of postgraduate programs marks a significant achievement in the institution's academic and clinical evolution.

Prof. Alam's contributions to research and academia are equally remarkable. He has authored numerous national and international research papers and books, continuously enriching the scientific foundation of Unani medicine. Recently, he was honoured with an invitation to the TCAM International Conference and the 3rd Edition of the Sheikh Zayed International Awards for TCAM, from 10–12th December 2024. These recognitions further highlight his role as a global advocate for Unani Medicine.



Shama Parveen

Professor, Centre for Interdisciplinary Research in Basic Sciences (CIRBSc)
Jamia Millia Islamia, New Delhi

Dr. Shama holds a doctorate in Microbiology, Virology from All India Institute of Medical Sciences (AIIMS). She is currently a Professor in Centre for Interdisciplinary Research in Basic Sciences (CIRBSc) at Jamia Millia Islamia, New Delhi.

With a strong academic and research background, she has authored 106 publications in International journals of repute and contributed to book chapters with reputed publishing houses. Her research impact is reflected in her citation count of 3827, along with an H-index of 26 and an i10 index of 46

She has successfully secured research funding from prestigious scientific organizations, including CSIR, UGC DST, DBT and CCRUM also. Additionally, she has mentored 9 Ph. D students as Supervisor and 5 as Co-supervisor. In recognition of her contributions, she was awarded the Overseas Fellowship of the Royal Society of Medicine, London U.K in 2018-19.



Sharifah Firyelhana Binti Syed Abdul Rahman

Head of Disciplinary and Ethics Unit, Traditional and Complementary Medicine (T&CM)
Division, Ministry of Health, Malaysia

Dr. Sharifah Firyelhana graduated with an M.B.B.S from International Medical University, in 2008 and started her career in the Ministry of Health (MoH) as a House Officer in Hospital Putrajaya. After completing her housemanship, she started serving in Klinik Kesihatan Seremban 2, Negeri Sembilan as a Medical Officer in 2011. Since 2015, she has been with the Traditional and Complementary Medicine (T&CM) Division of the MoH. She was the Head of Complaint and Investigation Unit from 2015 to 2019. She is currently serving as the Head of the Disciplinary and Ethics Unit at the T&CM Division. She is engaged in matters concerning the disciplinary proceedings of licensed T&CM practitioners. She is also involved in managing the matters related to Regulations under the Act 775. Dr. Sharifah Firyelhana also coordinate T&CM Council meetings and matters related to the T&CM Council.



Shariq H. Khan

Head, Department of Unani Medicine, Govt. Unani and Ayurvedic Medical College and Hospital
Mirpur, Dhaka, Bangladesh

Dr. Shariq Hasan Khan is a distinguished Unani academician and physician, with over 38 years of experience in the Unani and Complementary Medicine. Currently, he serves as the Head of the Department and Associate Professor of Unani Medicine at the Government Unani and Ayurvedic Medical College and Hospital, Dhaka, Bangladesh. His academic credentials include a BUMS, MPH, MD degree, and a Postgraduate Certificate in Medical Acupuncture. Dr. Shariq's passion for promoting Unani Medicine led him to study acupuncture, recognizing its significance in ancient Unani practices. He has been instrumental in enriching the therapeutic approach of Unani Medicine and promoting its development in Bangladesh.

A prolific writer and researcher, Dr. Shariq has published numerous articles and books on Unani Medicine. He has also contributed his expertise to both governmental and non-governmental organizations, offering literary works and skilled advice to promote Unani medicine.

Currently, Dr. Shariq is collaborating with national and international researchers on a project exploring the historical practice of acupuncture by Unani scholars. Additionally, Dr. Shariq is an active member of the Committee for Courses and Studies at the University of Dhaka, further demonstrating his dedication to promoting Unani medicine and education.



SM Raeesuddeen

Senior Lecturer, Institute of Indigenous Medicine
University of Colombo, Rajagiriya, Sri Lanka

Dr. SM Raeesuddeen received his Bachelor of Unani Medicine and Surgery (BUMS) degree from the Institute of Indigenous Medicine, University of Colombo, Sri Lanka in 2000. He began his medical career as a Medical Officer at the National Teaching Hospital of Ayurveda in 2005. In 2006, he transitioned into academia, serving as a university lecturer at his alma mater until 2022. From 2022 to 2024, he was appointed as a Senior Visiting Fellow at Hamdard University, Bangladesh.

He completed his Doctor of Medicine (MD) in Moalejat at the National Institute of Unani Medicine (NIUM), Bengaluru in 2010. He has authored and co-authored 13 articles in National and International journals.

He has held several key academic and administrative roles, including serving as the Secretary of the Curriculum Development Committee of the Department of Study in Unani, and as Head of the Moalajat Unit.

With 23 years of clinical experience in Unani medicine, Dr. Raeesuddeen is also proficient in classical Arabic. Currently, he is a Visiting Lecturer at the Postgraduate Institute of Indigenous Medicine, University of Colombo, Sri Lanka.



Suhel Parvez

Professor, Department of Toxicology & Dean
School of Interdisciplinary Sciences and Technology, Jamia Hamdard, New Delhi

Dr. Parvez is a Professor in the Department of Toxicology and Dean, School of Interdisciplinary Sciences and Technology, Jamia Hamdard, New Delhi. A recipient of the prestigious Alexander von Humboldt fellowship and a Fellow of the Royal Society of Biology, UK, he has dedicated over two decades to research in basic life sciences with application in translational medicine.

With more than 200 research papers published in peer-reviewed PubMed/Scopus indexed journals, Dr. Parvez has made significant contributions to his field. He has led or collaborated on 15 research projects funded by both national and international agencies. Additionally, he has mentored over 40 Ph.D. research scholars.

His research primarily focuses on investigating the therapeutic potential of nutraceuticals for the prevention and treatment of neurodegenerative and neurological disorders. He is also actively engaged in drug repurposing for better understanding of inter-relations of several mechanisms in brain.



Tanveer Naved

Deputy Dean, Faculty of Health and Allied Sciences
Amity University's Noida Campus

Dr. Tanveer Naved is a distinguished academician with over two decades of experience in teaching, research and administration. He currently holds the position of the Deputy Dean at the faculty of Health and Allied Sciences, Amity University, Noida. Known for his strategic planning and execution skills, he has played a key role in organizing major events, including the 65th IPC (2013), the 70th IPC (2018), and a recent international conference at Amity University.

A recipient of a University Gold Medal, Dr. Naved has a strong research background with 75 publications in reputed journals, an H-index of 20 and extensive mentorship experience, having guided 12 Ph. D scholars and 30 Master's students.

Beyond academia, he actively participates in professional organizations such as IPA, IPGA, SPER, and APTI. He is also a member of expert committees for the World Health Organization (WHO) and the National Medicinal Plant Board under the Ministry of Ayush, Government of India.



Tasnim Vahed

Unani representative and Chair of Professional Board of Ayurveda
Chinese and Unani Medicine (PBACMU) on the AHPCSA, South Africa

Dr. Tasnim Vahed is a dedicated Unani Tibb practitioner with extensive experience in complementary health sciences. She holds a Bachelor of Science in Complementary Health Sciences and a Bachelor of Unani-Tibb Medicine, both obtained from the University of the Western Cape. She also completed a Postgraduate Certificate in Education from the University of Cape Town. Dr. Vahed continues to advance her expertise through private courses and mentorship under renowned professionals in Unani Medicine.

Currently, Dr. Vahed runs a private practice at the Unani Tibb & Cupping Centre in Cape Town, focusing on pain management and hormone imbalance therapy for women. She is an active member of the Allied Health Professions Council of South Africa (AHPCSA) and serves as Chair on its Professional Board for Ayurveda, Chinese Medicine and Unani Tibb. Her work extends to teaching, having served as an external examiner, moderator, and part-time lecturer at the University of the Western Cape.

In addition to her clinical and academic roles, Dr. Vahed is a trustee of the Alliance of International Doctors (AID) South Africa, contributing to disaster relief and long-term health initiatives globally. Driven by her passion for holistic health, she is committed to advancing Unani Tibb and complementary medicine in South Africa.



W. Selvamurthy

President, Amity University, Former Chief Controller R&D at DRDO
Chairman of Advisory Board at Appaa Yoga Academy

Dr. W. Selvamurthy is presently working with Amity University as President of Amity Science, Technology and Innovation Foundation, Director General for Amity Directorate of Science and Innovation, and Chancellor of Amity University, Chhattisgarh. Dr. Selvamurthy did his Master's (M.Sc.) in Human Physiology from Christian Medical College, Vellore (1972) and Doctorate (Ph.D.) (Faculty of Medical Science) from Delhi University (1982) and Doctor of Science (D.Sc.) from Bengaluru (2006). He was also awarded D.Sc. (h.c) from five universities in recognition of his outstanding research and development contributions in Life Sciences.

Dr. Selvamurthy served the Defence Research and Development Organization (DRDO), Ministry of Defence, Government of India for close to 40 years in various leadership positions. He superannuated from DRDO in 2013 as Distinguished Scientist and Chief Controller, Research & Development (Life Sciences & International Cooperation) and joined Amity University thereafter in his present role.

In biomedical sciences, Dr. Selvamurthy have led to the development of various technologies which have eventually culminated in enhancing the fighting efficiency of the armed forces in extreme conditions like High Altitude, Under Water, Desert, and Aerospace, Low-Intensity Conflict, and also Nuclear, Biological, and Chemical environment. Dr. Selvamurthy has also chaired the National Advisory Committee (NAC) for the formulation of policy on Scientific Social Responsibility (SSR), Department of Science & Technology, Ministry of Science and Technology, Government of India.



Younis Iftikhar Munshi

Director Incharge National Research Institute of Unani Medicine for
Skin Disorders (NRIUMSD), Hyderabad

Dr. Younis Iftikhar Munshi is serving as Director Incharge, National Research Institute of Unani Medicine for Skin Disorders (NRIUMSD), Hyderabad under CCRUM, Ministry of Ayush, Government of India. Before joining NRIUMSD, Hyderabad as Director Incharge since September 2023, he was Deputy Director (U) at RRIUM, Kolkata since 2018.

Dr. Munshi, completed his BUMS degree from S.V. University, Tirupathi and MD in Tahaffuzi wa Samaji Tibb (PSM-Unani Medicine) from Jamia Hamdard, Delhi.

He is NTET qualified from NCISM and also has completed different courses including Health Research Fundamentals from ICMR; PC Familiarization from University of Kashmir; Sample Size Estimation from IIPH, New Delhi.

Dr. Munshi is actively engaged in clinical research and rendered his services to the CCRUM, Ministry of Ayush, Govt. of India for over 3 decades.

He was granted International Travel Grant by Ministry of Health, Govt. Of India to present his paper in San Diego University, California, USA. He has been conferred with various awards, including Ayush Gaurav Award by IERS, Kolkata in 2022; Nishan-e-Zohravi, UMA, Telangana in 2017; Best Researcher Award by V Good Engineering and Technology, Chennai in 2021 and Best Researcher Award by AIUTC, New Delhi in 2024.

He is presently Member, Board of Studies, KNR University of Health Sciences, Telangana; Board of Studies, F/o Unani Medicine, AMU; Advisory Board, Center for Ayush Studies, Islamic University of Science and Technology, JK; American Chemical Society; Society for Pharmacovigilance of India and many more organizations working for upliftment of Unani System of Medicine.

He has presented papers and delivered invited lectures in around 60 national & international conferences and seminars within the country and abroad. He has over 35 scientific publications to his credit in peer reviewed National and International journals.



Yuldasheva Umedakhon Pulatovna

Associate Professor, Department of Pharmacology of
Avicenna Tajik State Medical University, Tajikistan

Yuldasheva Umedakhon Pulatovna is a distinguished academician and researcher, holding the position of Associate Professor at the Department of Pharmacology, Avicenna Tajik State Medical University. She also serves as the Dean of the Faculty of Pharmacy. A prolific author, Umedakhon has published 108 scientific papers, secured 3 patents, and developed 21 educational and methodological works, including 2 comprehensive manuals on pharmacology for medical students across various disciplines. Her expertise has been instrumental in shaping the educational program on Pharmacy.

Umedakhon's research focuses on the study of medicinal plants native to the local flora, with a view to creating effective herbal remedies. As a specialist in pharmacology and pharmacy, she has presented her research at numerous international scientific conferences in India, Russia, China, Uzbekistan, Kazakhstan, and Kyrgyzstan.

Her outstanding contributions to the field have been recognized with prestigious awards from the Ministry of Health and Social Protection, the Ministry of Education and Science, and the Ministry of Defense of the Republic of Tajikistan.



Yumna Mayet

Council Member Representing Unani Medicine on the Allied Health Professions
Council of South Africa (AHPCSA)

Dr. Yumna Mayet serves as Council Representative for Unani Medicine on the statutory body which regulates certain traditional and complementary health professions in South Africa. She is also a member of the Education Committee, Finance Committee, and Chairperson of the Communications Committee of the Council. Additionally, she has served as both assessor and moderator for the Unani Tibb Professional Board Examinations administered by the Council.

Previously, she was a lecturer and external moderator for Unani Tibb at the University of the Western Cape, where she was also involved in curriculum development, besides lecturing in public health at colleges, and doing national assessment and moderation for healthcare courses for the Department of Higher Education and Training in South Africa for 10 years. Dr. Mayet operates a private practice in Cape Town, South Africa, where she is a registered practitioner of Unani Tibb and registered counsellor. She remains committed to ongoing professional growth and is dedicated to promoting awareness and understanding of Unani Medicine's principles and practices.



Ziaul Haq Siddiqui

Deputy Director, Regional Research Institute of
Unani Medicine (RRIUM), New Delhi

Dr. Ziaul Haq Siddiqui is serving as Deputy Director, Regional Research Institute of Unani Medicine (RRIUM), New Delhi (NABL Accredited) with four Unani Speciality Clinics at tertiary hospitals in Delhi (Ram Manohar Lohiya, Safdarjung, Deen Dayal Upadhyai & AIIMS Ayurveda). With over 28 years of distinguished research experience, he is a graduate of Ayurvedic and Unani Tibbia College, Karol Bagh, Delhi University, and has been actively involved in 18 clinical studies.

Dr. Siddiqui has had an accomplished tenure at CRIUM, Lucknow, where he held several key positions, including Rajbhasha Prabhari, Chairman of the Grievance Cell, and In-charge of Outpatient / Inpatient Department and Mobile & School Health Program. His primary research interest lies in musculoskeletal disorders. He has played a significant role in establishing CRIUM, Lucknow, as a recognized centre for musculoskeletal research and treatment. He has numerous publications in national and international journals and has participated in various national and international health melas, arogyas, and fairs, delivering awareness lectures across India.

Additionally, he served as the nodal officer for a pilot study under the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases, and Stroke (NPCDCS), initiated by the Ministry of Health & Family Welfare, Government of India. The study, aimed at preventing and managing major non-communicable diseases (Diabetes, Hypertension and Hyperlipidemia), was conducted across 17 lifestyle clinics in Lakhimpur Kheri district, Uttar Pradesh, covering 162,839 patients.



Rakhimkulov Farkhod Abduraufovich

Head of the Secretariat of the Minister of Health of the Republic of Uzbekistan

Worked at the Ministry of Health of Uzbekistan in the departments of control inspection, licensing of private medical clinics, and strategic forecasting.

Participated in the development of laws, acts and regulations in the field of traditional medicine, regulation and creation of a center for traditional medicine in Uzbekistan.



Mirrakhimov Jamshid Abdullayevich

Director Republican scientific-practical center of traditional medicine under
The Ministry of Health of the Republic of Uzbekistan

Worked at the Ministry of Health of Uzbekistan in the department of organization of medical treatment, as well as in the department of integration of traditional medicine in modern medicine.

Under his leadership, cooperation began in the field of traditional medicine with countries such as South Korea, India, China and the Centers of Korean and Chinese traditional medicine in Uzbekistan were established. Currently, the construction of an interstate Korean-Uzbek GMP plant for the production of traditional medicine is underway.



Temirov Bakhodirkhuja Bakhromjon Ugli

Head of analytical department of the Ministry of Health of
the Republic of Uzbekistan

Worked at the Ministry of Agriculture as head of the medicinal plants department, at the Pharmaceutical Agency as deputy head for the processing of medicinal plants.

He took part in the creation of a system for growing and processing medicinal plants and products used in traditional medicine of Uzbekistan, as well as the adoption of regulatory legal acts.

Unani Day 2025 & International Conference on Unani Medicine



"Innovations in Unani Medicine for Integrative Health Solutions - A way forward"

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Unani Day 2025 & International Conference on Unani Medicine



"Innovations in Unani Medicine for Integrative Health Solutions - A way forward"

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Central Council for Research in Unani Medicine

Ministry of AYUSH, Govt. of India
61-65, Institutional Area, Janakpuri
New Delhi-110058

